

Note: Course Dates indicate Beginning and Ending Dates

M=Monday, T=Tuesday, W=Wednesday, R=Thursday, F=Friday, S=

CRN	Instructor	Days	Time	Room	D	CRN	Instructor	Days	Time	Room	D
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## Counseling

### COUN 145 Career/Life Planning

3 Units

Strongly recommended: ENGL 099 or READ 099 if required by English placement or if required by English level.

Through personal exploration, occupational research and the study of contemporary work issues, students will increase their understanding of the relationship of the individual to the economic community and develop individual career plans. 54 lecture hours. CSU

21180	Rivadenebra, J.	MW	11:30 AM-12:55 PM	SS 166	08/23-12/14
21636	Turcios, A.	MW	11:30 AM-12:55 PM	SS 165	08/23-12/14
21721	Lake, C.	TR	11:30 AM-12:55 PM	SS 165	08/23-12/14
21720	Lake, C.	MW	01:30 PM-02:55 PM	SS 166	08/23-12/14
21722	Godinez, .	TR	03:30 PM-04:55 PM	SS 166	08/23-12/14
21637	Miramontes, N.	W	04:00 PM-07:10 PM	SS 211	08/23-12/14
21265	Yee, S.		HRS-ARRG		08/23-12/14

**DISTANCE EDUCATION CLASS** After registering go to [www.citruscollege.edu/de](http://www.citruscollege.edu/de)

### COUN 156 College Planning Today for Tomorrow

1 Units

Strongly recommended: ENGL 099 or READ 099 if required by English placement or if required by English level.

A course in helping students transition to college life. Students will receive practical information about college services, effective study habits, and individual educational planning. Emphasis is on college and career decisions as catalysts for growth. 18 lecture hours. CSU

21644	Morales, J.	MW	08:30 AM-09:35 AM	SS 165	08/23-10/19
<b>First eight weeks</b>					
21645	Morales, J.	MW	08:30 AM-09:35 AM	SS 165	10/21-12/14
<b>Second eight weeks</b>					
21733	Morales, J.	F	09:30 AM-11:20 AM	SS 165	08/23-10/19
21734	Morales, J.	F	12:30 PM-02:20 PM	SS 165	08/23-10/19

### COUN 158 Transfer Planning

1 Units

Strongly recommended: ENGL 099 or READ 099 if required by English placement or if required by English level.

This course provides in-depth information and assistance with the transfer process to four-year colleges/universities. It is designed to enable students to actively participate in planning their educational and career goals by providing information about the process and requirements for transferring from a community college to a university. Lower division major and general education requirements, college/university selection, admission procedures, application deadlines, financial aid and scholarship information are covered. 18 lecture hours. CSU

21646	Rivadenebra, J.	MW	08:30 AM-09:35 AM	SS 211	08/23-10/19
<b>First eight weeks</b>					
21647	Rivadenebra, J.	MW	08:30 AM-09:35 AM	SS 211	10/21-12/14
<b>Second eight weeks</b>					
21723	Camacho, T.	TR	03:30 PM-04:20 PM	SS 165	08/23-10/19
<b>First eight weeks</b>					
21724	Camacho, T.	TR	03:30 PM-04:35 PM	SS 165	10/21-12/14
<b>Second eight weeks</b>					

### COUN 159 On Course to Success

3 Units

This course will assist students in identifying the unique strengths they possess that will lead toward achieving academic mastery, career, and life success. Students will learn how they learn best and utilize this information to build a personal success plan. Through an exploration and critical analysis of the components of a successful student, students will analyze their reasons for attending college and develop a "success plan" that addresses maintaining motivation, goals setting, improving communication, maintaining self-esteem, and detailing how they may overcome obstacles. 54 lecture hours.

21181	McLeod, J.	MW	09:55 AM-11:20 AM	SS 165	08/23-12/14
20738	Castillo, C.	TR	09:55 AM-11:20 AM	SS 211	08/23-12/14
<b>LEARNING COMMUNITIES CLASS: Requires enrollment in ENGL 099 CRN 21137.</b>					
20740	Hinojosa, J.	TR	09:55 AM-11:20 AM	SS 166	08/23-12/14
<b>LEARNING COMMUNITIES CLASS: Requires enrollment in ENGL 099 CRN 21147.</b>					
21725	Avila, N.	TR	11:30 AM-12:55 PM	SS 211	08/23-12/14

### COUN 160 Strategies for College Success

3 Units

Strongly recommended: ENGL 099 or READ 099 if required by English placement or if required by English level.

A course designed to give students the opportunity to create and change their habits and vision in order to have a rich, full, and rewarding scholastic life through adoption of positive attitude and critical thinking techniques. The course integrates the intellectual, physiological, social, and psychological aspects of being a college student. Learning strategies will be introduced that can be immediately and continuously applied so that students leave the course with confidence, enthusiasm, and a passion to succeed. 54 lecture hours. CSU UC

20739	McLeod, J.	TR	09:55 AM-11:20 AM	SS 165	08/23-12/14
<b>This class is recommended for students with disabilities.</b>					
20788	McBurney, R.	MW	11:30 AM-12:55 PM	SS 211	08/23-12/14
21727	Acosta, J.	MW	01:30 PM-02:55 PM	SS 165	08/23-12/14
21726	Godinez, .	TR	11:30 AM-12:55 PM	SS 166	08/23-12/14
20746	Villa, E.		HRS-ARRG		08/23-12/14

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### COUN 161 Higher Education Transitional Skills for Student Veterans/Families

3 Units

Strongly recommended: ENGL 099 or READ 099 if required by English placement exam or if required by English level.

A course designed to assist veterans in re-integrating to civilian life using physiological, social and psychological aspects of being a student. This course is also designed to give the veteran student the opportunity to create and change their habits and vision in order to have a rich, full, and rewarding scholastic life through adoption of positive attitude and critical thinking techniques. The course will introduce strategies to increase self-awareness, build confidence, develop leadership and gain informational tools to help achieve successful habits and implement study skills addressing the veteran student's needs. It will provide an essential opportunity to acquire skills applicable to the student's academic program, family life, and employability which will support transition. 54 lecture hours. CSU UC

21490	Christianson, M.	T	07:00 PM-10:05 PM	P3 105	08/23-12/14
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