Keeping Your Child Safe

Keep Your Child Safe When in the Kitchen

• Always stay with your small child in the kitchen
• Turn pot handles to the back of the stove
• Keep sharp objects away from counter edges
• Keep children away from the floor by the stove when you are cooking
• Don't hold your baby while you eat or drink hot food
• Keep all household cleaning products in a locked cabinet such as: dishwater soap, cleaners and furniture polish
• Use safety latches that lock every time you close the cabinets; most hardware and department stores have them.
• Never put harmful products in a food jar or bottle; your child may think it is OK to eat or drink them.

Keep Your Child When in the Bathroom

• Keep medicines, vitamins, scissor, razors, cosmetics and toiletries in cabinets with safety latches
• Throw away any left over medicine
• Store things like toothpaste, saps and shampoos away from your medicines
• Do not take medicine in front of your child, they may try to copy you.
• Never tell your children that medicine is candy
• Turn on the light to read the label; make sure the medicine is the right one for your child
• Set the water heater at 120 degrees; test the water with the inside of your wrist before your child uses it
• Use slip-proof mats in and out of the tub
• Always drain the tub and keep the toilet lid closed; a small child can drown in a few inches of water
• Unplug appliances and keep them out of reach; make sure your child can not pull them into the water
• Never leave small children alone in the bathtub, not even for a minute.

Keep Your Child Safe in the Crib

• Do not put fluffy blankets and comforters in the crib
• Do not put pillows, bumper pads and stuffed toys in the crib
• Use a non-allergic mattress; it should fit snug in the frame and there should be less then one inch between the mattress and frame.
• Use flame resistant bedding and sleepwear
• Watch out for cords from bedding, toys and blinds; they can strangle a baby
• Make sure the crib meets today’s safety standards; if a soda can will pass between the bars, they are too far apart
Keep Your Child Safe From Fire
- Install smoke alarms; make sure the batteries work
- Keep an ABC fire extinguisher in the kitchen; it should be useful for oil, electrical, paper or wood fires
- Keep all flammable products away from the furnace or water heater
- Don’t smoke cigarettes; they are bad for you and your child. They are also a major cause of home fires and burns
- If your child’s clothes catch on fire, smother the flames in a blanket
- If there is a fire, stay close to the door. Cover your mouth and nose and crawl out of the burning area. Remember that smoke can kill
- Use only quick-release bars on windows
- Make a plan to escape fire in your home and have everyone practice it with their eyes closed.

Keep Your Child Safe From Gas or Carbon Monoxide Poisoning
- Install carbon monoxide detectors
- Never run your car in a closed garage; the gases can poison you and your child.
- Be sure that coal and wood stoves work right, if they don’t work right, they can give off poisonous fumes.
- If you smell gas, turn off your stove or gas burner, leave the house and call the gas company.

Keep Your Child Safe From Guns
- The safest home is a one without a gun
- If you have guns, lock them away
- Never keep them loaded
- Lock bullets in a different place away from the gun
- Always keep a safety lock on the trigger
- Find out if there are guns at anyone’s home your child may be spending time and make sure their guns are locked away.

Keep the Garage and Basement Safe
- You can keep harmful products away from your children
- Lock up paints, paint thinners, garden and yard supplies
- Read the labels before you buy things and try to find the least toxic ones for the job.
- Buy only the supplies you need and use them right away.
- Never put harmful products in a food jar or bottle, your child may try to eat or drink it