

Note: Course Dates indicate Beginning and Ending Dates

M=Monday, T=Tuesday, W=Wednesday, R=Thursday, F=Friday, S=

CRN	Instructor	Days	Time	Room	D	CRN	Instructor	Days	Time	Room	D
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Physical Education - Pro Prep

PE 169 Introduction to Coaching 3 Units

This course is to study the different aspects of coaching including philosophies and techniques. It will provide the student with a basic understanding of coaching on all levels. The topics included will be recruiting, tryouts, pre and post season development, conditioning, weight training, practice organization, game strategies, motivation techniques, legal aspects, public relations, media, fundraising and ethics. 54 lecture hours. CSU UC
 20844 Merandi, M. TR 09:55 AM-11:20 AM AQ 871 08/28-12/18

PE 170 Fitness For Life 3 Units

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level.
 This course explains the mechanics of a proper exercise and diet program through lecture and exercise activities. Various forms of exercise will be presented for trial by each student to develop a personal fitness prescription. 54 lecture hours. CSU UC
 20032 Gomez, S. MW 08:20 AM-09:45 AM AQ 871 08/28-12/18
 20024 Brawner, M. MW 11:30 AM-12:55 PM AQ 871 08/28-12/18
 20173 Wurst, C. TR 08:20 AM-09:45 AM AQ 871 08/28-12/18
 20186 Brawner, M. TR 09:55 AM-11:20 AM FH 224 08/28-12/18
 20064 Wurst, C. TR 11:30 AM-12:55 PM FH 224 08/28-12/18
 20028 Brawner, M. HRS-ARRG AQ 871 10/25-12/18

DISTANCE EDUCATION HYBRID CLASS On-Campus visits required.
 After registering go to www.citruscollege.edu/de - Second Eight Weeks
 Class will meet on campus the following Tuesdays: October 26, November 2, 9, 16, 30 and December 7, 6:00 - 8:00 pm in AQ 871.

PE 171 Health Science 3 Units

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level.
 This course is designed to explore the major areas of health that will have an effect on the well-being of the individual now and in the future. 54 lecture hours. CSU UC
 20142 Merandi, M. MW 01:05 PM-02:30 PM AQ 871 08/28-12/18
 20160 Merandi, M. M 03:50 PM-07:00 PM AQ 871 08/28-12/18
 20152 Merandi, M. TR 11:30 AM-12:55 PM AQ 871 08/28-12/18
 20066 Hartman, S. TR 01:05 PM-02:30 PM AQ 871 08/28-12/18
 20035 Gomez, S. HRS-ARRG 08/28-12/18
DISTANCE EDUCATION CLASS After registering go to www.citruscollege.edu/de
 20835 Hartman, S. HRS-ARRG 08/28-12/18
DISTANCE EDUCATION HYBRID class. On campus visits required.
 Class will meet every Monday in AQ 871 from 7:00 pm until 8:15 pm beginning August 30, 2010.
 20085 Hartman, S. HRS-ARRG 10/25-12/18
DISTANCE EDUCATION LATE START CLASS After registering go to www.citruscollege.edu/de.
www.owlbookshop.com.

PE 172 Introduction To Physical Education 3 Units

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level.
 This course explores the history and principles of physical education, exercise science, and sports. The objectives are to define and investigate the importance of modern physical education with a view toward developing a basic philosophy and background for professional education. 54 lecture hours. CSU UC
 20068 Shaw, N. MW 11:30 AM-12:55 PM FH 224 08/28-12/18

PE 173 Nutrition for Fitness 3 Units

This course is designed to provide knowledge about the basic principles of nutrition and to study the role nutrition plays in health promotion. 54 lecture hours. CSU UC
 20971 Shaw, N. MW 09:55 AM-11:20 AM FH 224 08/28-12/18
 20813 Gomez, S. TR 08:20 AM-09:45 AM FH 224 08/28-12/18

PE 174 Introduction To Team Sports 3 Units

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level.
 A course of study to give the student entering the field of physical education a survey and basic analysis of the team sports: football, baseball, basketball, softball, soccer, badminton, tennis, swimming, water polo and track. 54 lecture hours. CSU UC
 20039 Greer, M. MW 09:55 AM-11:20 AM AQ 871 08/28-12/18

PE 177 First-Aid Responding To Emergencies 3 Units

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level.
 Complies with requirements as set forth by the American National Red Cross for first aid responding to emergencies. Students will receive the Responding to Emergencies and adult/child/infant CPR cards. 54 lecture hours. CSU UC
 20013 Boxley, J. MW 08:20 AM-09:45 AM FH 224 08/28-12/18
Required Fee for Red Cross Cards
 20034 Boxley, J. HRS-ARRG 10/25-12/18
DISTANCE EDUCATION HYBRID CLASS On Campus meetings required. After registering go to www.citruscollege.edu/de. Class meets Saturday November 18 and Saturday December 2 9:00am- 3:00pm. in FH 224.
Second Eight Weeks
Required Fee for Red Cross Cards

Physical Education-Activities

PE 101 Badminton 1 Units

Development of skills necessary to participate in a game of badminton. This course may be taken four times with the objective of improving proficiency in previously learned skills by further repetition and supervised instruction.
 Elementary: Development of basic badminton skills and knowledge with an emphasis on footwork, clear, drop, smash, serve, blocking the smash shot and basic strategies of singles, doubles and mixed doubles play.
 Intermediate: Intermediate techniques in badminton with an emphasis on skill development and the strategies of singles, doubles and mixed doubles play. 18 lecture hours, 18 lab hours. CSU UC
 20070 Boxley, J. T 08:30 AM-09:30 AM PE 821 08/28-12/18
 Boxley, J. R 08:30 AM-09:35 AM PE 821 08/28-12/18

PE 103 Golf 1 Units

Strongly recommended: READ 099 if required by reading placement exam or if reading by reading level.
 This course will offer a non-competitive environment in which the student can develop the basic fundamentals of golf. Instruction will emphasize woods, long and short irons, bunker play, putting, golf terminology, rules and etiquette. This course may be taken four times. 18 lecture hours, 18 lab hours. CSU UC
 20196 Wurst, C. M 09:55 AM-11:00 AM PE GI 08/28-12/18
 Wurst, C. W 09:55 AM-10:55 AM PE GI 08/28-12/18

PE 108 Tennis 1 Units

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level.
 Instruction will be concerned with individual growth of fundamentals and techniques of tennis that will allow the student to participate in a lifetime activity. This course may be taken four times with the objective of improving proficiency in previously learned skills by further repetition and supervised instruction. This course may be taken four times. 18 lecture hours, 18 lab hours. CSU UC
 21189 Gunstream, M. T 09:15 AM-10:20 AM PE TN 08/28-12/18
 Gunstream, M. R 09:15 AM-10:15 AM PE TN 08/28-12/18

PE 116 Yoga 1 Units

This course focuses on the development of the body/mind through the use of specific Yoga postures, breathing techniques, stretches, mental exercises, and relaxation exercises. The goals are to instruct students to achieve greater concentration, self-discipline, and improved physical/emotional health through instruction and practice of these skills. This course may be taken four times. 18 lecture hours, 18 lab hours. CSU UC
 20061 Shaw, N. T 08:45 AM-09:50 AM AP 110 08/28-12/18
 Shaw, N. R 08:45 AM-09:45 AM AP 110 08/28-12/18

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PE 130 Basketball 1 Units

Techniques in basketball such as ball handling, passing, receiving, screening, cutting, shooting, team play and strategy of the game. Rules are included. This course may be taken four times with the objective of improving proficiency in previously learned skills by further repetition and supervised instruction. 18 lecture hours, 18 lab hours. CSU UC

20004	Greer, M.	M	08:40 AM-09:45 AM	PE 821	08/28-12/18
	Greer, M.	W	08:40 AM-09:35 AM	PE 821	08/28-12/18

PE 135 Volleyball 1 Units

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level.

Instruction will be centered upon improving proficiency on the development of basic volleyball skills with an emphasis on setting, digging, serving, spiking and team strategies. Development of offensive and defensive strategies for doubles, 3 on 3, on 4. This course may be taken four times. 18 lecture hours, 18 lab hours. CSU UC

20048	Gunstream, M.	R	06:50 PM-09:00 PM	PE 821	08/28-12/18
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Physical Education-Aquatics

PE 142 Swimming - Beginning 1 Units

This course provides basic instruction and practice in the fundamental elements of swimming including beginning diving and water safety instruction. The class is designed to develop proficiency in the basic strokes needed to meet the prerequisites for the senior lifesaving and water safety instruction course. 18 lecture hours, 18 lab hours. CSU UC

20042	Gunstream, M.	MW	10:30 AM-11:40 AM	AQ POOL	08/28-10/23
	Gunstream, M.	TR	10:30 AM-11:25 AM	AQ POOL	08/28-10/23

This Class is short term - 1st 8 weeks.

Physical Education-Fitness

PE 148 Adapted Aquatic Exercises 1 Units

Designed for the student with a physical disability who is unable to participate in regular physical education classes. A medical doctor's written prescription of exercise limitations is required. This course may be taken unlimited times with instructors permission. 18 lecture hours, 36 lab hours. CSU UC

20165	Wurst, C.	M	11:35 AM-01:15 PM	AQ POOL	08/28-12/04
	Wurst, C.	W	11:35 AM-01:30 PM	AQ POOL	08/28-12/04

This Class meets 14 weeks.

PE 150 Adapted Physical Education 1 Units

Prerequisite: Physician's written diagnosis of physical disability and exercise limitations.

Designed for the student with a physical disability who is unable to participate in regular physical education classes. A medical doctor's written prescription of exercise limitations is required. This course may be taken unlimited times with the instructor's permission.. 18 lecture hours, 36 lab hours. CSU UC

20050	Hartman, S.	W	11:00 AM-12:25 PM	AP 109	08/28-12/18
	Hartman, S.	M	11:00 AM-12:25 PM	AP 109	08/28-12/18

Recommended for disabled students.

20059	Hartman, S.	W	12:30 PM-01:55 PM	AP 109	08/28-12/18
	Hartman, S.	M	12:30 PM-01:55 PM	AP 109	08/28-12/18

Recommended for disabled students.

20052	Hartman, S.	R	11:00 AM-12:25 PM	AP 109	08/28-12/18
	Hartman, S.	T	11:00 AM-12:25 PM	AP 109	08/28-12/18

Recommended for disabled students.

PE 151 Body Conditioning 1 Units

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level.

This course will include general conditioning exercises, aerobic exercises, and exercises to develop flexibility and strength. This course may be taken four times with the objective of increasing and expanding the student's proficiencies and attitudes toward body conditioning through a supervised exercise program. 18 lecture hours, 18 lab hours. CSU UC

20030	Gunstream, M.	M	09:15 AM-10:20 AM	AP 110	08/28-12/18
	Gunstream, M.	W	09:15 AM-10:05 AM	AP 110	08/28-12/18
20040	Boxley, J.	T	10:00 AM-11:05 AM	AP 110	08/28-12/18
	Boxley, J.	R	10:00 AM-10:50 AM	AP 110	08/28-12/18

PE 152 Weight Training 1 Units

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level.

This course is designed to develop both the large and small group skeletal muscles through a program of weight lifting, circuit training, power lifting, Olympic lifting, and conditioning. This course may be taken four times with the objective of improving proficiency in previously learned skills by further repetition and supervised instruction. A student may not earn more than four units through the combination of PE 152 and 154. 18 lecture hours, 18 lab hours. CSU UC

21195	Greer, M.	M	07:00 AM-08:05 AM	PE 822	08/28-12/18
	Greer, M.	W	07:00 AM-07:55 AM	PE 822	08/28-12/18
20007	Gomez, S.	M	09:50 AM-10:55 AM	PE 822	08/28-12/18
	Gomez, S.	W	09:50 AM-10:45 AM	PE 822	08/28-12/18
20003	Greer, M.	T	08:05 AM-09:05 AM	PE 822	08/28-12/18
	Greer, M.	R	08:05 AM-09:10 AM	PE 822	08/28-12/18
20199	Wurst, C.	T	09:55 AM-11:00 AM	PE 822	08/28-12/18
	Wurst, C.	R	09:55 AM-10:45 AM	PE 822	08/28-12/18
20047	Greer, M.	T	11:00 AM-12:05 PM	PE 822	08/28-12/18
	Greer, M.	R	11:00 AM-12:05 PM	PE 822	08/28-12/18

PE 153 Walking/Jogging 1 Units

A Walking/Jogging program that consists of activity alternately at a slow to moderate pace. This program is designed to build cardiorespiratory stamina and endurance, attack excessive weight, relieve psychological tension, and enhance one's sense of well being. This course may be taken four times. 18 lecture hours. 18 lab hours. CSU UC

20027	Brawner, M.	TR	09:55 AM-11:00 AM	PE ST	10/25-12/18
	Brawner, M.	MW	09:55 AM-10:55 AM	PE ST	10/25-12/18

Late Start - Second Eight Week Class

This Class Team Taught

20954	Brawner, M.	MW	08:20 AM-09:20 AM	PE ST	08/28-10/23
	Brawner, M.	TR	08:20 AM-09:30 AM	PE ST	08/28-10/23

First 8 weeks class

PE 154 Advanced Weight Training 2 Units

Strongly recommended: PE 152.

This course is designed to study methods applicable to power lifting, Olympic lifting, and conditioning. Students will participate in formulation of individual workout sessions. Emphasis will be on increasing strength, flexibility, and quickness. This course may be taken four times. 18 lecture hours, 54 lab hours. CSU UC

20139	Merandi, M.	M	10:55 AM-01:00 PM	PE 822	08/28-12/18
	Merandi, M.	W	10:55 AM-01:00 PM	PE 822	08/28-12/18

PE 156A Physical Conditioning for Intercollegiate Sports 1 Units

Strongly recommended: READ 099 if required by reading placement exam or if required by reading level.

Other: Must be a varsity college athlete/varsity college prospect or with coaches permission.

This course is designed to provide an out of season physical conditioning program for the student interested in intercollegiate athletics. PE 156A and PE156B can be taken a combined total of four times. 9 lecture hours, 27 lab hours. CSU

21132	Nila, R.	TW	02:30 PM-03:45 PM	PE 822	10/25-12/18
	Nila, R.	R	02:30 PM-04:00 PM	PE 822	10/25-12/18

OR 36 HOURS ARRG

Recommended for Varsity Athletes - Men's and Women's Track & Field. Second Eight Weeks

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PE 159	Cardiovascular Training				1 Units	PE 208B	Off-Season Women's Varsity Athletics				1 Units
This course will offer a non-competitive, flexible, scheduled environment in which the student can develop a total fitness program. This program will promote areas of muscular strength, flexibility, and cardiovascular endurance. A philosophy of "Fitness for Life" will be the ultimate objective. Every student will be encouraged to regulate his/her program so that it will be enjoyable on a long term basis. This course may be taken four times. 9 hours lecture, 27 hours lab. CSU UC						Strongly recommended: READ 099 if required by reading placement exam or if required by reading level. Other: Must be a college varsity athlete/college varsity prospect or with coaches permission. This course provides intermediate and advanced instruction and practice in the skills and strategies of varsity athletics. PE208A and PE208B can be taken a combined total of four times. 90 lab hours.					
21157	Gunstream, M.	M	07:00 AM-08:00 AM	AP 109	08/28-12/18	21134	Boxley, J.	MTWR	02:40 PM-03:50 PM	PE SF	08/28-12/18
	Gunstream, M.	W	07:00 AM-08:05 AM	AP 109	08/28-12/18	OR 90 TOTAL HR ARGG					
Or 36 TOTAL HRS ARRG.						Recommended for Varsity Athletes: Softball					
Must attend one mandatory orientation the first week of class:						PE 209 Women's Varsity Soccer 2 Units					
M-F 7:00, 8:00 OR M-R 9:00 am OR M-T 3:30 pm OR WR 4:30 pm.						Strongly recommended: Advanced Soccer skills to participate in a competitive collegiate experience. Intercollegiate competition in women's varsity soccer. This course may be taken four times. 160 lab hours. CSU UC					
20026	Gunstream, M.	M	08:05 AM-09:10 AM	AP 109	08/28-12/18	21073	Tracey, T.	MTWRF	05:00 PM-06:46 PM	PE ST	08/28-12/18
	Gunstream, M.	W	08:05 AM-08:55 AM		08/28-12/18	Or 160 TOTAL HRS ARRG					
Or 36 TOTAL HRS ARRG.						PE 211 Women's Varsity Volleyball 2 Units					
Must attend one mandatory orientation the first week of class:						Strongly recommended: Advanced volleyball skills to participate in a competitive collegiate experience. Varsity athletics. Involves intercollegiate competition for two units of credit. This course may be taken four times. 160 lab hours. CSU UC					
M-F 7:00, 8:00 OR M-R 9:00 am OR M-T 3:30 pm OR WR 4:30 pm.						21072 Jung, S. MTWRF 11:30 AM-01:16 PM 08/28-12/18					
20012	Merandi, M.	M	09:15 AM-10:20 AM	AP 109	08/28-12/18	Or 160 TOTAL HRS ARRG					
	Merandi, M.	W	09:15 AM-10:15 AM	AP 109	08/28-12/18	PE 213 Women's Varsity Basketball 2 Units					
Or 36 TOTAL HRS ARRG.						Strongly recommended: Advanced basketball skills to participate in a competitive collegiate experience. Varsity athletics. Involves intercollegiate competition for two units of credit. This course may be taken four times. 160 lab hours. CSU UC					
Must attend one mandatory orientation the first week of class:						20633 McDonald, T. MTWRF 04:00 PM-06:00 PM 08/28-12/18					
M-F 7:00, 8:00 OR M-R 9:00 am OR M-T 3:30 pm OR WR 4:30 pm.						Or 180 TOTAL HRS ARRG					
20995	Gunstream, M.	T	07:00 AM-08:05 AM	AP 109	08/28-12/18	PE 216 Women's Varsity Cross Country 2 Units					
	Gunstream, M.	R	07:00 AM-07:50 AM	AP 109	08/28-12/18	Strongly recommended: Advanced cross country skills to participate in a competitive collegiate experience. Varsity athletics. Involves intercollegiate competition for two units of credit. This course may be taken four times. 160 lab hours. CSU UC					
Or 36 TOTAL HRS ARRG.						21067 Shaw, N. MTWRF 07:00 AM-08:39 AM 08/28-12/18					
Must attend one mandatory orientation the first week of class:						Or 160 TOTAL HRS ARRG					
M-F 7:00, 8:00 OR M-R 9:00 am OR M-T 3:30 pm OR WR 4:30 pm.						PE 220 Men's Varsity Football 2 Units					
20788	Gunstream, M.	T	08:05 AM-09:10 AM	AP 109	08/28-12/18	Strongly recommended: Advanced football skills to participate in a competitive collegiate experience. Varsity athletics. Involves intercollegiate competition for two units of credit. This course may be taken four times. 160 lab hours. CSU UC					
	Gunstream, M.	R	08:05 AM-09:10 AM		08/28-12/18	21068 Ponciano, R. MTWRF 03:15 PM-05:01 PM 08/28-12/18					
Or 36 TOTAL HRS ARRG.						Or 160 TOTAL HRS ARRG					
Must attend one mandatory orientation the first week of class:						PE 221 Men's Varsity Basketball 2 Units					
M-F 7:00, 8:00 OR M-R 9:00 am OR M-T 3:30 pm OR WR 4:30 pm.						Strongly recommended: Advanced basketball skills to participate in a competitive collegiate experience. Varsity athletics. Involves intercollegiate competition for two units of credit. This course may be taken four times. 160 lab hours. CSU UC					
20046	Greer, M.	T	09:15 AM-10:20 AM	AP 109	08/28-12/18	20002 Victor, C. MTWRF 01:30 PM-03:30 PM 08/28-12/18					
	Greer, M.	R	09:15 AM-10:05 AM	AP 109	08/28-12/18	Or 180 TOTAL HRS ARRG					
Or 36 TOTAL HRS ARRG.						PE 222 Men's Varsity Cross Country 2 Units					
Must attend one mandatory orientation the first week of class:						Strongly recommended: Advanced Cross Country skills to participate in a competitive collegiate experience. Varsity athletics. Involves intercollegiate competition for two units of credit. This course may be taken four times. 160 lab hours. CSU UC					
M-F 7:00, 8:00 OR M-R 9:00 am OR M-T 3:30 pm OR WR 4:30 pm.						21066 Shaw, N. MTWRF 07:00 AM-08:39 AM 08/28-12/18					
20063	Gunstream, M.	W	04:30 PM-06:35 PM	AP 109	08/28-12/18	Or 160 TOTAL HRS ARRG					
Or 36 TOTAL HRS ARRG.						PE 207B Off-Season Men's Varsity Athletics 1 Units					
Must attend one mandatory orientation the first week of class:						Strongly recommended: READ 099 if required by reading placement exam or if required by reading level. Other: Must be a college varsity athlete/college varsity prospect or with coaches permission. This course provides intermediate and advanced instruction and practice in the skills and strategies of varsity athletics. PE207A and PE207B can be taken a combined total of four times. 90 lab hours. CSU UC					
M-F 7:00, 8:00 OR M-R 9:00 am OR M-T 3:30 pm OR WR 4:30 pm.						21133 Gomez, S. MTWR 02:40 PM-03:50 PM 08/28-12/18					
20992	Gunstream, M.	R	04:30 PM-06:25 PM	AP 109	08/28-12/18	OR 90 TOTAL HRS ARGG					
Or 36 TOTAL HRS ARRG.						Recommended for Varsity Athletes: Baseball					
Must attend one mandatory orientation the first week of class:											
M-F 7:00, 8:00 OR M-R 9:00 am OR M-T 3:30 pm OR WR 4:30 pm.											
21186	Greer, M.	MW	03:25 PM-04:25 PM	AP 109	08/28-10/23						
	Greer, M.	TR	03:25 PM-04:35 PM	AP 109	08/28-10/23						
This is a short term class - meets the first 8 weeks.											
Or 36 TOTAL HRS ARRG.											
Must attend one mandatory orientation the first week of class:											
M-F 7:00, 8:00 OR M-R 9:00 am OR M-T 3:30 pm OR WR 4:30 pm.											
20171	Greer, M.	MW	03:25 PM-04:25 PM	AP 109	10/25-12/18						
	Greer, M.	TR	03:25 PM-04:35 PM	AP 109	10/25-12/18						
This is a short term - late start class											
Must attend a mandatory orientation M OR T at 3:30 pm.											
OR 36 Total Hrs Arrg.											
20049	Greer, M.	F	07:00 AM-08:00 AM	AP 109	08/28-12/18						
	Greer, M.	F	08:00 AM-09:05 AM	AP 109	08/28-12/18						
Or 36 TOTAL HRS ARRG.											
Must attend one mandatory orientation the first week of class:											
M-F 7:00, 8:00 OR M-R 9:00 am OR M-T 3:30 pm OR WR 4:30 pm.											

Physical Education-Varsity Ath

PE 207B	Off-Season Men's Varsity Athletics				1 Units
Strongly recommended: READ 099 if required by reading placement exam or if required by reading level. Other: Must be a college varsity athlete/college varsity prospect or with coaches permission. This course provides intermediate and advanced instruction and practice in the skills and strategies of varsity athletics. PE207A and PE207B can be taken a combined total of four times. 90 lab hours. CSU UC					
21133	Gomez, S.	MTWR	02:40 PM-03:50 PM	PE BF	08/28-12/18
OR 90 TOTAL HRS ARGG					
Recommended for Varsity Athletes: Baseball					

PE 222	Men's Varsity Cross Country				2 Units
Strongly recommended: Advanced Cross Country skills to participate in a competitive collegiate experience. Varsity athletics. Involves intercollegiate competition for two units of credit. This course may be taken four times. 160 lab hours. CSU UC					
21066	Shaw, N.	MTWRF	07:00 AM-08:39 AM	PE ST	08/28-12/18
Or 160 TOTAL HRS ARRG.					

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PE 227 Women's Varsity Golf 2 Units

Strongly recommended: Advanced golf skills to participate in a competitive collegiate experience.

Varsity athletics. Involves intercollegiate competition for two units of credit.

This course may be taken four times. 160 lab hours. CSU UC

21069 Horton, J. MWF 01:00 PM-04:20 PM PE GI 08/28-12/18

Or 160 TOTAL HRS ARR G

PE 229 Men's Varsity Water Polo 2 Units

Strongly recommended: Advanced swimming skills to participate in a competitive collegiate experience.

Varsity athletics. Involves intercollegiate competition for two units of credit.

This course may be taken four times. 160 lab hours. CSU UC

21070 Rivas, B. MTWRF 02:30 PM-04:16 PM 08/28-12/18

Or 160 TOTAL HRS ARR G

PE 230 Women's Varsity Water Polo 2 Units

Strongly recommended: Advanced swimming skills to participate in a competitive collegiate experience.

Varsity athletics. Involves intercollegiate competition for two units of credit.

This course may be taken four times. 160 lab hours. CSU UC

21071 Kyle, T. MTWRF 01:00 PM-02:46 PM AQ POOL 08/28-12/18

Or 160 TOTAL HRS ARR G

PE 231 Men's Varsity Soccer 2 Units

Strongly recommended: Advanced soccer skills to participate in a competitive collegiate experience.

Varsity athletics. Involves intercollegiate competition for two units of credit.

This course may be taken four times. 160 lab hours. CSU UC

21074 Bruce-Oliver, F. MTWRF 03:30 PM-05:16 PM PE ST 08/28-12/18

Or 160 TOTAL HRS ARR G