Keeping Your Child Safe

Keep Your Child Safe From Poisoning
• Children can get very sick from products around the house or yard. They can badly harm your children; you must keep these things away from your child:
  o Drugs and medications
  o Vitamin and mineral pills; iron pills are the most common cause of poisoning in children under age 5
  o Cleaning products
  o Plants, and yard and garden supplies
  o Beauty supplies and makeup
  o Paints and solvents

What To Do If Your Child is Poisoned
• Get whatever you can out of your child’s mouth
• Save the container
• Call 911 or the Poison Control Hotline (800/876-4766)
• Tell them what your child swallowed
• Tell them your child’s height and weight
• Keep Syrup of Ipecac on hand and only give it to your child if your doctor, clinic or poison control tells you to

Keep Your Child Safe at the Pool
• Drowning is the number 1 cause of injury-related deaths for 1 to 4 year olds
• Children drown without a sound
• Brain damage happens after a child has been under water for 4 minutes
• Swimming lessons should not begin until age 4
• NEVER leave children alone in or near a pool
• Swimming pools should have 5 foot fences around them to keep children out; she fence should surround the pool and have self-closing latching gates
• Have safety equipment by the pool; also have a phone and emergency number handy
• Learn CPR
• If you are using a children’s wading pool, empty it after use

Make Sure Your Child’s Toys are Safe
• Use toys that are right for you child’s age and do not use toys with small pieces
• Check for sturdy, well-sewn seams on stuffed animals and dolls
• Be sure eyes, noses, buttons, and other small parts can not be bitten or pulled off
• Toys should not have jagged edges or sharp pieces
• Young children should not play with balloons
• Be sure toys don’t have string or cords that can wrap around your child’s neck
• Throw away all packaging right away