

Note: Course Dates indicate Beginning and Ending Dates

M=Monday, T=Tuesday, W=Wednesday, R=Thursday, F=Friday, S=

CRN	Instructor	Days	Time	Room	D	CRN	Instructor	Days	Time	Room	D
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## Counseling

### COUN 145 Career/Life Planning

3 Units

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level.

Through personal exploration, occupational research and the study of contemporary work issues, students will increase their understanding of the relationship of the individual to the economic community and develop individual career plans. Maximum credit allowed for Career Education 143, 145, 150, and 155 is three units. 54 lecture hours. CSU

30890 Castillo, C. MW 11:30 AM-12:55 PM LL 101 02/17-06/12

Learning Communities Class; Must also enroll in 30216 Reading 099 class.

30891 Rose, J. MW 11:30 AM-12:55 PM IS 108 02/17-06/12

Learning Communities Class: Must also enroll in 30548 English 101 class.

30892 Castillo, C. TR 11:30 AM-12:55 PM LL 101 02/17-06/12

Learning Communities Class: Must also enroll in 30904 English 100 class.

30894 Longyear, A. TR 09:55 AM-11:20 AM PS 107 02/17-06/12

Fast Track/Learning Communities: Must also enroll in 30010 Math 017 first eight weeks and pass with a C or better to enroll in 30020 Math 020 class in the second eight weeks.

30895 Villa, E. TR 01:05 PM-02:30 PM LB 305 02/17-06/12

Learning Communities Class: Must also enroll in 30280 English 103 class.

31061 Rose, J. TR 08:20 AM-09:45 AM LL 101 02/17-06/12

UMOJA-LEARNING COMMUNITIES CLASS: Must also enroll in 30179 Speech 101 class.

### COUN 160 Strategies for College Success

3 Units

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level.

A course designed to give students the opportunity to create and change their habits and vision in order to have a rich, full, and rewarding scholastic life through adoption of positive attitude and critical thinking techniques. The course integrates the intellectual, physiological, social, and psychological aspects of being a college student. Learning strategies will be introduced that can be immediately and continuously applied so that students leave the course with confidence, enthusiasm, and a passion to succeed. 54 lecture hours. CSU UC

30897 McLeod, J. TR 09:55 AM-11:20 AM LL 101 02/17-06/12

RECOMMENDED FOR STUDENTS WITH DISABILITIES.

30899 Martinez, M. T 07:00 PM-10:10 PM LB 105 02/17-06/12

BOOTS TO BOOKS IS A CLASS DESIGNED FOR VETERANS AND THEIR FAMILIES.

31130 McBurney, R. MW 11:30 AM-12:55 PM LB 105 02/17-06/12

Learning Communities Class: Must also enroll in 30301 Math 130 class.