



CONNECT

- Talk to professors in subjects that interest you
- Job shadow and conduct informational interviews with professionals in the fields you are considering

EXPLORE



- Take an introductory class in a subject that interests you
- Sign up for a career course and learn about your interests, strengths, skills, and personality to help narrow down your options



REFLECT

- Learn about your interests, skills, values, strengths, and how these fit together with a major or career
- Use Focus 2 - an online career assessment to learn more about yourself!

Strategies for choosing a major

EXPERIENCE

- Join a student club on campus
- Volunteer with an organization
- Apply for an internship or job related to your career of interest



RESEARCH

- Learn about job duties, employment outlook, and more!
- Read publications/blogs, and subscribe to social media feeds related to your career of interest
- The more you know, the more informed your decision will be



CONSULT

- Visit the Career/Transfer Center (CTC) to schedule an appointment with a career counselor
- The CTC has additional resources to help you explore majors and career



What to avoid when choosing a major...

Major Myths

Myth #1: Choosing a major and career are the same thing.

While some majors are focused on a particular occupation, such as nursing, others prepare you for a number of career options. Think beyond majors and consider the skills needed for the career(s) you're interested in.

Myth #2: Your major/career choices are lifelong decisions.

According to the U.S. Department of Labor, the average person changes careers two or three times during their lifetime. In today's rapidly changing world, new occupations are always emerging.

Myth #3: Liberal arts majors are not marketable.

Some majors do not relate directly to one career, but the skills acquired are transferable and wanted by employers; for example, written and verbal communication, problem solving, and critical thinking.

Myth #4: Your career decision should be based solely on the job market.

The job market changes quickly and is difficult to predict. While it is important to look at the potential for employment, it's equally important to consider majors/careers that interest you.

Myth #5: Choose a major solely because of the money you could make with it.

While income is an important factor to consider as you research potential careers, it's only one part of the puzzle. Pursue a major that truly interests you and find ways to apply your passion to a career. Work and life satisfaction rely on more than your income.

Myth #6: It's good to choose a major just to get the decision out of the way.

While choosing a major early on will help clarify the courses you need to meet your goal, you should not select a major without reflection and research. Remember, our Citrus College Career Counselors are here to help! Make an appointment today.



***Need help researching or selecting a major? Make an appointment to meet with a Career Counselor!
Stop by the Career/Transfer Center (Student Services building, second floor) or call us at (626) 914-8639.***