

Licensed to Cerritos College HY-TEK's Meet Manager 4/26/2009 11:23 AM
 So Cal Championships 2009 - 5/2/2009 to 5/9/2009
 Mt. SAC
 Performance List

Event 1 Women Javelin Throw Prelims

	Name	Year School	Seed Mark	Prelims
1	Hicks, Randi	Ventura	150-06	
2	Guravska, Karen	Cerritos	134-08	
3	Nordby, Karee	Riverside	126-05.25	
4	Gutierrez, Samantha	Riverside	123-10	
5	Butler, Rachel	Cerritos	123-01	
6	Barker, D'Auria	Cerritos	119-07	
7	Morton, Danielle	Orange Coast	118-04.25	
8	Staub, Chelsea	Cuyamaca	115-07	
9	Kohley, Allegra	Pasadena	113-09	
10	Fuentes, Liana	Orange Coast	111-00.50	
11	Savea, Maria	Cerritos	109-11	
12	Vanderwal, Brianna	Orange Coast	109-00.25	
13	Cassulo, Chelsea	Allan Hancock	108-01	
14	Russell, Holly	Ventura	107-00	
15	Barfield, Jessica	Cerritos	106-07	
16	Fasano, Shenendoah	Mt. San Antonio	97-10	
17	Fortelny, Lauren	Santiago Canyon	97-09.50	
18	Bryant, Timarie	Golden West	96-08.50	
19	Stovall, Aundrea	Cerritos	96-07	
20	Freeman, Cassie	Cuesta	96-04	
21	Olinyk, Rachel	Moorpark	93-02	
22	Ruby, Kyndle	Ventura	93-01	
23	Sherman, Kiara	Palomar	91-10	
24	Fesuiiai, Ta'ase	Palomar	89-00	
25	Coleman, Pia	Southwestern	83-03	
26	Applebaum, Jessica	Cuyamaca	81-06.50	
27	Holley, Amanda	Cuyamaca	71-08.75	

Event 2 Men Javelin Throw Prelims

	Name	Year School	Seed Mark	Prelims
1	Thompson, Cooper	Bakersfield	208-06	
2	Lian, Ray	Saddleback	194-02.50	
3	Ruby, Stephen	Orange Coast	192-05.75	
4	Shinar, Justin	Golden West	190-04	
5	Salinas, Julian	Cuesta	183-08	
6	Horist, Mark	Mt. San Antonio	183-02	
7	Dion, Kellen	Cuyamaca	177-00	
8	Thomas, David	Cerritos	168-02	
9	Nanny, Tyler	SD Mesa	166-06	
10	Norton, Brian	Orange Coast	165-03	
11	Armstrong, Nicholas	Cerritos	163-09	
12	DeBarrows, Anthony	Cuyamaca	162-02	
13	Barnett, Brett. T	Cuesta	161-02	
14	Elder, Zach	Moorpark	160-05	
15	Norriega, Ryan	Golden West	160-01.25	
16	Hanner, Ben	Cuesta	159-03	
17	Murphy, Alex	Glendale	158-02	
18	Fonua, Sione	Riverside	157-06	
19	Daniels, Rob	Cuesta	156-08	

20	Valadez, Raymond	Canyons	155-01
21	Simms, Michael	Fullerton	153-03.75
22	Lauderdale, Ryan	Long Beach	152-08
23	Roberson, Eric	Cerritos	140-03
24	Wendt, Jarrod	Chaffey	137-11
24	Leal, Andreas	Southwestern	137-11
26	Lass, Adam	SD Mesa	132-08
27	Hudson, Korey	El Camino	114-10

Event 3 Men Hammer Throw Prelims

	Name	Year School	Seed Mark	Prelims
1	Aliotta, Dennis	Moorpark	176-00	
2	Guzman, Luis	Santa Ana	159-10.75	
3	Gehrke, Karl	Moorpark	157-08	
4	Dion, Kellen	Cuyamaca	157-06	
5	Romero, Donald	Moorpark	157-03	
6	Gallardo, Luis	Orange Coast	156-00.75	
7	Gleason, Ryan	Santa Ana	154-02.75	
8	Acerro, Gabriel	Mt. San Antonio	151-11	
8	Sugishita, Kenneth	Moorpark	151-11	
10	Gluck, John	Mt. San Antonio	148-08	
11	Grunbaum, Eric	Orange Coast	148-05.25	
12	Harrebomee, Derek	Cuyamaca	147-06	
13	Cutler, Jeramy	Cerritos	145-08	
14	McAteer, Cameron	Moorpark	143-08	
15	Holmes, Ricky	Riverside	142-11.25	
16	Huitt, Vincent	Cerritos	141-11	
17	Fenton, Rick	Saddleback	141-01.25	
18	Vandersluis, Chad	Golden West	139-10.50	
19	Anderson, Caelob	SD Mesa	139-07	
20	Sosa, Noe	Cerritos	138-10	
21	Fonua, Sione	Riverside	138-04	
22	Iaia, Vincenzo	El Camino	138-03	
23	Yates, Chris	Golden West	136-11.50	
24	Duram, Andrew	Moorpark	136-11	
25	Jamil, Eissa	Cuyamaca	135-08	
26	Zukowski, James	Cuyamaca	135-02	
27	Sherman, Arthur	Cuyamaca	128-03	

Event 4 Women Discus Throw Prelims

	Name	Year School	Seed Mark	Prelims
1	Ashley, Whitney	Cerritos	143-03	
2	Gutierrez, Samantha	Riverside	142-10	
3	Leni, Na'i	El Camino	141-06	
4	Swenson, Jane	Moorpark	132-09	
5	Weinreich, Christine	Cuesta	131-08	
6	Butler, Rachel	Cerritos	127-07	
7	Tuuamalemalalo, Carey	Bakersfield	127-05	
8	Freeman, Cassie	Cuesta	126-03	
9	Flores, Jessica	Santa Ana	122-10.25	
10	Martinez, Tanya	Riverside	122-07.50	
11	Cassulo, Chelsea	Allan Hancock	121-04	
12	Nordby, Karee	Riverside	118-09.75	
13	Kim, Christina	Golden West	116-04.75	
14	Howard, Leilani	Ventura	114-10	
15	Staub, Chelsea	Cuyamaca	114-07	

16	Potter, Stephanie	Santa Barbara	113-08
17	Savea, Maria	Cerritos	113-00
18	Schott, Caitlin	Orange Coast	111-11.25
19	Hicks, Randi	Ventura	110-09
20	Sherman, Kiara	Palomar	108-02
21	Kaihewalu-Evans, Malia	Fullerton	107-10
22	Stefan, Chelsey	Southwestern	103-10
23	Kohley, Allegra	Pasadena	103-00
24	McKinstry, Otina	Compton	101-06
24	Jenkins, Lashandra	Chaffey	101-06
26	Viramontes, Alejandra	San Bernardino	96-06
27	Bravo, Lindsey	SD Mesa	95-05

Event 5 Men Long Jump Prelims

Name	Year	School	Seed Mark	Prelims
1		Bryant, Giorgio	Riverside	24-01.75
2		Butts, Ryan	Antelope Valley	24-00.00
3		Smith, Charles	Riverside	23-10.00
4		Joseph, Kristen	Cerritos	23-06.00
5		Rodgers, Kevin	Riverside	23-05.25
6		Lashley, Kevin	Moorpark	23-05.00
7		Toban, Donovan	Orange Coast	23-02.75
8		McGee, Kenneth	Fullerton	23-01.75
9		Harris, John	Mt. San Antonio	23-00.00
10		Norwood, Kevin	Bakersfield	22-09.50
11		Curry, Michael	Chaffey	22-05.75
12		Mance, Roger	Chaffey	22-05.50
13		Hutchison, Jamar	El Camino	22-05.00
14		Benard, Chris	Riverside	22-02.50
15		Greenroyd, Josh	Golden West	22-01.50
16		Dantzler, Alexander	Cuesta	22-01.00
17		West, Wayne	Riverside	21-11.00
18		Dickson, Brandon	Cerritos	21-10.75
19		Wright, Marvin	Southwestern	21-09.75
20		Starks, Lovelle	West Los Angeles	21-08.50
21		Spriggs, Edward	El Camino	21-05.25
22		Givens, Durell	Chaffey	21-04.75
22		Workman, Bobby	Long Beach	21-04.75
24		Worthge, Johnathon	Santa Barbara	21-01.50
25		Womack, Alante	Southwestern	20-11.00
26		Walton, Warnervee	West Los Angeles	20-08.00
27		Williams, Marcus	San Bernardino	18-11.00

Event 6 Women Long Jump Prelims

Name	Year	School	Seed Mark	Prelims
1		Williams, Turquoise	West Los Angeles	18-07.00
2		Barfield, Jessica	Cerritos	18-02.00
3		Childs, Starasia	West Los Angeles	18-00.00
4		Regis, Nairobi	West Los Angeles	17-11.00
4		Pierce, Cyntrail	Cerritos	17-11.00
6		Wills, Tiana	Riverside	17-07.50
6		Cano, Lindsay	Riverside	17-07.50
8		Taketa, Yasmina	SD Mesa	17-07.00
9		Hall, Disha	Southwestern	17-06.00
10		Crabtree, Michella	Cerritos	17-05.00
10		Reaves, Chanel	Bakersfield	17-05.00

12	Wolter, Kenna	Allan Hancock	16-11.75
13	Schentrup, Calyx	Moorpark	16-11.50
14	McGee, Lauren	West Los Angeles	16-10.25
15	Uhl, Brittany	Canyons	16-09.50
16	Palmer, Christina	Mt. San Antonio	16-08.00
17	Stewart, Brittany	Cerritos	16-06.00
18	Moultrie, Aysha	West Los Angeles	16-04.00
19	Jose, Eniola	SD Mesa	16-03.25
20	Williams, Shavette	El Camino	16-01.00
21	Ibewiro, Vivian	Riverside	16-00.25
22	Jacobs, Dyandra	Riverside	15-08.75
23	Washington, Allison	Riverside	15-07.75
24	Nguyen, Isabelle	Orange Coast	15-06.75
25	Powell, Margret	Cuyamaca	15-01.00
26	Morgan, Airica	Palomar	14-11.00
26	Medal, Kristina	Antelope Valley	14-11.00

Event 7 Women Pole Vault Prelims

	Name	Year	School	Seed	Mark	Prelims
1	Guravska, Karen		Cerritos	12	00.00	
2	Crouse, Audrey		Orange Coast	11	06.00	
3	Morgan, Sian		Cuesta	11	03.00	
4	Hanrahan, Brenda		Riverside	11	00.00	
5	Dolan, Lisa		Orange Coast	10	06.00	
5	Ward, Alexa		Golden West	10	06.00	
5	Stovall, Aundrea		Cerritos	10	06.00	
5	DeGraff, Michelle		Mt. San Antonio	10	06.00	
9	Clees, Jessica		Orange Coast	10	00.00	
10	Ochs, Braelynn		Cuyamaca	9	08.00	
11	Mosely-Raymond, Holly		Bakersfield	9	07.00	
12	Swank, Jacquelynn		Orange Coast	9	06.00	
12	Leblanc, Jade		Orange Coast	9	06.00	
14	Uhl, Brittany		Canyons	9	01.00	
14	Worden, Nicole		Cuesta	9	01.00	
16	Sergeant, Alisha		Fullerton	9	00.00	
16	Hasenberg, Sianna		Riverside	9	00.00	
18	Azizi, Shannon		Glendale	8	07.00	
18	Megarit, Kamrin		Canyons	8	07.00	
18	Northrup, Holly		Moorpark	8	07.00	
21	Espinoza, Katie		Saddleback	8	06.00	
22	Sims, Elizabeth		Cerritos	8	00.00	

Event 8 Women High Jump Prelims

	Name	Year	School	Seed	Mark	Prelims
1	Baucham, Ashley		Glendale	5	05.00	
2	Guravska, Karen		Cerritos	5	04.00	
2	Wills, Tiana		Riverside	5	04.00	
4	Moultrie, Aysha		West Los Angeles	5	03.00	
4	Olinyk, Rachel		Moorpark	5	03.00	
6	Fuentes, Liana		Orange Coast	5	02.00	
6	Rosa, Jessica		Chaffey	5	02.00	
6	Stovall, Aundrea		Cerritos	5	02.00	
9	Williams, Turquoise		West Los Angeles	5	01.00	
10	Mayweather, Breigh		Golden West	4	10.00	
10	Vanderwal, Brianna		Orange Coast	4	10.00	
10	Simpson, Jazzmine		Riverside	4	10.00	

10	Jacobs, Dyandra	Riverside	4-10.00
10	White, Macee	Santiago Canyon	4-10.00
10	Taylor, Tanesha	Palomar	4-10.00
16	McGee, Lauren	West Los Angeles	4-09.00
16	Ramirez, Caitlyn	Canyons	4-09.00
18	Seargeant, Alisha	Fullerton	4-08.00
18	Powell, Margret	Cuyamaca	4-08.00
18	Ellis, Yashika	East LA	4-08.00
18	Crabtree, Michella	Cerritos	4-08.00
22	Bartlett, Sara	Santiago Canyon	4-06.00
22	Coleman, Pia	Southwestern	4-06.00
22	Oates, Tanisha	Chaffey	4-06.00
22	Conley, Amber	Fullerton	4-06.00
22	Hall, Disha	Southwestern	4-06.00
27	Duran, Meghan	Santa Monica	4-05.00

Event 9 Women Hammer Throw Prelims

Name	Year	School	Seed Mark	Prelims
1		Lugo, Arianna	Cerritos	156-06
2		Ashley, Whitney	Cerritos	154-11
3		Aliimatafitafi, Stephanie	Cerritos	153-00
4		Butler, Rachel	Cerritos	149-11
5		Swenson, Jane	Moorpark	147-00
6		Weinreich, Christine	Cuesta	144-10
7		Stovall, Aunjanae	Cerritos	142-09
8		Freeman, Cassie	Cuesta	142-01
9		Savea, Maria	Cerritos	136-09
10		Flores, Jessica	Santa Ana	136-08
11		Peggese, Jasmine	Riverside	135-10.25
12		Kim, Christina	Golden West	127-11
13		Staub, Chelsea	Cuyamaca	124-06
14		Tuuamalemalalo, Carey	Bakersfield	119-08
15		Heard, Lauren	Moorpark	118-09
16		Sanchez, Cynthia	Ventura	113-09
17		Stover, Ashleigh	Citrus	110-05
18		Togafau, Angel	Golden West	110-02
19		Kaihewalu-Evans, Malia	Fullerton	109-04.50
20		Fasano, Shenendoah	Mt. San Antonio	108-09
21		Martinez, Tanya	Riverside	108-01
22		Howard, Leilani	Ventura	105-05
23		Diaz, Nicole	Citrus	101-11
24		Schott, Caitlin	Orange Coast	99-02
25		Carter, Isabelle	Glendale	99-01.50
26		Bravo, Lindsey	SD Mesa	92-02
27		Sherman, Kiara	Palomar	84-05

Event 10 Men Discus Throw Prelims

Name	Year	School	Seed Mark	Prelims
1		Gehrke, Karl	Moorpark	166-08
2		Romero, Donald	Moorpark	161-05
3		Lian, Ray	Saddleback	156-03.75
4		Sugishita, Kenneth	Moorpark	152-06
5		Cutler, Jeramy	Cerritos	152-03
6		Aliotta, Dennis	Moorpark	149-02
7		Weintraub, Jacob	El Camino	147-08
8		Azubuike, Kelechi	Chaffey	146-01

9	Fenton, Rick	Saddleback	143-06
10	Dion, Kellen	Cuyamaca	140-10
11	Guzman, Luis	Santa Ana	140-04.25
12	Lynn, Cody	Riverside	139-10.25
13	D'Oyen, Evan	Citrus	138-08
14	Goldberg, Max	El Camino	138-02
15	Ruby, Stephen	Orange Coast	137-10.50
16	Johnson, Rick	Fullerton	137-06.75
17	Grunbaum, Eric	Orange Coast	137-00
18	Huitt, Vincent	Cerritos	136-04
19	Armstrong, Nicholas	Cerritos	134-03
20	Short, Mitchell	Cuesta	134-02
21	Pillares, Marcus	Chaffey	133-09
22	Gleason, Ryan	Santa Ana	133-07.50
23	Zukowski, James	Cuyamaca	132-10
24	Harrebomee, Derek	Cuyamaca	131-05
25	Fua, Zack	Long Beach	125-06
26	Sherman, Arthur	Cuyamaca	123-04
27	Allen, Joshua	Chaffey	117-00

Event 11 Men High Jump Prelims

Name	Year	School	Seed Mark	Prelims
1		Savoie, Danny	Golden West	6-08.00
1		McClendon, Anthony	Mt. San Antonio	6-08.00
1		Soares, Anthony	Chaffey	6-08.00
1		West, Wayne	Riverside	6-08.00
5		Pope, Christopher	Citrus	6-07.00
6		Hudson, Christian	Riverside	6-06.00
6		Armstrong, Nicholas	Cerritos	6-06.00
6		Ianello, Eric	Mt. San Antonio	6-06.00
9		Jenkins, Kevin	Cuyamaca	6-05.00
9		Harden, David	Moorpark	6-05.00
9		Sommerville, Jerry	Chaffey	6-05.00
9		Curry, Michael	Chaffey	6-05.00
13		Robinson, Sean	Riverside	6-04.00
14		DeMirjian, Garrett	Moorpark	6-03.00
15		Avers, Colin	Riverside	6-02.00
15		Valdivia, James	Mt. San Antonio	6-02.00
15		Hutchison, Jamar	El Camino	6-02.00
15		Hinson, Tyler	Long Beach	6-02.00
19		Taylor, Camden	Santa Monica	6-01.00
19		Fowler, William	West Los Angeles	6-01.00
19		Wright, Mario	Canyons	6-01.00
19		Starks, Lovelle	West Los Angeles	6-01.00
23		Sarmiento, Yusef	Long Beach	6-00.00
23		Villareal, Jorge	East LA	6-00.00
23		Nash, Charles	Southwestern	6-00.00
26		Garcia, Matt	Saddleback	5-10.00
26		Wright, Marvin	Southwestern	5-10.00

Event 12 Men Pole Vault Prelims

Name	Year	School	Seed Mark	Prelims
1		Montgomery, Tim	Cuyamaca	16-00.75
2		Sampson, Samuel	Cuesta	16-00.00
3		Simms, Michael	Fullerton	15-07.00
4		Simmons, Griffin	Saddleback	15-06.00

5	Wallace, Tyler	Riverside	15-00.00
5	Jennings, Nick	Saddleback	15-00.00
5	Adophus, Eric	Mt. San Antonio	15-00.00
8	Munro, Michael	El Camino	14-06.00
8	Thomas, David	Cerritos	14-06.00
8	Rogers, Chase	Riverside	14-06.00
8	Watley, Eric	Riverside	14-06.00
12	Woodard, Tyler	Cuesta	14-01.00
12	Santoyo, Christopher	Glendale	14-01.00
12	Bryant, Cody	Cuesta	14-01.00
15	Valdivia, Dustin	Mt. San Antonio	14-00.00
15	Shu, Darius	Mt. San Antonio	14-00.00
15	Monticalvo, Caleb	Orange Coast	14-00.00
15	Cadwalader, Ryan	Mt. San Antonio	14-00.00
15	Phillips, Nico	Mt. San Antonio	14-00.00
20	Valdivia, James	Mt. San Antonio	13-06.00
20	Perez, Gabriel	Fullerton	13-06.00
22	Holden, Jeff	Moorpark	13-01.00
22	Kellog, Caleb	Canyons	13-01.00
22	Oleata, Alexander	Southwestern	13-01.00
25	Horist, Mark	Mt. San Antonio	13-00.00
25	Giles, Mitchell	Orange Coast	13-00.00
27	Cleveland, John	Southwestern	12-06.75

Event 13 Women Shot Put Prelims

Name	Year	School	Seed Mark	Prelims
1		Leni, Na'i	El Camino	48-10.00
2		Swenson, Jane	Moorpark	45-02.50
3		Ropati, Salina	El Camino	42-09.00
4		Aliimatafitafi, Stephanie	Cerritos	42-03.50
5		Ashley, Whitney	Cerritos	40-07.00
6		Stovall, Aunjanae	Cerritos	39-09.50
7		Weinreich, Christine	Cuesta	39-05.00
8		Sherman, Kiara	Palomar	38-03.50
9		Kohley, Allegra	Pasadena	37-10.50
9		Sanchez, Cynthia	Ventura	37-10.50
11		Hicks, Randi	Ventura	37-02.50
12		Butler, Rachel	Cerritos	37-00.00
13		Martinez, Tanya	Riverside	36-09.50
14		Kim, Christina	Golden West	36-08.50
15		Gutierrez, Samantha	Riverside	36-04.00
16		Barker, D'Auria	Cerritos	36-03.25
17		Nordby, Karee	Riverside	36-01.50
18		Ioana, Tavila	Compton	36-01.50
19		Fesuiiai, Ta'ase	Palomar	35-11.50
20		delaPuente, Riki	Orange Coast	35-09.25
21		Gee, Valerie	Cuesta	35-07.00
22		Freeman, Cassie	Cuesta	35-02.50
23		Flores, Jessica	Santa Ana	34-07.50
24		Cassulo, Chelsea	Allan Hancock	34-06.50
25		Peggese, Jasmine	Riverside	34-05.00
26		Coleman, Pia	Southwestern	29-10.00
27		Jenkins, Lashandra	Chaffey	29-08.00

Event 14 Men Triple Jump Prelims

Name	Year	School	Seed Mark	Prelims
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1	Rivers, Gyasi	East LA	49-06.00
2	Mance, Roger	Chaffey	48-08.75
3	Lashley, Kevin	Moorpark	48-01.00
4	Burnett, Tony	LA Southwest	47-06.75
5	Jackson, Emanuel	Mt. San Antonio	47-04.50
6	Jenkins, Kevin	Cuyamaca	47-04.00
7	Womack, Alante	Southwestern	46-11.50
8	Toban, Donovan	Orange Coast	46-10.75
9	McCall, Bruce	Cerritos	46-04.25
10	Bui, George	Riverside	46-02.50
11	McGee, Kenneth	Fullerton	46-00.75
12	Anderson, Leland	West Los Angeles	45-11.50
13	Benard, Chris	Riverside	45-05.00
14	St. Simon, Jeffrey	East LA	44-08.00
15	Holloway, Aeryus	Santa Barbara	44-03.50
16	Haynes, Ralph Eric	SD Mesa	44-03.00
17	Hollis, Michael	Cuesta	44-00.00
17	Fowler, William	West Los Angeles	44-00.00
19	Jones, Ryan	Bakersfield	43-11.00
20	Bonds, Michael	Riverside	43-09.25
21	Thompson, Alex	Southwestern	43-07.50
22	Cathey, Jaquan	Saddleback	43-05.75
23	Blanco, Ronald	West Los Angeles	43-03.00
24	Greenroyd, Josh	Golden West	43-02.50
25	Starks, Lovelle	West Los Angeles	42-08.50
26	Joseph, Kristen	Cerritos	42-05.50
27	Sommerville, Jerry	Chaffey	42-01.00

Event 15 Women Triple Jump Prelims

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	Name	Year	School	Seed Mark	Prelims
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1	Barfield, Jessica		Cerritos	41-06.00	
2	Childs, Starasia		West Los Angeles	36-05.00	
3	McCall, Brandi		Cerritos	36-04.50	
4	Palmer, Christina		Mt. San Antonio	36-03.75	
5	Ibewiro, Vivian		Riverside	35-11.25	
6	Jose, Eniola		SD Mesa	35-10.00	
7	Williams, Shavette		El Camino	35-04.50	
8	Wills, Tiana		Riverside	35-02.50	
9	Williams, Turquoise		West Los Angeles	35-01.75	
10	Olinyk, Rachel		Moorpark	35-01.00	
11	Wolter, Kenna		Allan Hancock	34-10.00	
12	Hall, Disha		Southwestern	34-05.50	
13	Stovall, Aundrea		Cerritos	34-03.25	
14	Parker, Shayna		West Los Angeles	34-01.00	
15	Celio, Carina		Santa Barbara	34-00.50	
16	Regis, Nairobi		West Los Angeles	33-07.25	
17	Bostic, Kiaira		El Camino	33-05.75	
18	Uhl, Brittany		Canyons	33-05.50	
19	Mahi, Melissa		Orange Coast	33-04.75	
20	Coleman, Pia		Southwestern	32-09.25	
21	Bartlett, Sara		Santiago Canyon	32-08.25	
22	Morton, Danielle		Orange Coast	32-02.75	
23	McGee, Lauren		West Los Angeles	31-11.75	
24	Powell, Margret		Cuyamaca	31-02.50	
25	Rivas, Lidia		Orange Coast	29-10.75	
26	Turner, Brialonna		Southwestern	29-08.50	
27	Coleman, Britni		Southwestern	29-07.00	

Event 16 Men Shot Put Prelims

	Name	Year School	Seed Mark	Prelims
1	Weintraub, Jacob	El Camino	55-05.00	
2	Aliotta, Dennis	Moorpark	54-05.50	
3	Grunbaum, Eric	Orange Coast	50-05.25	
4	Sugishita, Kenneth	Moorpark	48-06.25	
5	Romero, Donald	Moorpark	48-00.25	
6	Harrebomee, Derek	Cuyamaca	47-06.25	
7	Iaia, Vincenzo	El Camino	47-06.00	
8	Allen, Joshua	Chaffey	46-06.25	
9	Gleason, Ryan	Santa Ana	45-08.50	
10	Gehrke, Karl	Moorpark	45-08.50	
11	Yates, Chris	Golden West	45-04.50	
12	Short, Mitchell	Cuesta	45-03.50	
13	Roberson, Eric	Cerritos	45-02.00	
14	McGruder, Donovan	Canyons	45-01.00	
15	Castorena, Osvaldo	Santa Barbara	44-10.50	
16	Cutler, Jeremy	Cerritos	44-10.00	
17	Rivera, Glenn	Canyons	44-09.00	
18	Fenton, Rick	Saddleback	43-09.75	
19	Robinson, Sean	Riverside	43-09.00	
20	Guzman, Luis	Santa Ana	43-08.00	
21	Huitt, Vincent	Cerritos	43-01.00	
22	Pillares, Marcus	Chaffey	42-03.25	
22	Jamil, Eissa	Cuyamaca	42-03.25	
24	Ruby, Stephen	Orange Coast	42-02.00	
25	Zukowski, James	Cuyamaca	41-11.50	
26	Romero, Nestor	El Camino	41-11.00	
27	Hendryx, Carson	Cuyamaca	41-00.50	

Event 17 Women 3000 Meter Steeplechase Prelims

	Name	Year School	Seed relim Time
1	Mitchell, Cassie	Orange Coast	10:58.40
2	Muniz, Sarah	Cerritos	11:31.50
3	Ley, Zitlalic	Glendale	11:33.36
4	Breen, Kelley	Saddleback	11:36.73
5	Elizalde, Marlene	Cerritos	11:40.11
6	Davis, Larissa	Riverside	11:51.05
7	Guerra, Andrea	Orange Coast	11:57.74
8	Gonzalez, Angelina	Glendale	11:58.57
9	Fernandez, Brigette	Glendale	12:01.87
10	Kerner, Jane	Orange Coast	12:15.28
11	Monroe, Ebony	Riverside	12:15.37
12	Vilchis, Tawny	Cerritos	12:24.77
13	Gomez, Katherine	Riverside	12:27.52
14	Salmon, Darlene	Mt. San Antonio	12:40.63
15	Cannioto, Heather	Orange Coast	13:09.23
16	Farmer, Kristina	Palomar	13:12.82
17	Leming, Emilley	Bakersfield	13:13.04
18	Perez, Daisy	Cerritos	13:13.63
19	Franco, Paulina	Canyons	13:22.12
20	Cole, Kristen	Moorpark	13:26.75
21	Krystek, Heather	Santiago Canyon	13:28.74
22	Burns, Melinda	Golden West	13:28.83
23	Cain, Virginia	Mt. San Antonio	13:48.05
24	Cook, Tess	Moorpark	13:48.35

Event 18 Men 3000 Meter Steeplechase Prelims

	Name	Year School	Seed relim Time
1	Denman, Mike	SD Mesa	9:45.25
2	Alpizar, Jonathan	Glendale	9:52.41
3	Quijada, Francisco	Glendale	9:55.64
4	Reed, Qualaun	Cerritos	9:57.87
5	Whitesitt, Sean	Mt. San Antonio	10:03.66
6	Cooper, Daniel	Riverside	10:05.25
7	Craft, Dashan	Cerritos	10:09.26
8	Granger, Sterling	Moorpark	10:09.80
9	Pina, Armando	Cerritos	10:11.20
10	Grego, Ragan	Orange Coast	10:12.35
11	Underwood, Colton	Riverside	10:12.45
12	Cardova, Chris	San Bernardino	10:13.00
13	Samayoa, Mauro	East LA	10:16.86
14	Fuerte, Garrett	Orange Coast	10:20.30
15	McRoberts, Colin	Saddleback	10:20.85
16	Perez, Joe	Santa Ana	10:21.16
17	Juliano, Sam	Santa Ana	10:26.57
18	Joshi, Ankur	San Bernardino	10:27.48
19	Perez, David	LA Trade Tech	10:27.95
20	Bailey, Paul	West Los Angeles	10:30.50
21	Hunter, Kirk	Orange Coast	10:35.90
22	Gordian, Aldo	Orange Coast	10:37.40
23	Almaraz, Alan	West Los Angeles	10:39.12
24	Aguilar, Eddie	Rio Hondo	10:43.18
25	Gutierrez, Manuel	San Bernardino	10:45.09
26	Gill, Chris	Canyons	10:58.39
27	Canchola, Eliezar	Rio Hondo	11:07.75

Event 19 Women 4x100 Meter Relay Prelims

	School	Seed relim Time
1	West Los Angeles 'A'	47.38
2	Riverside 'A'	48.16
3	Glendale 'A'	48.21
4	Cerritos 'A'	48.31
	1) Crabtree, Michella	2) Pierce, Cyntrail
	3) Barfield, Jessica	4) Allen, Blair
5	San Bernardino 'A'	48.36
6	Fullerton 'A'	48.45
7	Moorpark 'A'	48.89
8	Santa Monica 'A'	49.57
9	SD Mesa 'A'	50.11
10	Bakersfield 'A'	50.62
11	Mt. San Antonio 'A'	50.63
	1) Lopez, Danielle	2) Dickerson, Danika
	3) Grigsby, Angelina	4) Yanez, Secoral
12	Palomar 'A'	50.94
13	Southwestern 'A'	50.95
14	Orange Coast 'A'	51.26
15	Cuyamaca 'A'	52.06
16	Chaffey 'A'	52.19
17	Ventura 'A'	52.35
18	LA Valley 'A'	52.36
19	East LA 'A'	52.47

1) Ellis, Yashika	2) Ellis, Zantika	
3) Gerardo, Brandi	4) Harvey, Briana	
20 El Camino 'A'		52.48
21 Long Beach 'A'		52.49
22 Santiago Canyon 'A'		53.82

Event 20 Men 4x100 Meter Relay Prelims

School	Seed	relim	Time
1 Riverside 'A'	41.13		
2 Pasadena 'A'	41.27		
1) Smith, Deandre	2) Thomas, Cameron		
3) Peevy, Stephen	4) Winfield, Joshua		
3 Cerritos 'A'	41.40		
1) English, William	2) Caesar, Kelsey		
3) Dickson, Brandon	4) Austin, Marlon		
4 Chaffey 'A'	41.58		
5 West Los Angeles 'A'	41.76		
6 Southwestern 'A'	41.78		
7 Mt. San Antonio 'A'	41.87		
1) Prather, Stephen	2) Scudder, William		
3) Scudder, Mark	4) Harris, John		
8 Antelope Valley 'A'	41.93		
9 San Bernardino 'A'	41.94		
10 Fullerton 'A'	42.06		
11 Moorpark 'A'	42.09		
12 Orange Coast 'A'	42.11		
13 El Camino 'A'	42.28		
1) Avery, Kevin	2) Taylor, Laron		
3) Yowell, Jacob	4) Spriggs, Edward		
14 Canyons 'A'	42.63		
15 LA Southwest 'A'	42.74		
1) Burnett, Tony	2) Hines, Alfred		
3) William, Deion	4) Williams, Deondray		
16 Cuyamaca 'A'	42.85		
17 Long Beach 'A'	43.06		
1) Workman, Bobby	2) Wade, Sean		
3) Hancock, Michael	4) Wade, David		
18 Santa Monica 'A'	43.14		
19 Bakersfield 'A'	43.24		
20 Saddleback 'A'	43.29		
21 Cuesta 'A'	43.44		
22 Santiago Canyon 'A'	44.01		
23 Glendale 'A'	45.29		

Event 21 Women 1500 Meter Run Prelims

Name	Year School	Seed	relim	Time
1 Celis, Arianna	Riverside	4:43.91		
2 Hewitt, Kimone	Orange Coast	4:45.15		
3 Zapata, Diana	Santa Ana	4:46.02		
4 Cortez, Christine	Mt. San Antonio	4:46.74		
5 Perez, Brenda	Riverside	4:47.05		
6 Simek, Kristen	Orange Coast	4:49.71		
7 Dunn, Katie	Glendale	4:50.07		
8 Honeycutt, Corey	Canyons	4:54.02		
9 McDuffee, Margaret	Orange Coast	4:54.99		
10 Bartosch, Alison	Cerritos	4:55.94		

11	Stoltze, Madelyn	Moorpark	4:55.98
12	Love, Jennifer	Cuesta	4:56.78
13	Celaya, Mallory	LA City	4:56.97
14	Villanueva, Jacquelin	Mt. San Antonio	4:59.15
15	Esquivel, Vanessa	Citrus	5:00.02
16	Rincon, Emilia	Mt. San Antonio	5:01.20
17	Atencio, Karla	Southwestern	5:01.76
18	Staube, Sarah	Cuyamaca	5:02.23
19	Del Toro, Rosa	Glendale	5:02.46
20	Carrillo, Monica	Southwestern	5:04.12
21	Altamirano, Naomi	El Camino	5:04.97
22	Thompson, Michelle	SD Mesa	5:05.71
22	Swanson, Sarah	Fullerton	5:05.71
24	Rowe, Aubrielle	Palomar	5:06.39
25	Cook, Stephanie	Cuyamaca	5:07.09
26	Thomas, Heather	Orange Coast	5:10.53
27	Olmos, Melissa	Antelope Valley	5:11.20

Event 22 Men 1500 Meter Run Prelims

Name	Year	School	Seed relim Time	
1		Perez, Carlos	San Bernardino	4:04.02
2		Stangl, Bobby	Saddleback	4:04.96
3		Pelarde, Jeffrey	Riverside	4:05.34
4		Camacho, Alberto	Riverside	4:06.01
5		Olivarrias, Sergio	Orange Coast	4:06.22
6		Mireles, Cesar	Bakersfield	4:06.57
7		Salvatierra, Michael	Cuesta	4:06.66
8		El-Amin, Ronell	San Bernardino	4:06.88
9		Salg, Andrew	LA Valley	4:06.95
10		Santana, Lenny	Santa Ana	4:07.03
11		Cummings, David	Fullerton	4:07.30
12		Pena, Oscar	Cuesta	4:07.47
13		Jimenez, Waldo	LA Valley	4:07.84
14		Santana, Robert	Mt. San Antonio	4:08.00
15		Betancourt, Connor	SD Mesa	4:08.09
16		Claus, Cooper	Moorpark	4:08.18
17		Anaya, Andin	LA Trade Tech	4:08.25
18		Brown, Aaron	El Camino	4:08.36
19		Lara, Armondo	Mt. San Antonio	4:08.75
20		Flores, Jon	El Camino	4:09.29
21		Quintero, Robert	Bakersfield	4:09.59
22		Atssbeha, Eayoall	Bakersfield	4:09.76
23		Ramirez, Rudy	Mt. San Antonio	4:11.60
24		Goche, Abraham	Rio Hondo	4:11.72
25		McDonough, John	Rio Hondo	4:13.04
26		Estrada, Gabriel	Chaffey	4:17.48
27		Cardova, Chris	San Bernardino	4:28.40

Event 23 Women 100 Meter Hurdles Prelims

Name	Year	School	Seed relim Time	
1		Straughter, Erin	Cerritos	14.57
2		alboniga, sylvia	LA Valley	14.83
3		Williams, Turquoise	West Los Angeles	14.87
4		Regis, Nairobi	West Los Angeles	15.25
5		Torres, Katrina	Cuesta	15.29
6		Jsamples, Ashley	Fullerton	15.56

7	Gerardo, Brandi	East LA	15.63
8	McCall, Brandi	Cerritos	15.70
9	White, Apryll	Cerritos	15.79
10	Turner, Brialonna	Southwestern	15.81
11	Coleman, Pia	Southwestern	15.90
12	Taylor, Tanesha	Palomar	15.95
13	Childs, Starasia	West Los Angeles	15.98
14	Ibewiro, Vivian	Riverside	15.99
15	Uhl, Brittany	Canyons	16.15
16	Nielson, Sara	Riverside	16.39
17	Karkut, Kathryn	Orange Coast	16.40
18	Jones, Cara	Moorpark	16.62
19	Vanderwal, Brianna	Orange Coast	16.76
20	Reeder, Jessica	Riverside	16.86
21	Di Marzio, Jacqueline	Fullerton	16.87
22	Paz, Adriana	Palomar	17.21
23	Pereyra, Elizabeth	El Camino	17.24
24	Sims, Elizabeth	Cerritos	17.46
25	Powell, Margret	Cuyamaca	17.60
26	Lawrence, Angelica	SD Mesa	17.63
27	Stovall, Aundrea	Cerritos	18.22

Event 24 Men 110 Meter Hurdles Prelims

=====			
	Name	Year School	Seed relim Time
=====			
1	Hancock, Michael	Long Beach	14.12
2	Yowell, Jacob	El Camino	14.76
3	Estrada, Emilio	Mt. San Antonio	14.95
4	Harris, John	Mt. San Antonio	15.16
5	Armstrong, Nicholas	Cerritos	15.20
6	DeMirjian, Garrett	Moorpark	15.25
7	McCall, Bruce	Cerritos	15.36
8	Hines, Alfred	LA Southwest	15.40
9	Arceneaux, Troy	Antelope Valley	15.41
10	Jeter, Samuel	Riverside	15.44
11	Stepney, Cameron	Riverside	15.52
12	Toban, Donovan	Orange Coast	15.59
13	Trace, Jesse	Santa Barbara	15.64
14	Blanco, Ronald	West Los Angeles	15.73
15	Darole, Thomas	Mt. San Antonio	15.80
16	Sarmiento, Yusef	Long Beach	15.81
17	Wright, Mario	Canyons	15.87
18	Shepherd, Wayne	LA Valley	15.89
19	Weakley, Andrew	Riverside	15.98
20	Jones-Smith, Vincent	West Los Angeles	16.04
21	Perez, Alvaro	Ventura	16.08
22	Crutchfield, Tony	Riverside	16.10
23	Salinas, Julian	Cuesta	16.19
24	Salazar, Niko	Southwestern	16.69
25	Hendrix, Rico	Chaffey	16.77
26	Engel, Trevor	Golden West	16.81
27	Gamez, Cezar	Southwestern	19.19

Event 25 Women 400 Meter Dash Prelims

=====			
	Name	Year School	Seed relim Time
=====			
1	Manuel, Brittany	Riverside	57.34
2	Turner, Alysha	West Los Angeles	57.49

3	Allen, Blair	Cerritos	58.24
4	Wyatt, Dawn	Santa Monica	58.33
5	Williams, Maritza	Fullerton	58.40
6	Corley, Latoya	Riverside	58.41
7	Morfin, Janette	Glendale	58.74
8	Sims, Ca'shawn	Pasadena	58.77
9	Burley, Michelle	San Bernardino	58.79
10	Carter, Jessica	San Bernardino	58.99
11	Cano, Lindsay	Riverside	59.01
12	Wharton, KayC	El Camino	59.29
13	Lopez, Danielle	Mt. San Antonio	59.63
14	Rene, Melissa	San Bernardino	59.82
15	Ramirez, Caitlyn	Canyons	59.99
15	Ayala, Bonnie	Southwestern	59.99
17	Acedo, Cynthia	Citrus	1:00.11
18	Stovall, Klarissa	Golden West	1:00.35
19	Grigsby, Angelina	Mt. San Antonio	1:00.85
20	Lair, Loresha	LA Southwest	1:00.97
21	Warren, Diane	Chaffey	1:01.44
22	Burrel, Sade	Cuyamaca	1:01.50
23	Bostic, Kiaira	El Camino	1:02.02
24	White, Desiree	West Los Angeles	1:02.06
25	Moultrie, Aysha	West Los Angeles	1:02.14
26	Zamora, Alexandria	Long Beach	1:02.38
27	White, Macee	Santiago Canyon	1:06.04

Event 26 Men 400 Meter Dash Prelims

=====			
	Name	Year School	Seed relim Time
=====			
1	Pilchur, Marquis	Riverside	47.54
1	Russ, Eddie	Antelope Valley	47.54
3	Caesar, Kelsey	Cerritos	47.61
4	Rickett, Ernest	Riverside	47.82
5	Booker, Dwayne	San Bernardino	48.34
6	Thomas, Cameron	Pasadena	48.52
6	Byrd, Jonathan	West Los Angeles	48.52
8	Scott, Rashaad	West Los Angeles	49.08
9	Taylor, Laron	El Camino	49.14
10	Parks, Adolphus	Cerritos	49.27
11	Jester, Dominic	Santa Monica	49.30
12	Ward, Louis	Cuyamaca	49.42
13	Austin, Marlon	Cerritos	49.47
14	Rodriguez, Rory	Orange Coast	49.55
15	Dickson, Brandon	Cerritos	49.63
16	Mosley, Lance	Canyons	49.95
16	Carroll, Trevor	Orange Coast	49.95
18	Nnoruka, Ifeanyi	Chaffey	49.98
19	Spicer, Arteze	Mt. San Antonio	50.09
20	Ritchie, Julius	West Los Angeles	50.18
21	Colyar, Kyle	Fullerton	50.34
22	Earls III, Charles	West Los Angeles	50.35
23	Spriggs, Edward	El Camino	50.47
24	Kilgore, Dominique	Cerritos	50.48
25	Russell, Eric	Cuyamaca	50.80
26	Smith, Josh	Golden West	50.98
27	Bolden, Stephon	Southwestern	51.09

Event 27 Women 100 Meter Dash Prelims

=====

	Name	Year School	Seed relim Time
1	Bogatatz, Samantha	Glendale	12.08
2	Yanez, Secoral	Mt. San Antonio	12.10
3	Daire, Sade	Santa Monica	12.29
4	Barfield, Jessica	Cerritos	12.32
5	Pierce, Cyntrail	Cerritos	12.40
6	Sterling, Dominique	West Los Angeles	12.49
7	Dana, Katie	Moorpark	12.54
8	Artoun-Livaskan, Melani	Glendale	12.60
9	Woody, Allison	Fullerton	12.65
9	Taketa, Yasmina	SD Mesa	12.65
11	Pate, Diamond	Riverside	12.69
12	Turner, Brialonna	Southwestern	12.79
12	Decuir, Shavonya	El Camino	12.79
14	Hunt, Tierra	Cuyamaca	12.85
14	Schentrup, Calyx	Moorpark	12.85
16	Crabtree, Michella	Cerritos	12.89
17	Randolph, Tamika	Cerritos	12.95
18	Rene, Melissa	San Bernardino	12.98
19	Bascom, Zina	Riverside	13.05
20	Colbert, Ashley	Bakersfield	13.16
21	Dickerson, Danika	Mt. San Antonio	13.17
22	Jones, Cara	Moorpark	13.20
23	Butler, Clemesha	Antelope Valley	13.39
24	Hall, Disha	Southwestern	13.42
25	Cabrera, Vanessa	Fullerton	13.56
26	Rodriguez, Ana	Orange Coast	13.66
27	Eldridge, Stephanie	Orange Coast	13.71

Event 28 Men 100 Meter Dash Prelims

	Name	Year School	Seed relim Time
1	Mitchell, Curtis	Southwestern	10.44
2	Smith, Deandre	Pasadena	10.77
3	Joseph, Kristen	Cerritos	10.79
3	Alfino, Sean	Moorpark	10.79
5	English, William	Cerritos	10.82
6	Avery, Kevin	El Camino	10.94
7	Franklin, Jamere	Chaffey	10.98
8	Auberry, Daniel	Riverside	11.00
9	Hicks, Lentrail	West Los Angeles	11.03
9	Black, Conroy	Fullerton	11.03
11	Dantzler, Alexander	Cuesta	11.04
12	Taylor, Elliot	Southwestern	11.08
13	Curry, Tommy	Riverside	11.09
14	Stewart, Joshua	West Los Angeles	11.17
15	Wade, Sean	Long Beach	11.20
16	Tarver, Michael	Cuyamaca	11.22
17	Oshunluyi, Olatunbosu	Santa Monica	11.27
18	Gilbeau, Enis	Cerritos	11.28
18	Beer, Beidi	Riverside	11.28
20	Landry-Zapien, Elijah	Orange Coast	11.29
21	Enriquez, Ruben	Cuyamaca	11.31
21	Bryant, Giorgio	Riverside	11.31
23	Danns, Don	Riverside	11.33
24	Thompson, Alex	Southwestern	11.39
25	Bryan, Mikio	Chaffey	11.40
26	Fredrick, Fells	Cuyamaca	11.42

27 Taylor, Camden Santa Monica 11.60

Event 29 Women 800 Meter Run Prelims

	Name	Year School	Seed relim Time
1	Cortez, Christine	Mt. San Antonio	2:14.46
2	Hewitt, Kimone	Orange Coast	2:18.64
3	White-Edwards, Mekka	LA Valley	2:20.10
4	Elizalde, Marlene	Cerritos	2:20.71
5	Sadauskaite, Justina	Glendale	2:21.16
6	Celis, Arianna	Riverside	2:21.46
7	Palacios, Malia	Long Beach	2:22.21
8	Bruton, Stephanie	El Camino	2:22.70
9	Honeycutt, Corey	Canyons	2:23.07
10	Rico, Vivian	Moorpark	2:23.45
11	Zapata, Diana	Santa Ana	2:23.87
12	Bartosch, Alison	Cerritos	2:25.54
13	Gonzalez, Tefany	Ventura	2:25.56
14	Garland, Laquita	Palomar	2:25.67
15	Mitchell, Teri	Orange Coast	2:26.16
16	Jepkemboi, Monicah	Southwestern	2:27.04
17	Cain, Christina	Saddleback	2:27.34
18	Taylor, Belva	Cerritos	2:27.85
19	Price, Astyne	Riverside	2:27.99
20	Turner, Alysha	West Los Angeles	2:28.41
21	Baker, Stancia	West Los Angeles	2:28.74
22	Akaniro, Tiffany	Riverside	2:29.57
23	Villanueva, Jacquelin	Mt. San Antonio	2:30.48
24	Cook, Stephanie	Cuyamaca	2:30.55
25	Carrillo, Monica	Southwestern	2:32.30
26	Atencio, Karla	Southwestern	2:32.88
27	Staube, Sarah	Cuyamaca	2:33.10

Event 30 Men 800 Meter Run Prelims

	Name	Year School	Seed relim Time
1	Bailey, Torion	Cerritos	1:52.44
2	Mitchell, AJ	El Camino	1:52.99
3	Anderson, Adrian	Glendale	1:54.88
4	May, Stephan	Riverside	1:54.94
5	Reed, Qualaun	Cerritos	1:56.12
6	Mireles, Cesar	Bakersfield	1:56.94
7	Amador, Jason	San Bernardino	1:57.51
8	Gallardo III, Luis	Orange Coast	1:57.67
9	Blakslee, Elliott	Bakersfield	1:57.89
10	Whitesitt, Sean	Mt. San Antonio	1:58.05
11	Hartwell, Jake	Saddleback	1:58.27
12	Wessendorf, Mike	Saddleback	1:58.47
13	Yahontov, Nick	Long Beach	1:58.53
14	Adebayo, Devin	Riverside	1:58.54
15	Santana, Lenny	Santa Ana	1:58.57
16	El-Amin, Ronell	San Bernardino	1:58.74
17	Olivarrias, Sergio	Orange Coast	1:58.89
18	Ertz, Chris	Cuyamaca	1:59.01
19	Esparza, Alejandro	Pasadena	1:59.07
20	Pittman, Chris	Golden West	1:59.55
21	Salvatierra, Michael	Cuesta	1:59.58
22	Fuentes, Damian	Glendale	2:00.12

23	Knerr, Kris	Antelope Valley	2:00.32
24	Morgenson, Donald	Santa Barbara	2:00.55
25	Loucel, David	LA Trade Tech	2:01.15
26	Rodriguez, Andrew	Rio Hondo	2:02.22
27	Espeleta, Jose	Antelope Valley	2:02.39

Event 31 Women 400 Meter Hurdles Prelims

=====			
	Name	Year School	Seed relim Time
=====			
1	alboniga, sylvia	LA Valley	1:02.66
2	Jsamples, Ashley	Fullerton	1:04.51
3	Straughter, Erin	Cerritos	1:04.76
4	Reeder, Jessica	Riverside	1:05.06
5	White, Apryll	Cerritos	1:05.68
6	Vanderwal, Brianna	Orange Coast	1:06.28
7	Paz, Adriana	Palomar	1:06.50
8	Williams, Turquoise	West Los Angeles	1:06.67
9	McGee, Lauren	West Los Angeles	1:06.68
10	Uhl, Brittany	Canyons	1:07.08
11	Karkut, Kathryn	Orange Coast	1:07.34
12	Pereyra, Elizabeth	El Camino	1:07.92
13	Crouse, Audrey	Orange Coast	1:08.26
14	Wharton, KayC	El Camino	1:08.60
15	Showers, Brittni	Moorpark	1:08.77
16	Azizi, Shannon	Glendale	1:08.94
17	Bryant, Timarie	Golden West	1:09.57
18	Epps, Geornisha	Cuyamaca	1:09.65
19	Rodrigues, Sue	Saddleback	1:09.72
20	Di Marzio, Jacqueline	Fullerton	1:09.94
21	Hernandez, Amanda	Long Beach	1:10.00
22	Nims, Elisha	Ventura	1:10.20
23	Sims, Elizabeth	Cerritos	1:11.25
24	Coleman, Pia	Southwestern	1:11.50
25	Salazar, Sibella	Antelope Valley	1:11.92
26	Carter, Jessica	San Bernardino	1:12.98
27	Gray, Pegine	Antelope Valley	1:16.02

Event 32 Men 400 Meter Hurdles Prelims

=====			
	Name	Year School	Seed relim Time
=====			
1	Pope, Marcus	Mt. San Antonio	52.05
2	Jeter, Samuel	Riverside	52.71
3	Yowell, Jacob	El Camino	53.76
4	Stepney, Cameron	Riverside	54.04
5	Guthrie, Jesse	Golden West	54.62
6	Workman, Bobby	Long Beach	54.65
7	Douglas, Shawn	LA Southwest	54.98
8	Rovin, Justin	Orange Coast	55.05
9	Maeda, Kevin	El Camino	55.13
10	Sarmiento, Yusef	Long Beach	55.25
11	Nesbeth, Akeem	Mt. San Antonio	55.30
12	McCall, Bruce	Cerritos	55.32
13	Nixon, Mylan	Santiago Canyon	55.76
14	Arceneaux, Troy	Antelope Valley	55.82
15	Smith, Keenan	Allan Hancock	55.95
16	Weakley, Andrew	Riverside	56.28
17	Salazar, Niko	Southwestern	56.51
18	Jones-Smith, Vincent	West Los Angeles	56.54

19	Rosas, Marcelino	Santa Monica	56.84
20	Giles, Mitchell	Orange Coast	57.37
21	James, Kristin	San Bernardino	57.48
22	Anderson, Leland	West Los Angeles	57.59
23	Gomez, Pepe	Bakersfield	57.83
24	Jacobs, Myron	West Los Angeles	58.37
25	McGrath, Kevin	Antelope Valley	58.89
26	Marquez, Angel	Southwestern	58.99
27	Lewis, John	San Bernardino	1:00.03

Event 33 Women 200 Meter Dash Prelims

=====			
	Name	Year School	Seed relim Time
=====			
1	Yanez, Secoral	Mt. San Antonio	24.82
2	Bogatz, Samantha	Glendale	24.90
3	Rene, Melissa	San Bernardino	25.54
4	Pierce, Cyntrail	Cerritos	25.57
5	Nixon, Samilya	West Los Angeles	25.67
6	Artoun-Livaskan, Melani	Glendale	25.69
7	Clark, Chantell	SD Mesa	25.75
7	Gerardo, Brandi	East LA	25.75
9	Barfield, Jessica	Cerritos	25.89
10	Sterling, Dominique	West Los Angeles	25.97
11	Dana, Katie	Moorpark	26.01
12	Sims, Ca'shawn	Pasadena	26.06
13	Manuel, Brittany	Riverside	26.08
14	Winslett, DaQuvia	San Bernardino	26.16
15	Corley, Latoya	Riverside	26.21
16	Turner, Alysha	West Los Angeles	26.22
17	Burley, Michelle	San Bernardino	26.23
18	Daire, Sade	Santa Monica	26.40
19	Decuir, Shavonya	El Camino	26.54
20	Ayala, Bonnie	Southwestern	26.56
21	Bascom, Zina	Riverside	26.57
22	Pate, Diamond	Riverside	26.63
23	Woody, Allison	Fullerton	26.76
24	Dickerson, Danika	Mt. San Antonio	26.89
25	Morgan, Airica	Palomar	26.94
26	Wills, Tiana	Riverside	27.00
27	Turner, Brialonna	Southwestern	27.05

Event 34 Men 200 Meter Dash Prelims

=====			
	Name	Year School	Seed relim Time
=====			
1	Mitchell, Curtis	Southwestern	21.29
2	Auberry, Daniel	Riverside	21.60
3	Black, Conroy	Fullerton	21.67
4	Caesar, Kelsey	Cerritos	21.69
5	Scott, Rashaad	West Los Angeles	21.89
6	Curry, Tommy	Riverside	21.94
7	Alfino, Sean	Moorpark	21.99
8	Smith, Deandre	Pasadena	22.05
9	Mosley, Lance	Canyons	22.07
9	Russell, Eric	Cuyamaca	22.07
11	Earls III, Charles	West Los Angeles	22.10
12	Hicks, Lentrail	West Los Angeles	22.13
13	Thomas, Cameron	Pasadena	22.21
14	Curry, Michael	Chaffey	22.22

15	Byrd, Jonathan	West Los Angeles	22.23
16	Rickett, Ernest	Riverside	22.27
17	Tarver, Michael	Cuyamaca	22.30
18	Bolden, Stephon	Southwestern	22.32
19	Jester, Dominic	Santa Monica	22.42
19	Avery, Kevin	El Camino	22.42
21	Ward, Louis	Cuyamaca	22.44
22	Spriggs, Edward	El Camino	22.46
22	Booker, Dwayne	San Bernardino	22.46
24	Scudder, William	Mt. San Antonio	22.47
25	Pilchur, Marquis	Riverside	22.49
26	Dickson, Brandon	Cerritos	22.52
27	Landry-Zapien, Elijah	Orange Coast	22.63

Event 35 Women 5000 Meter Run

Name	Year	School	Seed	Finals
1		Moreno, Lenore	Mt. San Antonio	18:05.50
2		Ley, Zitlalic	Glendale	18:17.15
3		Mitchell, Cassie	Orange Coast	18:22.06
4		Hernandez, Maritza	LA Trade Tech	18:23.31
5		Celis, Arianna	Riverside	18:26.49
6		Stoltze, Madelyn	Moorpark	18:28.84
7		Colin, Maria	El Camino	18:30.18
8		McDuffee, Margaret	Orange Coast	18:31.07
9		Davis, Larissa	Riverside	18:32.86
10		Dunn, Katie	Glendale	18:35.73
11		Simek, Kristen	Orange Coast	18:36.16
12		Espindola, Samantha	SD Mesa	18:37.40
13		Breen, Kelley	Saddleback	18:38.16
14		Labelle, Hillary	Orange Coast	18:42.19
15		Atencio, Karla	Southwestern	18:45.45
16		Celaya, Mallory	LA City	18:54.32
17		Carrillo, Monica	Southwestern	18:54.55
18		Colijn, Paige	Santa Barbara	18:55.26
19		Richeri, Natalia	Riverside	18:55.70
20		Stephens, Courtney	El Camino	18:59.20
21		Gonzalez, Angelina	Glendale	19:00.83
22		Fernandez, Brigette	Glendale	19:05.94
23		Thompson, Michelle	SD Mesa	19:06.88
24		Garcia, Zoila	Santa Ana	19:11.18
25		Cortes, Melissa	Rio Hondo	19:20.11
26		Simpson, Shannon	Cerritos	19:20.20
27		Huizar, Ashley	Rio Hondo	19:21.46

Event 36 Men 5000 Meter Run

Name	Year	School	Seed	Finals
1		Sartori, Matthew	San Bernardino	14:49.21
2		Perez, Carlos	San Bernardino	14:51.70
3		Ulmer, Kameron	San Bernardino	14:55.90
4		Sellers, Nathan	Glendale	15:06.01
5		Calise, Steven	El Camino	15:14.06
6		Salg, Andrew	LA Valley	15:15.50
7		Beressa, Muluken	SD Mesa	15:16.56
8		Martinez, Marc	Ventura	15:20.89
9		Quijada, Francisco	Glendale	15:33.56
10		Martinez, Ruben	Rio Hondo	15:34.70

11	Van Dyke, Matt	Saddleback	15:36.06
12	Herrera, Isidore	Moorpark	15:36.71
13	Alpizar, Jonathan	Glendale	15:40.89
14	Westphal, Russell	Orange Coast	15:43.98
15	Pelarde, Jeffrey	Riverside	15:46.57
16	Lopez, Jose	Riverside	15:47.62
17	Parra, Art	San Bernardino	15:48.01
18	Popoca, Geovani	Cerritos	15:48.93
19	Aguirre, Angel	Cerritos	15:50.30
20	Cummings, David	Fullerton	15:54.09
21	Kimura, AJ	Saddleback	15:54.13
22	Lara, Armondo	Mt. San Antonio	15:55.68
23	Bahena, Bernardo	SD Mesa	15:56.92
24	Tilley, Barrett	SD Mesa	16:00.51
25	Whitesitt, Sean	Mt. San Antonio	16:01.28
26	Mendez, Alejandro	LA Trade Tech	16:04.98
27	Lara, Jose	San Bernardino	16:10.38

Event 37 Women 4x400 Meter Relay Prelims

School	Seed	relim	Time
1 Riverside 'A'	3:57.37		
2 Mt. San Antonio 'A'	3:57.98		
1) Cortez, Christine		2) Yanez, Secoral	
3) Grigsby, Angelina		4) Lopez, Danielle	
3 West Los Angeles 'A'	3:59.78		
4 El Camino 'A'	4:01.29		
1) Decuir, Shavonya		2) Bostic, Kiaira	
3) Pereyra, Elizabeth		4) Wharton, KayC	
5 Cerritos 'A'	4:02.78		
1) Randolph, Tamika		2) Stewart, Brittany	
3) Taylor, Belva		4) Allen, Blair	
6 San Bernardino 'A'	4:03.12		
7 Glendale 'A'	4:03.42		
8 Orange Coast 'A'	4:04.58		
9 Fullerton 'A'	4:08.29		
10 Moorpark 'A'	4:08.50		
11 Bakersfield 'A'	4:10.03		
12 Palomar 'A'	4:10.63		
13 Long Beach 'A'	4:13.09		
1) Zamora, Alexandria		2) Palacios, Malia	
3) Jackson, Laniece		4) Mitchell, Margaret	
14 SD Mesa 'A'	4:14.62		
15 Southwestern 'A'	4:14.95		
16 LA Valley 'A'	4:15.79		
17 Cuyamaca 'A'	4:18.94		
18 Golden West 'A'	4:27.43		
19 Ventura 'A'	4:27.79		
20 Canyons 'A'	4:28.19		
21 Rio Hondo 'A'	4:30.39		
22 Santiago Canyon 'A'	4:34.94		

Event 38 Men 4x400 Meter Relay Prelims

School	Seed	relim	Time
1 Cerritos 'A'	3:15.29		
1) Bailey, Torion		2) Dickson, Brandon	
3) Austin, Marlon		4) Caesar, Kelsey	

2	Riverside 'A'		3:16.59
3	Antelope Valley 'A'		3:17.16
4	El Camino 'A'		3:18.18
	1) Avery, Kevin	2) Taylor, Laron	
	3) Yowell, Jacob	4)	
5	Southwestern 'A'		3:18.28
6	West Los Angeles 'A'		3:19.55
7	Mt. San Antonio 'A'		3:19.75
	1) Scudder, William	2) Prather, Stephen	
	3) Villar-Mead, James	4) Spicer, Arteze	
8	Orange Coast 'A'		3:20.76
9	Chaffey 'A'		3:21.23
10	San Bernardino 'A'		3:21.26
11	Canyons 'A'		3:21.69
12	Pasadena 'A'		3:22.21
	1) Peevy, Stephen	2) Thomas, Cameron	
	3) Winfield, Joshua	4) Smith, Deandre	
13	LA Southwest 'A'		3:22.68
	1) Douglas, Shawn	2) William, Deion	
	3) Burnett, Tony	4) Williams, Deondray	
14	Long Beach 'A'		3:23.40
	1) Workman, Bobby	2) Sarmiento, Yusef	
	3) Hancock, Michael	4) Westling, Trent	
15	Glendale 'A'		3:23.65
16	Moorpark 'A'		3:23.73
17	Santa Monica 'A'		3:23.96
18	Fullerton 'A'		3:24.76
19	Bakersfield 'A'		3:25.43
20	Golden West 'A'		3:26.06
21	Saddleback 'A'		3:29.43
22	Santiago Canyon 'A'		3:31.75
23	Rio Hondo 'A'		3:32.97

Event 39 Women 10000 Meter Run

=====				
	Name	Year School	Seed	Finals
=====				
1	Hernandez, Maritza	LA Trade Tech	37:15.34	
2	Richeri, Natalia	Riverside	38:23.48	
3	Mitchell, Cassie	Orange Coast	38:42.86	
4	Simek, Kristen	Orange Coast	38:43.42	
5	Dunn, Katie	Glendale	38:51.14	
6	Glasse, Casey	Riverside	38:55.40	
7	McDuffee, Margaret	Orange Coast	39:19.40	
8	Stoltze, Madelyn	Moorpark	39:46.35	
9	Labelle, Hillary	Orange Coast	39:56.11	
10	Garcia, Zoila	Santa Ana	40:16.48	
11	Moreno, Lenore	Mt. San Antonio	40:16.69	
12	Kerner, Jane	Orange Coast	40:41.79	
13	Beuster, Lucy	Cerritos	41:05.01	
14	Colin, Maria	El Camino	41:06.30	
15	Espindola, Samantha	SD Mesa	41:26.53	
16	Simpson, Shannon	Cerritos	42:00.85	
17	Atencio, Karla	Southwestern	42:01.92	
18	Hernandez, Beatriz	Mt. San Antonio	42:08.59	
19	Alaniz, Veronica	LA City	42:15.97	
20	Carrillo, Monica	Southwestern	42:31.19	
21	Ramirez, Stephanie	Ventura	43:00.37	
22	Fazal, Majida	Cuesta	43:00.90	
23	Huizar, Ashley	Rio Hondo	43:09.24	

24	Samaniago, Reyna	Glendale	43:14.15
25	Cortes, Melissa	Rio Hondo	43:28.58
26	Cole, Kristen	Moorpark	43:36.79
27	Patterson, Alison	Palomar	44:21.98

Event 40 Men 10000 Meter Run

	Name	Year School	Seed	Finals
1	Salg, Andrew	LA Valley	31:22.49	
2	Sellers, Nathan	Glendale	31:37.66	
3	Herrera, Isidore	Moorpark	32:20.75	
4	Martinez, Marc	Ventura	32:41.79	
5	Van Dyke, Matt	Saddleback	33:02.21	
6	Westphal, Russell	Orange Coast	33:06.46	
7	Ruiz, Juan	Riverside	33:16.88	
8	Ulmer, Kameron	San Bernardino	33:29.99	
9	Kimura, AJ	Saddleback	33:35.13	
10	Martinez, Ruben	Rio Hondo	33:39.50	
11	Calise, Steven	El Camino	33:41.01	
12	Sartori, Matthew	San Bernardino	33:41.13	
13	Parra, Art	San Bernardino	33:43.11	
14	Alvarado, Edward Jesse	Riverside	33:48.15	
15	Popoca, Geovani	Cerritos	33:50.44	
16	Bueno, Manuel	San Bernardino	33:57.06	
17	Granger, Sterling	Moorpark	34:01.87	
18	Bahena, Bernardo	SD Mesa	34:11.38	
19	Tilley, Barrett	SD Mesa	34:16.27	
20	Garcia, Jose	Riverside	34:25.88	
21	Singh, Ramandeep	West Los Angeles	34:28.40	
22	Johnson, Brent	Riverside	34:29.92	
23	Enriquez, Gabriel	Ventura	34:30.03	
24	Aguirre, Angel	Cerritos	34:47.46	
25	Bogda, Kyle	Cerritos	35:05.21	
26	Puga, Diego	LA Trade Tech	35:05.90	
27	Bianchi, Joey	El Camino	35:24.48	