

Licensed to Cerritos College HY-TEK's Meet Manager 4/26/2009 11:24 AM
 So Cal Championships 2009 - 5/2/2009 to 5/9/2009
 Mt. SAC
 Performance List

Event 1 Women Javelin Throw Prelims

	Name	Year School	Seed Mark	Prelims
1	Rauschl, Katie	Saddleback	92-03.75	
2	Hickey, Taylor	Golden West	91-11	
3	Carillo, Marissa	Ventura	90-07	
4	Carter, Isabelle	Glendale	89-06	
5	Richardson, Ashley	Bakersfield	83-06	
5	Webber, Ashley	Bakersfield	83-06	
7	Conley, Amber	Fullerton	81-11.25	
8	Flores, Jessica	Santa Ana	81-08.25	
9	Gerardo, Brandi	East LA	81-00	
10	Karkut, Kathryn	Orange Coast	80-08.75	
11	Howard, Leilani	Ventura	80-03	

Event 2 Men Javelin Throw Prelims

	Name	Year School	Seed Mark	Prelims
1	Fiallos, Aaron	Canyons	152-07	
2	Shaheen, AB	Saddleback	150-08.25	
3	Alatorre, Robert	Santiago Canyon	147-08.25	
4	Evans, Brent	Fullerton	147-04.75	
5	Franco, Miguel	Canyons	147-03	
6	Pio, Zachary	Santiago Canyon	146-00	
7	Holstein, Jeff	Riverside	140-06	
8	Gehrke, Karl	Moorpark	138-11	
9	Bolden, Stephon	Southwestern	129-00	
10	Anderson, Caelob	SD Mesa	120-11	

Event 3 Men Hammer Throw Prelims

	Name	Year School	Seed Mark	Prelims
1	Davy, Miles	Santa Ana	136-11.25	
2	Conner, Kevin	Cuesta	136-05	
3	D'Oyen, Evan	Citrus	135-03	
4	Carrillo, Roger	Fullerton	134-00.50	
5	Begue, Cameron	Moorpark	132-10	
6	Gesser, Thomas	Moorpark	130-09	
7	Ortiz, Philip	Mt. San Antonio	130-05	
8	Hodge, Curtis	Moorpark	129-00	
9	Hendryx, Carson	Cuyamaca	119-04	
10	Rancharan, Saul	El Camino	103-11	
11	Romero, Nestor	El Camino	101-10	
12	Nash, Charles	Southwestern	99-03	
13	Roberson, Eric	Cerritos	76-11	

Event 4 Women Discus Throw Prelims

	Name	Year School	Seed Mark	Prelims
1	Brown, Vanessa	Golden West	105-06	
2	Carter, Isabelle	Glendale	103-03	

3	Hardin, Nadia	Fullerton	103-00.50
4	Aliimatafitafi, Stephanie	Cerritos	101-02
5	Stovall, Aunjanae	Cerritos	101-00
6	Uni, Esther	El Camino	95-06
7	Mackey, Shawnece	Bakersfield	93-09
7	Lugo, Arianna	Cerritos	93-09
9	Fesuiiai, Ta'ase	Palomar	87-05
10	Daniel, DeAnna	Santa Monica	83-08
11	Gonzalez, Veronica	Fullerton	82-02

Event 5 Men Long Jump Prelims

	Name	Year School	Seed Mark	Prelims
1	Gonzalez, Daniel	Orange Coast	21-07.50	
2	Yancy, Andre	Mt. San Antonio	21-04.00	
3	Jackson, Emanuel	Mt. San Antonio	21-03.00	
4	Cathey, Jaquan	Saddleback	21-00.00	
5	Burnett, Tony	LA Southwest	20-11.00	
6	Thompson, Alex	Southwestern	20-09.50	
7	Harden, David	Moorpark	20-06.50	
7	Fowler, William	West Los Angeles	20-06.50	
9	Robinson, Sean	Riverside	20-04.25	
10	Estrada, Emilio	Mt. San Antonio	20-03.75	
11	Taylor, Camden	Santa Monica	20-03.00	
12	Salinas, Julian	Cuesta	20-02.50	
13	Jones, Ryan	Bakersfield	20-02.00	
14	Thomas, David	Cerritos	20-01.50	

Event 6 Women Long Jump Prelims

	Name	Year School	Seed Mark	Prelims
1	Bostic, Kiaira	El Camino	16-01.00	
2	Williams, Subia	West Los Angeles	15-07.50	
3	Stovall, Klarissa	Golden West	15-06.25	
4	Hasenberg, Sianna	Riverside	15-04.75	
5	Mahi, Melissa	Orange Coast	15-01.50	
6	Carillo, Marissa	Ventura	14-10.50	
7	Rivas, Lidia	Orange Coast	14-00.25	
8	Morton, Danielle	Orange Coast	13-11.25	

Event 8 Women High Jump Prelims

	Name	Year School	Seed Mark	Prelims
1	Richardson, Ashley	Bakersfield	4-05.00	
2	Smith, Angelica	Santa Barbara	4-04.00	

Event 9 Women Hammer Throw Prelims

	Name	Year School	Seed Mark	Prelims
1	Hicks, Randi	Ventura	99-01	
2	Benjamin, Farren	Orange Coast	99-00.50	
3	Damacio, Yadira	Santa Ana	97-07.25	
4	Gonzalez, Veronica	Fullerton	96-01.50	
5	Brown, Vanessa	Golden West	94-01.50	

Event 10 Men Discus Throw Prelims

	Name	Year	School	Seed Mark	Prelims
1	Carrillo, Roger		Fullerton	133-02.25	
2	Sauter, Todd		Cuesta	129-02	
3	Gutierrez, Robert		Santa Ana	127-09	
4	Flores, Juan		Canyons	126-09	
5	Babino, Eric		Riverside	123-03.75	
6	Acerro, Gabriel		Mt. San Antonio	122-09	
7	Romero, Nestor		El Camino	122-06	
8	Cline, Mike		Canyons	121-10	
9	Jamil, Eissa		Cuyamaca	121-03	
10	Begue, Cameron		Moorpark	119-05	
11	Gluck, John		Mt. San Antonio	118-09	
12	Corl-Baietti, Blake		Cuesta	118-04	
13	Sosa, Noe		Cerritos	109-10	
14	Horist, Mark		Mt. San Antonio	107-01	

Event 11 Men High Jump Prelims

	Name	Year	School	Seed Mark	Prelims
1	Horist, Mark		Mt. San Antonio	5-10.00	
1	Womack, Alante		Southwestern	5-10.00	
3	Bolden, Stephon		Southwestern	5-08.00	
3	Thomas, David		Cerritos	5-08.00	
3	Miller, DeShea		San Bernardino	5-08.00	

Event 12 Men Pole Vault Prelims

	Name	Year	School	Seed Mark	Prelims
1	Chan, Christopher		LA Valley	12-07.00	
1	Costanzo, Christopher		Santa Barbara	12-07.00	
1	Hollis, Michael		Cuesta	12-07.00	
1	Avelar, Hector		LA Valley	12-07.00	
5	Le-Nguyen, Tony		Riverside	12-00.00	

Event 13 Women Shot Put Prelims

	Name	Year	School	Seed Mark	Prelims
1	Daniel, DeAnna		Santa Monica	34-02.50	
2	Heard, Lauren		Moorpark	33-02.50	
3	Brown, Vanessa		Golden West	32-03.00	
4	Schott, Caitlin		Orange Coast	32-01.00	
5	Vaughn, Dana		Canyons	31-09.50	
6	Uni, Esther		El Camino	31-00.00	
7	Togafau, Angel		Golden West	30-08.50	
8	Kaihewalu-Evans, Malia		Fullerton	30-04.25	
9	Fasano, Shenendoah		Mt. San Antonio	29-09.75	
10	Russell, Holly		Ventura	29-08.00	

Event 14 Men Triple Jump Prelims

	Name	Year	School	Seed Mark	Prelims
1	Johnson, Daro		Citrus	42-08.25	
2	Glean-Sealy, Aaron		Mt. San Antonio	42-05.00	
3	Sarmiento, Yusef		Long Beach	42-04.25	

4	Gonzalez, Daniel	Orange Coast	42-01.50
5	West, Wayne	Riverside	42-01.25
6	Hayes, Reginald	Riverside	41-11.50
7	Evans, Brent	Fullerton	41-10.75
8	Ofo, Ike	Chaffey	41-05.00
9	Ianello, Eric	Mt. San Antonio	41-04.75
10	Wright, Marvin	Southwestern	40-04.50
11	Barrow, Marcus	El Camino	40-01.00
12	Uy, Christopher	Mt. San Antonio	37-06.75

Event 15 Women Triple Jump Prelims

Name	Year School	Seed Mark	Prelims
1	Rodrigues, Sue	Saddleback	31-11.50
2	Sims, Nicole	West Los Angeles	31-11.50
3	Nguyen, Isabelle	Orange Coast	30-08.25

Event 16 Men Shot Put Prelims

Name	Year School	Seed Mark	Prelims
1	Davy, Miles	Santa Ana	42-01.25
2	Hudson, Korey	El Camino	41-09.50
3	Acerro, Gabriel	Mt. San Antonio	40-10.00
3	Flores, Juan	Canyons	40-10.00
5	Gallardo, Luis	Orange Coast	40-01.50
6	Gutierrez, Robert	Santa Ana	40-00.00
7	Boyd, Eric	Santa Monica	39-11.00
8	Norriega, Ryan	Golden West	39-10.50
9	Sherman, Arthur	Cuyamaca	38-05.25
10	Azubuike, Kelechi	Chaffey	38-00.75
11	Robins, David	Compton	37-04.00
12	Brown, Greg	Canyons	36-11.50
13	Rancharan, Saul	El Camino	34-09.00

Event 18 Men 3000 Meter Steeplechase Prelims

Name	Year School	Seed relim Time	
1	Barnard, Fernando	Fullerton	10:42.37
2	Chan, Alex	Mt. San Antonio	10:50.03
3	Leos, Manny	Mt. San Antonio	10:51.60
4	Tellez, Martin	Santa Ana	10:57.35
5	Trejo, David	Ventura	10:58.58
6	Salas, Christian	Rio Hondo	11:10.72
7	Paine, Michael	Cuesta	11:17.04
8	Casteel, Orion	Allan Hancock	11:20.70
9	Lopez, Jorge	Glendale	11:29.91
10	Cordova, Suede	Bakersfield	11:33.39
11	Rodriguez, Ernesto	Pasadena	11:38.29
12	Lopez, Daniel	Southwestern	12:06.68

Event 21 Women 1500 Meter Run Prelims

Name	Year School	Seed relim Time	
1	Hernandez, Pamela	Mt. San Antonio	5:12.60
2	Fabing, Ariana	Allan Hancock	5:15.03
3	Perry-Spahn, Angela	Santa Monica	5:16.30

4	Tellez, Christine	Cuesta	5:17.24
5	Martinez, Jessica	East LA	5:21.23
6	Aguilar, Renee	Fullerton	5:26.17
7	Inlestra, Liliana	Palomar	5:28.48
8	Ruiz, Maria	Moorpark	5:30.43
9	Garcia, Lidia	Pasadena	5:40.19

Event 22 Men 1500 Meter Run Prelims

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	Name	Year School	Seed relim Time
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1	Lopez, Jose	Riverside	4:09.92
2	Enriquez, Eddie	Ventura	4:11.50
3	Torres, Raul	Orange Coast	4:11.92
4	Singh, Ramandeep	West Los Angeles	4:12.33
5	Amador, Jose	Cerritos	4:14.31
6	Ramirez, Jairo	LA Trade Tech	4:18.86
7	Martinez, Johnathan	Cerritos	4:19.34
8	Cruz, Gustavo	Mt. San Antonio	4:19.51
9	Ramon, Julio	Santa Ana	4:20.16
10	Ladezma, Eli	Southwestern	4:21.10
11	Sanchez, Chris	Bakersfield	4:21.23
12	Armas, Aaron	Mt. San Antonio	4:21.31
13	Gonzalez, Fernando	Riverside	4:32.57
14	Hernandez, Andres	Riverside	4:32.58

Event 23 Women 100 Meter Hurdles Prelims

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	Name	Year School	Seed relim Time
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1	Smith, Angelica	Santa Barbara	17.36
2	Oates, Tanisha	Chaffey	17.75
3	Salazar, Sibella	Antelope Valley	17.85
4	Rodrigues, Sue	Saddleback	18.24
5	Eldridge, Stephanie	Orange Coast	18.37
6	Bartlett, Sara	Santiago Canyon	18.38
7	Bryant, Timarie	Golden West	18.61

Event 24 Men 110 Meter Hurdles Prelims

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	Name	Year School	Seed relim Time
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1	McDaniel, Thomas	Santa Ana	17.04
2	Vucinic, Kevin	Santa Ana	18.27
3	Pio, Zachary	Santiago Canyon	18.60
4	Musich, Jaime	Golden West	18.74

Event 25 Women 400 Meter Dash Prelims

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	Name	Year School	Seed relim Time
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1	Nixon, Samilya	West Los Angeles	1:02.63
2	Shepard, Sara	Canyons	1:03.37
3	Alvarez, Angela	Santiago Canyon	1:08.76

Event 26 Men 400 Meter Dash Prelims

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	Name	Year School	Seed relim Time
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1	Montgomery, Qwynn	Cerritos	50.49

2	Benardo, John	Moorpark	50.93
3	Jacob, Rendell	Riverside	51.44
4	Whiston, Alex	Orange Coast	51.45
5	Zemba, Matt	Canyons	51.79

Event 27 Women 100 Meter Dash Prelims

	Name	Year School	Seed relim Time
1	Candler, Terri	LA Southwest	13.39
2	Jackson, Laniece	Long Beach	13.45
3	Burley, Michelle	San Bernardino	13.62
4	Stewart, Brittany	Cerritos	13.67
5	Washington, Allison	Riverside	13.89

Event 28 Men 100 Meter Dash Prelims

	Name	Year School	Seed relim Time
1	Smith, Charles	Riverside	11.43
2	Young, Wendell	Riverside	11.44
3	Peevy, Stephen	Pasadena	11.45
4	McCalope, Jason	Santa Ana	11.48
5	Johnson, Daro	Citrus	11.61
6	Privitelli, Anthony	Santiago Canyon	11.62
7	Winfield, Joshua	Pasadena	11.78
8	Prather, Stephen	Mt. San Antonio	11.79
9	Howard, Joshua	Southwestern	12.13

Event 29 Women 800 Meter Run Prelims

	Name	Year School	Seed relim Time
1	Perez, Brenda	Riverside	2:30.94
2	Moss, Arlie	Fullerton	2:30.95
3	Thomas, Heather	Orange Coast	2:31.52
4	Swanson, Sarah	Fullerton	2:31.77
5	Vilchis, Tawny	Cerritos	2:36.28
6	Inlestra, Liliana	Palomar	2:39.26
7	nabor, ana	Palomar	2:40.27
8	Parker, Shayna	West Los Angeles	2:45.64
9	Magee, Melinda	Bakersfield	2:45.65

Event 30 Men 800 Meter Run Prelims

	Name	Year School	Seed relim Time
1	Sacoto, Michael	Santa Monica	2:01.11
2	Woldai, Hagos	Riverside	2:01.63
3	Morales, Sam	Santiago Canyon	2:01.85
4	Atssbeha, Eayoall	Bakersfield	2:02.31
5	Nguyen, Tri-Vien	Orange Coast	2:02.74
6	Capeau, Michael	SD Mesa	2:05.03
7	Goche, Abraham	Rio Hondo	2:05.74
8	Anaya, Candin	LA Trade Tech	2:07.73
9	Spicer, Arteze	Mt. San Antonio	2:07.74
9	Gomez, Joshua	Pasadena	2:07.74
11	Pena, Oscar	Cuesta	2:13.33

Event 31 Women 400 Meter Hurdles Prelims

	Name	Year School	Seed relim Time
1	Ramos, Linda	Glendale	1:11.11
2	Davidek, Adrianna	Riverside	1:11.57
3	Stovall, Aundrea	Cerritos	1:12.14
4	Smith, Angelica	Santa Barbara	1:13.49
5	Bartlett, Sara	Santiago Canyon	1:15.49
6	Coleman, Britni	Southwestern	1:17.36
7	Williams, Subia	West Los Angeles	1:17.39
8	Valenzuela, Michelle	Santa Ana	1:19.75

Event 32 Men 400 Meter Hurdles Prelims

	Name	Year School	Seed relim Time
1	Soden, Shane	Allan Hancock	58.70
2	Cornejo, Carlos	Fullerton	59.62
3	McDaniel, Thomas	Santa Ana	59.92
4	Stauther, Joshua	Riverside	59.97
5	Trace, Jesse	Santa Barbara	1:00.16
6	Hines, Alfred	LA Southwest	1:00.18
7	Johnson, DeAntwann	Long Beach	1:00.71
8	Westling, Trent	Long Beach	1:00.72
9	Williams, Marcus	San Bernardino	1:00.80
10	Musich, Jaime	Golden West	1:01.49
11	Gamez, Cezar	Southwestern	1:04.35

Event 33 Women 200 Meter Dash Prelims

	Name	Year School	Seed relim Time
1	Grigsby, Angelina	Mt. San Antonio	27.10
2	Cano, Lindsay	Riverside	27.31
3	Carter, Jessica	San Bernardino	27.32
4	Stovall, Klarissa	Golden West	27.46
5	Anthony, Tianga	Long Beach	27.67
6	Lopez, Danielle	Mt. San Antonio	27.75
7	Stewart, Brittany	Cerritos	27.76
8	Williams, Maritza	Fullerton	27.97
9	Cabrera, Vanessa	Fullerton	28.27
10	Rodriguez, Ana	Orange Coast	28.35

Event 34 Men 200 Meter Dash Prelims

	Name	Year School	Seed relim Time
1	Baker, Brandon	Fullerton	22.72
2	Williams, Deondray	LA Southwest	22.96
3	Peevy, Stephen	Pasadena	22.97
4	Rodriguez, Rory	Orange Coast	22.98
4	English, William	Cerritos	22.98
6	James, Eric	Saddleback	23.12
7	McCalope, Jason	Santa Ana	23.25
8	Ritchie, Julius	West Los Angeles	23.28
9	Courtney, Tyronne	Bakersfield	23.29
10	Young, Wendell	Riverside	23.48
11	Franklin, Jamere	Chaffey	24.69

Event 35 Women 5000 Meter Run

Name	Year	School	Seed	Finals
1		Perez, Brenda	Riverside	19:24.19
2		Del Toro, Rosa	Glendale	19:27.20
3		Alaniz, Veronica	LA City	19:27.37
4		Altamirano, Naomi	El Camino	19:32.23
5		Cannioto, Heather	Orange Coast	19:33.45
6		Lopez, Jazmin	Mt. San Antonio	19:34.62
7		Siddiqi, Amber	Santa Barbara	19:53.17
8		Olmos, Melissa	Antelope Valley	19:58.45
9		Ramirez, Stephanie	Ventura	19:59.62
10		Samaniego, Reyna	Glendale	20:01.43
11		Gustavsson, Sarah	Santa Barbara	20:14.28
12		Flores, Sonia	Rio Hondo	20:45.01

Event 36 Men 5000 Meter Run

Name	Year	School	Seed	Finals
1		Claus, Cooper	Moorpark	15:59.41
2		Enriquez, Gabriel	Ventura	16:00.64
3		Cooper, Daniel	Riverside	16:01.75
4		Sigelakis, Jason	Moorpark	16:08.32
5		Bogda, Kyle	Cerritos	16:17.42
6		Alvarado, Edward Jesse	Riverside	16:17.89
7		Bianchi, Joey	El Camino	16:18.27
8		Ramon, Julio	Santa Ana	16:18.76
9		Puga, Diego	LA Trade Tech	16:19.75
10		Johnson, Brent	Riverside	16:21.36
11		Takamiya, Kaliber	Fullerton	16:22.00
12		Ibarra, Jose	Rio Hondo	16:28.27
13		Flores, Jon	El Camino	16:29.29
14		Leos, Manny	Mt. San Antonio	16:35.19

Event 39 Women 10000 Meter Run

Name	Year	School	Seed	Finals
1		Flores, Ines	Saddleback	40:45.62
2		Ruiz, Ivet	Riverside	41:03.17
3		Cannioto, Heather	Orange Coast	41:14.04
4		Guerra, Andrea	Orange Coast	42:19.18
5		Garcia, Allison	Cerritos	43:27.19
6		Perez, Karla	Glendale	44:30.07
7		Flores, Sonia	Rio Hondo	44:59.16
8		Ponce, Carla	LA Trade Tech	45:06.44
9		Gonzalez, Tefany	Ventura	45:06.50
10		Ramirez, Jennifer	Ventura	46:03.95
11		Lopez, Jazmin	Mt. San Antonio	46:28.30
12		Martinez, Ashley	Rio Hondo	46:39.93
13		Ramirez, Brenda	Fullerton	46:54.67
14		Hernandez, Ashley	Pasadena	47:07.65
15		Lopez, Diane	Long Beach	48:20.11

Event 40 Men 10000 Meter Run

Name	Year	School	Seed	Finals
1		Ramos, Ed	Ventura	34:34.72

2	Parado, Julian	Glendale	34:45.29
3	Sigelakis, Jason	Moorpark	34:55.52
4	Lara, Jose	San Bernardino	35:00.63
5	Herrera, Francis	Glendale	35:07.68
6	Lopez, Saul	Santa Ana	35:18.14
7	Garcia, Roberto	Moorpark	35:48.93
8	Torres, Raul	Orange Coast	35:51.18
9	Whitesitt, Sean	Mt. San Antonio	36:03.61
10	Gordian, Aldo	Orange Coast	36:06.04
11	Ko, James	Orange Coast	36:07.66
12	Leos, Manny	Mt. San Antonio	36:40.21
13	O'Rourke, Patrick	El Camino	37:13.98