



## STUDENT HEALTH CENTER STUDENT SERVICES ANNUAL PROGRAM REVIEW 2014-2015 AND PLAN 2015-2016

### Committee Members:

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### 1. Program Mission/Description:

#### **Program Mission and Relationship to the District Mission:**

The mission of the Student Health Center is to provide high quality ambulatory care, mental health counseling, comprehensive disease prevention and healthcare education to Citrus College students.

The Student Health Center supports the educational process and the District mission by providing access to quality health services and promoting positive health outcomes for students.

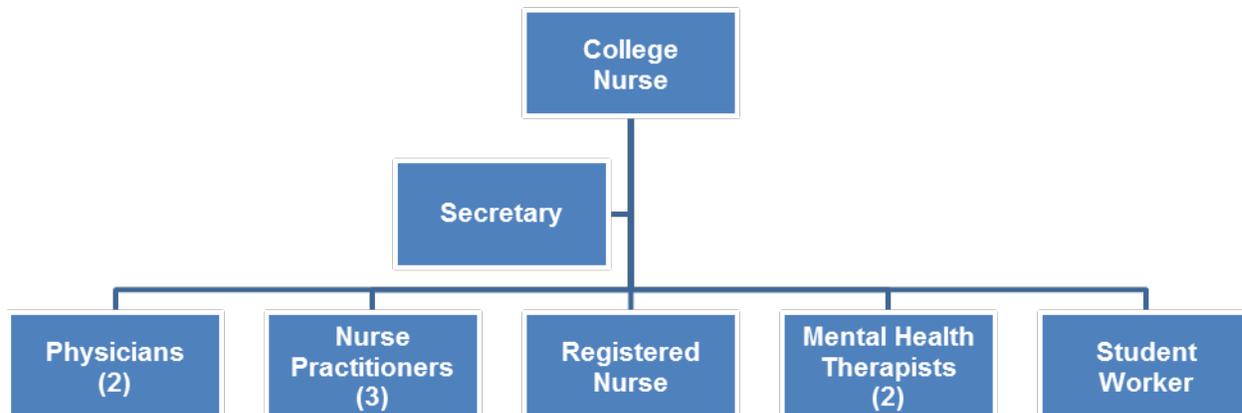
#### **Program Description:**

The Student Health Center is funded by student health fees. The Student Health Center provides ambulatory care services including pap smears, laboratory services, immunization clinics, sexually transmitted infection testing, physical examinations, and mental health counseling, as well as prescription and over the counter medications. Students are referred to off campus health care providers for treatments that are not provided by the Student Health Center. When classes are in session, the Student Health Center serves students on a walk in and appointment basis five days a week and one evening per week.

### 2. Key Functions/Goals:

- Provide high-quality ambulatory care, mental health counseling, comprehensive disease prevention, and health care education to students
- Increase student retention and success by providing health services that enhance student wellness
- Promote the development of positive wellness skills needed by students once they leave Citrus College to make optimum health care decisions as to how to use the health care systems resources
- Promote positive health outcomes for students
- The goal of the program is for students to be able to identify the Student Health Center as a place to receive health screening and preventative education

## Organization Chart



### 3. Assessment of Outcomes:

Assessment: *How did you assess the outcomes? What method did you use?*

Result: *What was the product or consequence of your assessment?*

Change: *What will you do differently as a result of what you learned from the assessment?*

Prompt: You may also include an analysis of workload/scope of work, and/or additional data (ARCC/Scoreboard and CCSSE surveys) to address this topic. Use existing data and/or document with a survey.

Populate with the existing Unit Outcomes				
	Outcome	Assessment	Result	Change
1	Student will increase self-awareness of both mental and physical health by: a. Self-improvement workshops b. Blood glucose and cholesterol screening c. Sexually Transmitted Infection (STI) testing <span style="color: orange;">CCSP 2.2.1</span>	a. A one hour presentation on self-awareness related topics will be provided to 100 students and a post presentation survey will be given. b. Provide glucose and cholesterol testing and education regarding the results. c. Provide STI testing and education regarding the results.  See Appendix A.	Out of 100 students surveyed: a. Q4. Seventy-five students responded that they learned awareness about the services offered in the Student Health Center. Q5. Eighty students responded that they learned something new about physical health and wellbeing. b. Fifty students received free cholesterol and glucose testing and follow up nutritional counseling by a California Poly Pomona University Dietetic Intern. c. Fifty students were tested for gonorrhea and chlamydia. Fifteen of these students tested positive and received treatment for either or both disease.	a. No changes will be implemented. b. The Health Center will continue to measure this Student Learning Outcome (SLO) and further implement a cholesterol challenge with retesting in two to three months for those with elevated numbers. c. No changes will be implemented.

#### 4. Previous Recommendations/Goals:

Prompt: Provide an outline of the previous recommendations. Insert title of person(s) responsible. Status should be Completed or In Progress. If goal is in progress, explain why under status. Indicate completion date by Month/Year.

	<b>Previous Recommendation/Goals 2014-2015</b>	<b>Person(s) Responsible</b>	<b>Status/ Progress</b>	<b>Completed</b>
1	Provide self-improvement workshops such as, Living a Balanced Life, Happiness, Habits and Getting Through Holiday Stress. CCSP 2.2.1	Professional Expert – Therapist	Completed	June 2015
2	Implement the Kognito program. Kognito is an online mental health training and awareness program that brings sensitivity and awareness education about the concerns and needs of those with mental health disease, student veteran and Lesbian, Gay, Bi-Sexual, Transgender and Queer (LGBTQ) students. CCSP 2.2.1	College Nurse, Director of Veterans Success Center and Supervisor of Student Life and Leadership Development	Completed	June 2015
3	Provide blood glucose and cholesterol screening with the implementation of a cholesterol challenge. CCSP 2.2.1	College Nurse	Completed	October 2014 February 2015
4	Smoking cessation education. CCSP 2.3.8	College Nurse and Professional Expert – MD	Completed	June 2015

#### 5. New Recommendations/Goals:

Prompt: List new recommendations/goals in order of priority. Indicate estimated completion date by month/year. If applicable, reference the Citrus College Strategic Plan (CCSP) objectives that require funding and the Educational Facilities Master Plan (EFMP) goals, using the following format. Example: **CCSP 2.3.2 / EFMP pg. 361**

	<b>New Recommendation/Goals 2015-2016</b>	<b>Person(s) Responsible</b>	<b>Estimated Completion</b>	<b>Budget Priority</b>
1 <sup>st</sup>	Provide sensitivity awareness training to faculty and staff. <ul style="list-style-type: none"> <li>How to Assist Students 101: Being Sensitive and Aware of Your Approach</li> </ul> CCSP 2.2.1	College Nurse and Student Health Center Therapist	Summer 2015 Fall 2015	N/A
2 <sup>nd</sup>	Provide training for staff and faculty regarding general behaviors of students with "Autism Spectrum Disorder". CCSP 2.2.1	College Nurse and Student Health Center Therapist	Fall 2015 Spring 2016	N/A
3 <sup>rd</sup>	Provide a "Grief Counseling Group" for students. CCSP 2.3.8	Student Health Center Therapist	Fall 2015 Spring 2016	N/A

<b>Program Projections contained in the Educational &amp; Facilities Master Plan 2011-2020</b>	<b>Progress toward completion: (please check one)</b>		
	<b>Completed</b>	<b>In Progress</b>	<b>Not yet begun</b>
<b>Student Health Center</b>			
EFMP – 1 Increase partnerships with California Poly Pomona and the East Valley Health Center to increase services for students, such as x-ray and pharmacy.	X		
EFMP – 2 Collaborate with the Registered Nursing and Licensed Vocational Nursing programs to provide nursing students with experience in some services, such as flu shot clinics and patient screenings.	X		
EFMP – 3 Expand mental health services.	X		

EFMP – 4 Partner with Veterans Services to assess and meet demands of this growing population.	X		
EFMP – 5 Modify services, as needed, based on an analysis of success of partnerships with local providers and the Planned Parenthood Association, and results from Student Satisfaction Survey, patient history forms, demographic data and reason for visit collected during each visit.	X		

## 6. Resources Requested:

Prompt: All requests should be linked to new recommendations (above). Include the reference number in the “Discuss impact on goals / SLOs” field below. Use the Link to Planning Key found on the General Budget Guidelines page to complete the Link to Planning column.

## Student Health Center

### Certificated Personnel (FNIC)

Position	Discuss impact on goals/SLOs	Cost	Priority 1,2 or 3	Link to Planning
Professional Expert – Registered Nurse	<p>Goal: Expand Professional Expert Registered Nurse hours (not to exceed 35 hours per week at \$38 per hour X 49 weeks = \$65,170).</p> <p>Impact: Expanding Registered Nursing hours will allow for an increase in the number of students being served and allow for a more efficient utilization of Student Health Center advanced practice provider time.</p> <p>New recommendation # N/A</p>	<p>Salary \$65,170 Benefits \$-0- Health \$-0-</p> <hr/> <p>Total: \$65,170</p>	2	CCSP 2.2.1
Reclassification of Secretary position, upgrade to Administrative Secretary II	<p>Goal: Reclassify the existing Secretary position to an Administrative Secretary II position.</p> <p>Impact: Currently the Student Health Center Secretary entails duties that are imperative and aid in efficient and essential Student Health Center operations. With an increase in the number of students seen and lack of federal funding from our referring agencies, the implementation of various programs, the duties of managing agreements, and contracts with external agencies and processing documents required by these agencies has increased significantly and are necessary to maintain contracts. The secretary currently assists in compiling reports, handles and stores confidential information pertaining to the District or assigned divisions and maintains confidentiality of private and time sensitive information which exceeds the level of the current secretary classification. This reclassification will place the secretary at the level at which she has been performing.</p> <p>New recommendation # N/A</p>	<p>Salary \$55,356 Benefits \$11,831 Health \$21,909</p> <hr/> <p>Total: \$89,096</p> <p>The impact on to the Student Health Center budget is approximately \$3,500 annually to reclassify the Secretary position to an Administrative Secretary II.</p>	2	CCSP 2.2.1

**Classified Personnel**

Position	Discuss impact on goals/SLOs	Cost	Priority 1,2 or 3	Link to Planning
N/A				

**Staff Development (Division)**

Item	Discuss impact on goals/SLOs	Cost	Priority 1,2 or 3	Link to Planning
Annual Health Care Conferences	<p>Goal: To stay current on health care delivery by attending various seminars and conferences such as American College Health Foundation and Pre-Med.</p> <p>Impact: To ensure that students using the Student Health Center receive optimal health care.</p> <p>New recommendation # 1 - 4</p>	\$4,000	2	CCSP 2.2.1

**Facilities (Facilities)**

Describe repairs or modifications needed and location	Discuss impact on goals/SLOs	Cost *Provide Estimate	Priority 1,2 or 3	Link to Planning
N/A				

**Computers / Software (TeCS)**

Item	Discuss impact on goals/SLOs	Cost	Priority 1,2 or 3	Link to Planning
N/A				

**Equipment**

Item	Discuss impact on goals/SLOs	Cost	Priority 1,2 or 3	Link to Planning
N/A				

**Supplies (Division)**

Item	Discuss impact on goals/SLOs	Cost	Priority 1,2 or 3	Link to Planning
N/A				

## Appendix A

### Citrus College Student Health Center Assessment Survey

Please take a few minutes to complete this survey. Your responses are confidential and will help us to improve our outreach measures. Thank you for your time!

1. Gender
  - Male
  - Female
  - Transgender
  - Other
  
2. Ethnicity
  - Asian
  - Black/African American
  - Latino
  - Middle Eastern
  - Native American
  - Pacific Islander
  - White Caucasian
  - Other
  
3. Age \_\_\_\_\_
  
4. Did you have an increase in awareness about the services offered by the health center following today's presentation?
  - Yes
  - No
  
5. Did you learn something new about physical health and wellbeing following today's presentation?
  - Yes
  - No
  
6. Have you ever missed a day of school due to illness?
  - Yes
  - No