



and The Special Start  
Training Program

# Providing Developmentally Supportive Care at Home after NICU Hospitalization

Presented by: **Kathleen A. Vandenberg, PhD**

*Project ABC is a collaboration between CHLA, CII, LACDCFS, LACDMH and USC*

This workshop is for community professionals, child care workers, parents and foster parents who work with or care for infants who were initially hospitalized in a neonatal intensive care unit at birth and who are now followed by a variety of community programs.

The format includes background information and basic principles of developmental care for high risk newborns who are ill (full term or premature) or healthy (premature). Additionally, a strong emphasis is placed on assisting parents in their interactions with these infants. Faculty will describe behavioral patterns and approaches to providing individualized attuned developmentally supportive environments and interactions for infants. Transition to community resources is also discussed. The workshop is based on the FIRST Program, Family Infant Relationship Support Training Program, (Browne et al, 2000).

### Learning Objectives:

1. Identify three core concepts of the neurodevelopment of newborn infants.
2. Identify two key concepts of Family Centered Developmentally Supportive Care.
3. Identify three phases of early fetal brain development and the impact of premature birth on brain development.
4. Identify at least six disorganized high-risk infant behaviors and six organized high risk newborn behaviors.
5. Identify ways to support parents in their interactions with their NICU graduates.
6. Identify specific developmental behavioral strategies to enhance infant development of NICU graduates.
7. Describe the potential outcome effects of providing developmentally supportive care to high risk and premature infants initially hospitalized in a NICU.

*Training fulfills 6.5 hours of California Training Guideline Domain D.*

## Monday, March 23, 2009

8:00am – 4:00pm

### California Endowment

1000 North Alameda, LA 90012

**Kathleen A. Vandenberg, Ph.D.** Kathleen A. Vandenberg PhD is Director of Neurodevelopment Center, which includes the West Coast NIDCAP Training Center and the Special Start Training Program at University of California San Francisco, Dept. of Pediatrics, Division of Neonatology. Dr. Vandenberg has provided developmental services and training to intensive care nurseries for over thirty years incorporating the NIDCAP approach. Dr. Vandenberg is a NIDCAP Master Trainer and a FIRST Trainer and provides professional training in an individualized systems-based, relationship -based approach, which provides support for infants and families in the NICU and after discharge to home. She has published widely in pediatric and nursing journals.

**Continuing Education Requirements:** CE's are offered for **PSY, MFT, LCSW, and BRN**. Course meets the qualifications for 6.5 hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. Children's Institute, Inc. provider # PCE 498. Children's Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. Children's Institute, Inc (provider # CEP 8409) is approved by the California Board of Registered Nursing for 6.5 contact hours. Children's Institute maintains responsibility for this program and its content. (If you are late, you will not receive full CE credit.)



Childrens Hospital Los Angeles designates this educational activity for a maximum of 6.5 hours AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may be applied to CMA Certification in Continuing Medical Education.

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*The Special Start Training Program is Funded by the California Department of Social Services.*

- All registration forms **must be accompanied w/payment**. Please retain a copy of your registration form.
- There are no registration refunds issued for cancellation, but you may send a substitute to this training.
- To order & receive CE's, please indicate type of license (e.g. MFT, LCSW), state of issuance & license #.

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**Open to the first 70 registrants only. This will fill quickly. Payment required w/registration.**

*Registration includes breakfast & lunch. Free onsite parking available.*

**Registration.....\$115**

**CE Fee, 6.5 credits.....\$15**

*CE credit is optional*

**Please indicate Total:**

**\$115** or  **\$130(w/CE)**

**Please fax or mail completed registration form & payment to:**

**Project ABC**  
Attn: Maureen Maki  
155 N Occidental Blvd, Ste 246  
Los Angeles, CA 90026

**Fax:** 213-383-5963

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