

# PHYSICAL EDUCATION Instructional Program Review 2010-2011

# Spring 2011

# Prepared by

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-	Instructor		

# **PHYSICAL EDUCATION Program Review Committee Members**

Name	Title	Name	Title
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Mary Brawner	Physical Education Instructor		Heath and Athletics
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Nicki Shaw	Physical Education Instructor	Lanette Granger	Librarian
Cliff Wurst	Physical Educaiton Instructor	Linda Welz	CSIO



# PROGRAM REVIEW - PHYSICAL EDUCATION

The final summary of the program review process for Physical Education is attached to this page.

I affirm that this program has been reviewed according to the accepted District procedures for program review and that the final summary accurately reflects the consensus of the members of the review committee.

Jody Wise, Dean of Physical Education/Athletics	date
Michelle Plug, Articulation Officer	date
David Kary, Chair of Curriculum Committee	date
Irene Malmgren, Vice President of Academic Affairs	date
Roberta Eisel, Academic Senate President	date
Geraldine M. Perri. Superintendent/President	date

It will be the department's responsibility to communicate review recommendations with additional offices and services.

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# 1. Executive Summary

# Physical Education (Kinesiology) Program Review

## **Program History/Description:**

The Physical Education program encompasses theory, aquatics, fitness, individual and team activities. The program provides lecture courses based on the science of kinesiology and offers a variety of lifetime fitness activities in proven concepts of wellness and fitness. It is comprised of nine full-time faculty members.

Since our last program review, the areas of theory, aquatics, fitness, individual and team activities were combined into one program review. This program review was written by the members of the physical education faculty and the dean of physical education, Jody Wise.

#### **Strengths/Effective Practices:**

- SLO's for all physical education courses have been written.
- Assessments of the SLO's have been started and are continuing.
- A variety of course offerings are available to students to achieve their educational goals.
- Course offerings are scheduled to allow students to achieve their educational goals.
- Faculty are dedicated to the ongoing success of the program and participate in state organizational meetings to promote the program.
- The number of majors has increased dramatically in the past year.

#### **Weaknesses/Lessons Learned:**

- We discovered that the number of SLO's written in some courses were too high. We are in the process of reviewing and modifying the number of SLO's.
- The high number of SLO's made our documentation of initial assessments difficult.
- Because of budget constraints we have reduced the number of course sections, as have other divisions. This has made it difficult for students to achieve their educational goals.

#### **Recommendations/Next Steps:**

- Change the program name to Kinesiology effective Fall 2011
- Change the division name to Kinesiology, Health and Athletics effective Fall 2011.
- Establish a CSU transfer degree in Kinesiology.
- Develop certificate programs.
- Hire a full time faculty position responsible for coordinating the aquatics center.

# 2. Faculty

## **Full-Time Faculty**

Jackie Boxley
Mary Brawner
Steve Gomez
Maury Greer
Marilyn Gunstream
Steve Hartman
Mike Merandi
Nicki Shaw
Cliff Wurst

# **Adjunct Faculty**

Steve Handy Ben Noonan Scott Norman Traci Stone Cheri Swatek Andrew Wheeler

# 3. Program description and mission

Physical Education offers a diverse curriculum. The program includes lower division theory courses designed for those who want to complete their Associate in Science Degree in Physical Education and transfer to an institution of higher learning. Courses provide students a wide variety of movement experiences for the development of physical activity skills and knowledge necessary for lifetime wellness. An adapted activities curriculum is available for students with disabilities. An intercollegiate athletic program offers performance-oriented students opportunities for competition.

Physical education courses satisfy general education requirements for an associate in science degree and lower division transfer. The physical education program has seen an increase in the number of majors from 50 in 2008-09 to 231 in 2009-10. Of those 50 students in 2008-09, 11 obtained an AS degree and another 11 students obtained their AS degree in 2009-10. Student successful course completion and retention rates in the program are strong with 96% retention rate compared to 94.2% campus wide and the success rate is 76% compared to 70.8% campus wide.

# 4. Program Goals and Objectives

The goals and objectives of the Physical Education Program are:

- a) Instruct and inspire students to stay fit and to begin a lifelong commitment to health and good fitness habits through fitness and theory courses.
- b) Empower students to demonstrate, in theory and activity courses such as yoga, an understanding of how physical education is an important component of the development of the whole person-spirit, mind, and body
- Ensure students understand the health, fitness, and basic nutritional aspects of physical education through the fitness for life, health science and nutrition courses.
- d) Allow students the ability to identify the psychological aspects and dynamics of individual and team sports.

- e) Allow students to easily matriculate to university level programs with a comprehensive foundation in physical education coursework.
- f) Impart the knowledge, values, and skills necessary to become lifelong learners/movers by practicing wellness habits and developing positive social skills while participating in a variety of movement experiences
- g) To provide lecture courses based on the science of kinesiology and offer a variety of lifetime fitness activities in proven concepts of wellness and fitness
- h) Provide opportunities for students to gain experience in and knowledge of physical fitness concepts: to develop healthful living practices that promote lifelong wellness; to acquire skills in sport activities; to gain exposure to competitive and performance activities
- i) To develop a physically educated person, who has learned skills necessary to perform a variety of physical activities, is physically fit, participates regularly in physical activity, know the benefits from involvement in physical activity and values physical activity and its contributions to a healthy lifestyle
- j) To develop in each student an understanding of the relationship of good body function and exercise; to motivate each student to develop physical fitness, to foster good social and emotional adjustment; to enable students to discover and develop their individual talents through physical development

# 5. Review of previous recommendations

The physical education aquatics, fitness, individual and theory programs were previously reviewed separately in 2004-05. They are now being consolidated into one Physical Education program review for 2009-10. The recommendations were made and completed for these programs in the previous reviews are listed here.

- Previous Recommendation: Revise course outlines to measure student learning outcomes within three years.
- -- Previous Recommendation Completed: All courses in the program have SLO's written and all SLO's are being reviewed and sent through the Curriculum Committee Spring 2011. (Completed 2008-09)
- •Previous Recommendation: Review course outlines for consistency and continuity with requirements for all four-year college or university systems so that full-time and adjunct instructors understand the objectives and requirements for all courses. It was also recommended that all course outlines and course syllabi be continually reviewed and updated to reflect SLO, program, and district policy changes.
- -- Previous Recommendation Completed: All course outlines have been reviewed and continue to be reviewed on a yearly basis. SLO's have been written in all courses and appear on the course outline of record. All the SLO's are being reviewed in Spring '11. (Completed 2008-09)
- •Previous Recommendations: Implementation of student learning outcomes with appropriate standards of assessment in all courses over a three year period. The physical

education faculty should explore the implementation of current fitness assessment lab into all theory related curriculum. Faculty should research current fitness assessment technology and testing modalities for use in the fitness center assessment lab.

- -- Previous Recommendations Completed: Assessments for theory courses 170, 171 and 171H are being done by all instructors of these courses by way of an end of semester exit exam. Individual instructors are assessing the SLO's in the other courses. It was recommended that instructors be able to assess SLO's using the Fitness Assessment Lab or by using other mobile devices. A second computer in the assessment lab has been added to provide "MicroFit" software installed for use in SLO assessments. Other mobile devices such as hand held heart rate monitors and body fat monitors have been purchased to achieve these same goals. Instructors are utilizing either the "MicroFit" software or the mobile devices such as hand held heart rate monitors, hand held body fat analyzers and blood pressure monitors to assess SLO's. (Completed 2008-09)
- Previous Recommendation: The physical education program should continue to explore course scheduling options to ensure flexibility and access for all students.
- -- Previous Recommendation Completed: The department looked at options for scheduling classes in regards to time offered, whether they are scheduled as traditional semester or accelerated, arranged or Friday classes to improve student retention and success. Scheduling of classes will be continually explored as we thoroughly research and implement course offerings. (Completed 2008-09)
- Previous Recommendation: The long range facility plans should be coordinated to accommodate growth in both the physical education and athletics programs. Long range aquatics facility plan should be coordinated to maintain efficient operation of the aquatics center.
- -- Previous Recommendation Completed: These recommendations are ongoing each academic year. (Completed 2008-09)
- Previous Recommendation: Aquatics program faculty should explore program expansion to meet future needs of students. Another recommendation was to hire a full time faculty position as the aquatics center coordinator.
- -- Previous Recommendation Pending: These recommendations concerning the aquatics program are still pending due to the state budget crisis.
- •Previous Recommendation: Physical education faculty should explore the feasibility of adding a Personal Fitness Trainer Certification course in conjunction with the National Council on Strength and Fitness (NCFS) that would certify students to be personal trainers to enter the workforce.
- -- Previous Recommendation Pending: The physical education program is continuing to explore the addition of Fitness Certification.

# 6. List and Review of Degrees, Certificates, and Awards

Kinesiology (Physical Education) is one of the fastest growing majors, according to the August, 2010 issue of Inside Higher Education. The number of majors has increased dramatically to enable students to pursue careers in physical therapy, allied health or medical professions like athletic trainer, occupational therapist or physician assistant. A new need for elementary- and middle-school physical education coaches is also on the horizon, as the movement to improve children's health continues. The number of majors at Citrus College has increase from 50 students in 2008-09 to 231 students in 2009-10.

The program offers a sufficient number of class sections to allow a full-time, prepared student to efficiently complete their physical education degree within two years. Our program supports transfer to four-year institutions to complete a bachelor's degree in Kinesiology. All physical education courses fulfill articulation requirements to the CSU and UC institutions throughout the state.

The objectives of the Citrus College Physical Education A.S. Degree are as follows:

- 1. To provide individuals with skills in activities that they may enjoy for a lifetime.
- 2. To provide individuals with an understanding of and a means of maintenance of physical fitness
- 3. To provide introductory course work for students wishing to enter the field.

Students are asked to select 18 "degree appropriate" units as listed below.

This degree requires meeting the Citrus College General Education and proficiency requirements combined with successful completion (grades of "C" and above) of the following major requirements:

12-18 Units	from the courses listed below:	Units
CORE		
-PE169	Introduction to Coaching	3
-PE170	Fitness for Life	3
-PE171	Health Science	3
-PE171H	Health Science - Honors	3
-PE172	Introduction to Physical Education	3
-PE173	Nutrition for Fitness	3
-PE174	Introduction to Team Sports	3
-PE175	Introduction to Individual and Dual Sports	3
-PE176	Elementary School Physical Education	2
-PE177	First Aid - Responding to Emergencies	3
-PE182	Care and Prevention of Athletic Injuries	3

2-6 units may be taken from the courses listed below	Units
Theory	
-PE184 Volleyball Theory	2
-PE185 Softball Theory	2
-PE186 Baseball Theory	2
-PE187 Techniques and Strategy of Intercollegiate	Football 2

-PE188 -PE191 -PE192 -PE193 -PE194	Basketball Theory Theory of Intercollegiate Golf Aquatic Theory and Techniques Track and Field Theory and Techniques Soccer Theory	2 2 2 2 2
Varsity Spor	t Courses	
-PE209	Women's Varsity Soccer	2
-PE211	Women's Varsity Volleyball	
-PE212	Varsity Swimming	2
-PE213	Women's Varsity Basketball	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2
-PE214	Women's Varsity Softball	2
-PE215	Varsity Track and Field	2
-PE216	Varsity Cross Country	2
-PE220	Men's Varsity Football	2
-PE221	Men's Varsity Basketball	2
-PE222	Men's Varsity Track and Field	2
-PE224	Men's Varsity Baseball	2
-PE225	Men's Varsity Golf	2
-PE226	Men's Varsity Cross Country	2
-PE227	Women's Varsity Golf	2
-PE228	Men's Varsity Swimming	2
-PE229	Men's Varsity Water Polo	2
-PE230	Women's Varsity Water Polo	2
-PE231	Men's Varsity Soccer	2
Biological Sc	ience	
-BIOL200	Human Anatomy	4
-BIOL201	Human Physiology	4
	Total Units	18

Degree or Certificate Title	Date last reviewed by Curriculum	Average number of awards each year	Date degree SLOs written	Date degree SLOs Assessed	Date last reviewed by Advisory Council
Associate of Science (A.S.) degree Physical Education	Spring '09	8	Spring '09	Spring '09	

# 7. List of Industry-Based Standard Certificates and Licenses

Lifeguard Certification - Issued through the American Red Cross. Certification is done through PE 141 Lifeguard Training.

First Aid/CPR/AED Certification - Issued through the American Red Cross. Certification is done through PE 177 First Aid - Responding to Emergencies.

# 8. Advisory Committee or Council

Not applicable -

# 9. Program Student Learning Outcomes

The Physical Education Program has adopted the Institutional General Education Competencies of Citrus College (as approved by Steering December 8, 2008). General education competencies serve as a common set of core curricular components identified and defined by faculty. Student learning outcomes are behaviors based on these competencies.

Any student transferring, completing a degree or certificate from Citrus College, must demonstrate effectively assessed awareness, understanding, knowledge, skills, and abilities in the selected competencies.

Students completing courses in the Physical Education Program will have acquired the following competencies:

# 1) Communication (personal expression and information acquisition)

## 2) Computation

## 3) Creative, Critical, and Analytical Thinking, and Information Competency

- A. Analyze and appropriately adjust the intensity of their workout in accordance with their personal target heart rate zone related to ACSM (American College of Sports Medicine) guidelines to achieve maximal benefit.
- B. Exhibit awareness and identify the dimensions of health and recognize positive characteristics of each dimension in order to live a more healthy lifestyle.

## 4) Community/Global Consciousness and Responsibility

## 5) Technology

## 6) Discipline / (Subject Area Specific Content Material)

- A. Demonstrate competency in physical education fundamental techniques to improve individual sport specific skills measured by instructor observation, guided practice, and live play activities during classroom instruction.
- B. Synthesize feedback received from game play, instructor feedback and assessment to develop an understanding of current skill level and areas for growth.
- C. Determine current level of fitness as measured by one or more of the following tests: resting heart rate, blood pressure, sit and reach flexibility, skin fold measurements, muscular endurance tests, and cardiovascular submaximal tests.

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SLO 1         I -D         I -D         I -D         I -D         Fall '08           SLO 2         I -D         I -D         I -D         I -D         I -D         Fall '08           SLO 3         I -D         I -D         I -D         I -D         I -D         Fall '08           SLO 4         I -D         I -D         I -D         I -D         Fall '08           SLO 5         NA         Fall '08         Fall '08	SLO 1         I -D         I -D         I -D         I -D         I -D         I -D         Fall '08           SLO 2         I -D         I -D         I -D         I -D         I -D         I -D         Fall '08           SLO 3         I -D         I -D         I -D         I -D         I -D         Fall '08           SLO 4         I -D         I -D         I -D         I -D         Fall '08           SLO 5         NA         Fall '08         Fall '08					rriculum Po	view Mar	h '08• N	ext Revision	Sn'11 T		
SLO 2         I -D         I -D         I -D         I -D         Fall '08           SLO 3         I -D         I -D         I -D         I -D         I -D         Fall '08           SLO 4         I -D         I -D         I -D         I -D         I -D         Fall '08           SLO 5         NA         Fall '08         Fall '08         Fall '08	SLO 2         I -D         I -D         I -D         I -D         I -D         Fall '08           SLO 3         I -D         I -D         I -D         I -D         I -D         Fall '08           SLO 4         I -D         I -D         I -D         I -D         Fall '08           SLO 5         NA         Fall '08         Fall '08		or Otter	M FAII (			VICW MAI	1 00,1			I-D	Fall '08
SLO 3         I -D         I -D         I -D         I -D         I -D         I -D         Fall '08           SLO 4         I -D         I -D         I -D         I -D         I -D         Fall '08           SLO 5         NA         I -D         I -D         I -D         Fall '08	SLO 3         I -D         Fall '08           SLO 4         I -D         I -D         I -D         I -D         I -D         Fall '08           SLO 5         NA         Fall '08         Fall '08							-				
SLO 4         I -D         I -D         I -D         I -D         I -D         Fall '08           SLO 5         NA         Fall '08         Fall '08	SLO 4         I -D         I -D         I -D         I -D         I -D         Fall '08           SLO 5         NA         Fall '08         Fall '08								1			
SLO 5 NA Fall '08	SLO 5 NA Fall '08											
				NA								
SIO 6							NA	1				
		310 0					1 1/1 %					- an 00

	CC 1	CC 2	CC 3	CC 3	CC4	CC 5	CC6	CC6	CC6	Date of Assessment Semester/Year Or Ongoing Assessment (CA)
PE 134 S		1 ur								
Date La	st Offere	ed Sp 11;	; Last Curi	riculum Revi	ew March	'08; Nex	t Revision S	p'11 T		
SLO 1							I – D	I – D	I – D	CA
SLO 2							I – D	I – D	I – D	CA
SLO 3							I – D	I – D	I – D	CA
SLO 4			I – D	I - D						CA
SLO 5			I - D	I - D						CA
SLO 6					NA					
	ı	I				I			l	
PE 135	Volleyba	ıll 1 ur	nit							
Date La	st Offere	ed Sp 11:	Last Curi	riculum Revi	ew June '0	8; Next l	Revision Sp	'11 T	,	
SLO 1							I – D	I – D	I – D	CA
SLO 2							I – D	I – D	I – D	CA
SLO 3							I – D	I – D	I – D	CA
SLO 4							I – D	I – D	I – D	CA
SLO 5			I – D	I – D						CA
SLO 6					NA					

	CC 1	CC 2	CC 3 A	CC 3 B	CC4	CC 5	CC6 A	СС6 В	CC6 C	Date of Assessment Semester/Year Or Ongoing Assessment (CA)
	Water P ast Offer		it Last Curri	culum Revi	ew March '(	)8; Next Rev	vision Sp'1	1 T		Inactivate course through
SLO 1										Curriculum
SLO 2										
3LO 2										
PE 141	Lifeguar	d Trainin	ng 1 unit							
			Last Curri	culum Revi	ew March '(	8;Next Rev	ision Sp'11	T		
SLO 1			I – D	I – D						Summer '07
SLO 2			I – D	I – D						Summer '07
SLO 3							I – D	I – D	I – D	Summer '07
	•	•			•	•	•			
			ning 1 unit							
Date L	ast Offer	ed Sp; La	st Curriculu	ım Review N	March '08; I	Next Revisio	on Sp'11 T			
SLO 1			I – D	I – D						CA
SLO 2			I – D	I – D						CA
SLO 3			I – D	I – D						CA
SLO 4							I – D	I – D	I – D	CA
SLO 5							I – D	I – D	I – D	CA
SLO 6							I – D	I – D	I – D	CA
			nediate 1 un							
	ast Offer	ed Sp '11;	Last Curric		w March '0	8; Next Rev	ision Sp'11	T	ı	
SLO 1			I – D	I – D						CA
SLO 2			I – D	I – D						CA
SLO 3			I – D	I – D						CA
SLO 4							I – D	I – D	I – D	CA
SLO 5							I – D	I – D	I – D	CA
SLO 6							I – D	I – D	I – D	CA
			tructor 1 un		N	0. N. 4 D	0 111	/ID		
	ast Offer	ea Su '07; 	Last Curric		w March '0	ð; Next Rev	1810n Sp/11	T		Cummor '07
SLO 1			I – D	I – D						Summer '07 Summer '07
SLO 2			1-1)	1-1)			I – D	I – D	I – D	Summer '07
SLO 3		<u> </u>	<u> </u>				ן די ט	ע – ו	1-1/	Summer 0/
DE 145	Ctucnath	Tuoinin	g, Balance ar	ad Agilita 1	unit					
	_	_	g, Balance al D; Last Curi			8; Next Revi	ision Sp '11	l		
SLO 1							I – D	I – D	I – D	CA
SLO 2							I – D	I – D	I – D	CA
SLO 3							I – D	I – D	I – D	CA
SLO 4					NA					CA
SLO 5							I – D	I – D	I – D	CA
		1	I – D	I – D	t	<b>I</b>	t			CA

	CC 1	CC 2	CC 3 A	CC 3 B	CC4	CC 5	CC6 A	CC6 B	CC6 C	Date of Assessment Semester/Year Or Ongoing Assessment (CA)
		rcise 1 unit 1 '07; Last Cu	rriculum Re	eview Marcl	1 '08: Nex	rt Revision S	Sp'11 T		l	
SLO 1		Lust Cu		THE WINDER	00,110	THE VISION A	I-D	I – D	I – D	Summer '07
SLO 2							I – D	I – D	I – D	Summer '07
SLO 3							I – D	I – D	I – D	Summer '07
SLO 4							I – D	I – D	I – D	Summer '07
SLO 5							I-D	I-D	I-D	Summer '07
SLO 6							I-D	I-D	I-D	
PE 147 S	Swimming fo	r Cardiovasc	ular Improv	ement 1 uni	t					
Date Las		ring '10; La				; Next Revi		T		
SLO 1							I – D	I – D	I – D	Spring '10
SLO 2							I – D	I – D	I – D	Spring '10
SLO 3							I – D	I – D	I – D	Spring '10
SLO 4							I – D	I – D	I – D	Spring '10
DE 140	A J 4. J A		1	4						
		quatic Exer ill '10;Last C			h '08; Ne	xt Revision	Sp'11 T			
SLO 1							I – D	I – D	I – D	CA
SLO 2							I – D	I – D	I – D	CA
SLO 3							I – D	I – D	I – D	CA
SLO 4							I – D	I – D	I – D	CA
SLO 5			I – D	I – D						CA
SLO 6					NA					
		hysical Edu ıll '10;Last C			h '08· Ne	yt Revision	Sp'11 T			
SLO 1	St Officieu Fa	III 10,Last C		CVICW WIAIC	1 00, 110	At ICVISION	I-D	I – D	I – D	CA
SLO 2							I – D	I – D	I – D	CA
SLO 3							I – D	I – D	I – D	CA
SLO 4			I – D	I – D						CA
SLO 5							I – D	I – D	I – D	CA
SLO 6					NA					
		<u>l</u>	<u>l</u>	<u> </u>	1	<u>l</u>	L	I	1	
		litioning 1 u								
Date Las SLO 1	st Offered Fa	all '10;Last C	urriculum R	eview Marc	h '08; Ne	xt Revision	Sp'11 T I-D	I – D	I – D	CA
SLO 2							I – D	I – D	I – D	CA
SLO 3							I – D	I – D	I – D	CA
SLO 4							I – D	I – D	I – D	CA
SLO 5							I – D	I – D	I – D	CA
SLO 5					NI A		1-1/	1-1/	1-1/	CA
					NA					
SLO 7					NA					

	CC 1	CC 2	CC 3 A	CC 3 B	CC4	CC 5	CC6 A	СС6 В	CC6 C	Date of Assessment Semester/Year Or Ongoing Assessment (CA)
PE 152	Weight Tra	aining 1 ur	nit	D M	L 200. N	4 D	- C211	Т		
SLO 1	st Offered Fa	iii 10;Last C	I – D	I – D	arch '08; Ne	xt Kevisioi	n Sp <sup>*</sup> 11	T	<u> </u>	CA
SLO 2			I – D	I – D						CA
SLO 3							I – D	I – D	I – D	CA
SLO 4							I – D	I – D	I – D	CA
SLO 5							I – D	I – D	I – D	CA
SLO 6					NA					
PE 153	Walking/Jo	ogging 1 un	it							
Date La	st Offered Fa	ill '10;Last C	Curriculum I – D	Review Ma	arch '08; Ne	xt Revision	n Sp'11	T	1	CA
SLO 1 SLO 2			1-D I-D	1-D I-D						CA CA
			1 – D	1-10			T D	T D	T D	
SLO 3							I – D	I – D	I – D	CA
SLO 4							I – D	I – D	I – D	CA
SLO 5							I – D	I – D	I – D	CA
	Advanced st Offered Fa				arch '08; Ne	xt Revision	n Sp'11 I – D	T I – D	I-D	CA
SLO 2							I – D	I-D	I-D	CA
							I-D	I-D	I – D	
SLO 3										CA
SLO 4			7 B	1 D			I – D	I – D	I – D	CA
SLO 5			I – D	I – D						CA
SLO 6					NA					
Date La	Cardiovaso st Offered Fa			Review Ma	arch '08; Ne	xt Revisio	n Sp'11	T		
SLO 1			I – D	I – D						CA
SLO 2							I – D	I – D	I – D	CA
				•	•	•		•		
PE 169 Introduction to Coaching 3 units Date Last Offered Fall '10;Last Curriculum Review Feb '07; Next Revision Sp'11 T - D										
SLO 1							I,D,M	I,D,M	I,D,M	CA
SLO 2							I,D,M	I,D,M	I,D,M	CA
SLO 3							I,D,M	I,D,M	I,D,M	CA
SLO 4							I,D,M	I,D,M	I,D,M	CA
SLO 5							I,D,M	I,D,M	I,D,M	CA
SLO 6							I,D,M	I,D,M	I,D,M	CA
SLO 7			I,D,M	I,D,M						CA

	CC 1	CC 2	CC 3 A	CC 3 B	CC4	CC 5	CC6 A	CC6 B	CC6 C	Date of Assessment Semester/Year Or Ongoing Assessment (CA)
	Fitness				). · ·	4 · 107 · 1	T. 4 D. *.*	0 . 111	T D	
SLO 1	ast Offer	ed Fall	10;Last Cu I,D,M	I,D,M	keview iv	1ay '07; 1	Next Revis	on Sp <sup>*</sup> 11	1 - D	CA
SLO 2			I,D,M	I,D,M						CA
SLO 3			I,D,M	I,D,M						CA
SLO 4			I,D,M	I,D,M						CA
SLO 5							I,D,M	I,D,M	I,D,M	CA
	I	I			I					
	Health		3 units 10;Last Cu	rriculum I	Paviow N	Iov 207: I	Navt Ravisi	ion Sn'11	T _ D	
SLO 1	ast Offer	eu Faii	I,D,M	I,D,M	Xeview iv	1ay 07, 1	Text Revisi	lon Sp 11	- D	CA
SLO 2			I,D,M	I,D,M						CA
SLO 3			I,D,M	I,D,M						CA
SLO 4			I,D,M	I,D,M						CA
SLO 5							I,D,M	I,D,M	I,D,M	CA
DE 4#4	****		***	•,						
			e Honors 3 10;Last Cu		Review M	1av '07; I	Next Revisi	ion Sp'11	T - D	
SLO 1			I,D,M	I,D,M						CA
SLO 2			I,D,M	I,D,M						CA
SLO 3			I,D,M	I,D,M						CA
SLO 4			I,D,M	I,D,M						CA
SLO 5			I,D,M	I,D,M						CA
SLO 6							I,D,M	I,D,M	I,D,M	CA
SLO 7	NA									CA
SLO 8		NA								CA
SLO 9			I,D,M	I,D,M						CA
SLO 10						NA				CA

	CC 1	CC 2	CC 3 A	CC 3 B	CC4	CC 5	CC6 A	CC6 B	CC6 C	Date of Assessment Semester/Year Or Ongoing Assessment (CA)
				cation 3 uni ım Review M		Revision S	n'11 T - D			
SLO 1		10,24	I,D,M	I,D,M						CA
SLO 2			I,D,M	I,D,M						CA
SLO 3			I,D,M	I,D,M						CA
SLO 4			I,D,M	I,D,M						CA
SLO 5			I,D,M	I,D,M						CA
SLO 6							I,D,M	I,D,M	I,D,M	CA
SLO 7	NA									CA
SLO 8		NA								CA
SLO 9					NA					CA
SLO 10						NA				CA
Date Last	Offered F	2-11 (10.T -								
Date Last			ss 3 units							
		all 10;La	st Curriculu I,D,M	m Review Ma	ay '07; Next	Revision S	p'11 T - D			CA
SLO 2		all 10;La			ay '07; Next	Revision S	p'11 T - D			
SLO 2		all 10;La	I,D,M	I,D,M	ay '07; Next	Revision S	p'11 T - D			CA
SLO 2 SLO 3		an Tu;La	I,D,M I,D,M	I,D,M I,D,M	ay '07; Next	Revision S	p'11 T - D			CA CA
SLO 2 SLO 3		ан 10;Lа	I,D,M	I,D,M	ay '07; Next	Revision S	p'11 T - D			CA
SLO 2 SLO 3 SLO 4		an Tu;La	I,D,M I,D,M	I,D,M I,D,M	ay '07; Next	Revision S	p'11 T - D			CA CA
SLO 2 SLO 3 SLO 4 SLO 5		an Tu;La	I,D,M I,D,M I,D,M	I,D,M I,D,M I,D,M	ay '07; Next	Revision S	p'11 T - D			CA CA
		an Tu;La	I,D,M I,D,M I,D,M	I,D,M I,D,M I,D,M	ay '07; Next		p'11 T - D			CA CA CA CA
SLO 2 SLO 3 SLO 4 SLO 5 SLO 6		an Tu;La	I,D,M I,D,M I,D,M	I,D,M I,D,M I,D,M	ay '07; Next	NA	p'11 T - D			CA CA CA CA CA
SLO 2 SLO 3 SLO 4 SLO 5 SLO 6 SLO 7		ion to Te	I,D,M I,D,M I,D,M I,D,M I,D,M	I,D,M I,D,M I,D,M I,D,M I,D,M		NA NA				CA CA CA CA CA
SLO 2 SLO 3 SLO 4 SLO 5 SLO 6 SLO 7  PE 174 I Date Last		ion to Te	I,D,M I,D,M I,D,M I,D,M I,D,M	I,D,M I,D,M I,D,M I,D,M		NA NA		I,D,M	I,D,M	CA CA CA CA CA
SLO 2 SLO 3 SLO 4 SLO 5 SLO 6 SLO 7 PE 174 I Date Last SLO 1		ion to Te	I,D,M I,D,M I,D,M I,D,M I,D,M	I,D,M I,D,M I,D,M I,D,M I,D,M		NA NA	p'11 T - D	I,D,M	I,D,M	CA CA CA CA CA CA CA
SLO 2 SLO 3 SLO 4 SLO 5 SLO 6 SLO 7  PE 174 I Date Last SLO 1 SLO 2		ion to Te	I,D,M I,D,M I,D,M I,D,M I,D,M	I,D,M I,D,M I,D,M I,D,M I,D,M		NA NA	p'11 T - D I,D,M			CA CA CA CA CA CA CA CA
SLO 2 SLO 3 SLO 4 SLO 5 SLO 6 SLO 7  PE 174 I Date Last SLO 1 SLO 2 SLO 3		ion to Te	I,D,M I,D,M I,D,M I,D,M I,D,M	I,D,M I,D,M I,D,M I,D,M I,D,M		NA NA	p'11 T - D I,D,M	I,D,M	I,D,M	CA CA CA CA CA CA CA CA CA
SLO 2 SLO 3 SLO 4 SLO 5 SLO 6 SLO 7		ion to Te	I,D,M I,D,M I,D,M I,D,M I,D,M	I,D,M I,D,M I,D,M I,D,M I,D,M		NA NA	p'11 T - D I,D,M I,D,M	I,D,M	I,D,M	CA

	CC 1	CC 2	CC 3 A	CC 3 B	CC4	CC 5	CC6 A	CC6 B	CC6 C	Date of Assessment Semester/Year Or Ongoing Assessment (CA)
				Dual Spor						
Date Las SLO 1	st Offered F	all '10;Last	Curriculur I,D,M	n Review Ap	oril '08; Nex	t Revision S	p'11 T - I	)		CA
520 1				, ,						
SLO 2			I,D,M	I,D,M						CA
SLO 3			I,D,M	I,D,M						CA
SLO 4			I,D,M	I,D,M						CA
SLO 5			I,D,M	I,D,M						CA
SLO 6			I,D,M	I,D,M						CA
			1							
				ducation 3		ext Revision	Sn'11 T.	. D		
SLO 1	St Officieur	an 10, Las	Curricula	III KCVICW IV	laren oo, iv	CAT REVISION	I,D,M	I,D,M	I,D,M	CA
SLO 2							I,D,M	I,D,M	I,D,M	CA
SLO 3							I,D,M	I,D,M	I,D,M	CA
SLO 4							I,D,M	I,D,M	I,D,M	CA
SLO 5							I,D,M	I,D,M	I,D,M	CA
SLO 6					NA					CA
				l	l			1	1	
		-	_	rgencies 3			3 444 T	D		
Date La SLO 1	st Offered F	all '10; La	st Curricul	um Review .	June '08; Ne	xt Revision S	Sp'11 T - I,D,M	I,D,M	I,D,M	CA
SLO 2							I,D,M	I,D,M	I,D,M	CA
SLO 3							I,D,M	I,D,M	I,D,M	CA
SLO 4							I,D,M	I,D,M	I,D,M	CA
SLO 5							I,D,M	I,D,M	I,D,M	CA
SLO 6			I,D,M	I,D,M						CA
SLO 7			I,D,M	I,D,M						CA

	CC 1	CC 2	CC 3 A	CC 3 B	CC4	CC 5	CC6 A	CC6 B	CC6 C	Date of Assessment Semester/Year Or Ongoing Assessment (CA)
				Injuries 3		vt Rovisio	n Sn'11 T	- D		
SLO 1	ist Official v	VIII. 11, 1	Last Curricu	Tum Review	June 00, 140	At IXC VISIO	I,D,M	I,D,M	I,D,M	CA
SLO 2							I,D,M	I,D,M	I,D,M	CA
SLO 3							I,D,M	I,D,M	I,D,M	CA
SLO 4							I,D,M	I,D,M	I,D,M	CA
SLO 5			I,D,M	I,D,M						CA
SLO 6			I,D,M	I,D,M						CA
			1	ı		1	ı	ı	ı	
	Volleyball		2 units				_	_		
Date La SLO 1	ist Offered F NA	all '08; Las	t Curricului	m Review Ma	rch'08; Nex	t Revision	Sp'11 T	- D		Fall '08
SLO 2	NA									Fall '08
SLO 3	NA									Fall '08
SLO 4	NA NA									Fall '08
SLO 5	1,12		I,D, M	I,D, M						Fall '08
010 5			1,2,	1,2,111						1 00
PE 185	Softball T	heory 2 m	nits							
Date La				n Review Jun	ie '08; Next l	Revision S	p'11 T - l	D		
SLO 1	NA									Fall '09
SLO 2	NA									Fall '09
SLO 3	NA									Fall '09
SLO 4	NA									Fall '09
SLO 5			I,D, M	I,D, M						Fall '09
	Baseball T			m Davi I	no 200, N 4	Davidi C	T	D		
SLO 1	NA NA	all UF; Las	Curricului	m Review Jui	ne uo; Next	Kevision S	ър 11 <b>1</b> -			Fall '09
SLO 2	NA									Fall '09
SLO 3	NA									Fall '09
SLO 4	NA									Fall '09
SLO 5			I,D, M	I,D, M						Fall '09
		<u> </u>	<u> </u>	1	<u> </u>	1	1	1	1	
				ercollegiate						
		Fall '09; Las	t Curricului	m Review Jui	ne '08; Next	Revision S	Sp'11 T -	D	1	
SLO 1	NA NA									
SLO 2	NA NA									
SLO 3	NA NA									
SLO 4	NA		10.37	10.37						E II (60
SLO 5			I,D, M	I,D, M						Fall '09

	CC 1	CC 2	CC 3 A	CC 3 B	CC4	CC 5	CC6 A	CC6 B	CC6 C	Date of Assessment Semester/Year Or Ongoing Assessment (CA)
		all Theory			<u> </u>		-		ı	
		Fall '09; I	ast Currici	ulum Reviev	June '08	; Next Revis	sion Sp'11	T - D	T	
SLO 1	NA									
SLO 2	NA									
SLO 3	NA									
SLO 4	NA									
SLO 5			I,D, M	I,D, M						Fall '09
				, ,						
PE 191	Theory	of Intercol	llegiate Go	olf 2 units						
	-	Fall '09; I	_		June '08	; Next Revi	sion Sp'11	T - D		
SLO 1							I,D,M	I,D,M	I,D,M	Fall '09
SLO 2							I,D,M	I,D,M	I,D,M	Fall '09
SLO 3							I,D,M	I,D,M	I,D,M	Fall '09
SLO 4							I,D,M	I,D,M	I,D,M	Fall '09
SLO 5			I,D, M	I,D, M						Fall '09
		Theory ar								
	st Offered	Fall '09; I	Last Currici	ulum Reviev	y June '08	; Next Revi		T - D	10.11	
SLO 1							I,D,M	I,D,M	I,D,M	Fall '09
SLO 2 SLO 3							I,D,M	I,D,M I,D,M	I,D,M I,D,M	Fall '09 Fall '09
SLO 4							I,D,M	I,D,M	I,D,M	Fall '09
SLO 5			I,D, M	I,D, M			1 1	, ,	1 1	Fall '09
								l.		
PF 193	Track a	nd Field T	heary and	Technique	es 2 uni	ite				
		Fall '09; I					sion Sp'11	T - D		
SLO 1	NA									
SLO 2	NA									
SLO 3	NA									
SLO 4	NA									
SLO 5	NA									
SLO 6	NA									
SLO 7			I,D,M	I,D,M		1				Fall '09
SLU /			1,17,171	1,17,111		]		]		ran uz
DE 12:	~	-								
		Theory 2		, .	¥	<b>N</b> Y		T. P.		
SLO 1	st Offered NA	Fall '09; I	Last Currici	iium Reviev	v June '08 	; Next Revis	sion Sp'11	1 - D		
SLO 2	NA									
SLO 3	NA									
SLO 4	NA									
SLO 5			I,D,M	I,D,M			1			Fall '09
JLUJ		l	-,,	-,,		1	1	1	1	ran v

# 10. Curriculum Review and Student Learning Outcomes Assessment

# Curriculum/SLO Assessment Map

Physical Education Program

Course	Course Name	Last Reviewed	*Date for next	Date Last	**Most Recent
Number		by Curriculum	revision (six	Offered	SLO's Assessed
PE 101	Dodminton	Oct 2007	year cycle)	Curing !11	Saa Matriy
PE 101 PE 102	Badminton Bowling		Spring '11	Spring '11 Fall '09	See Matrix
PE 102 PE 103	Golf	April 2008 April 2008	Spring '11 Spring '11	Spring '11	,,
PE 103	Self Defense and Personal Safety	Dec 2008	Spring 11 Spring '11	Fall '06	,,
PE 104	Racquetball	Feb 2010	Spring '11 Spring '11	Fall '09	"
PE 108	Tennis	June 2008	Spring '11	Spring '11	"
PE 110	Shao-lin Kung Fu	Nov 2008	Spring '11	Spring '16 Spring '06	"
PE 112	Tai Chi Chuan	May 2009	Spring '11	Spring '06	"
PE 115	Snowboarding	April 2008	Spring '11	Winter '08	"
PE 116	Yoga	Dec 2007	Spring '11	Spring '11	"
PE 130	Basketball	Oct 2007	Spring '11	Spring '11	"
PE 132	Football	Oct 2007	Spring '11	NA	"
PE 133	Soccer	March 2008	Spring '11	Fall '08	"
PE 134	Softball	March 2008	Spring '11	Spring '11	"
PE 135	Volleyball	June 2008	Spring '11	Spring '11	"
PE 136	Water Polo	March 2008	Spring '11	NA	"
PE 141	Lifeguard Training	May 2008	Spring '11	Sum '07	"
PE 142	Swimming-Beginning	May 2008	Spring '11	Fall '10	"
PE 143	Swimming-Intermediate/Advance	May 2008	Spring '11	Spring '11	"
PE 144	Water Safety Instructor	May 2008	Spring '11	Sum '07	"
PE 145	Strength Training, Balance and Agility	May 2008	Spring '11	Fall '10	"
PE 146	Water Exercise	March 09	Spring '11	Sum '07	"
PE 147	Swimming for Cardiovascular improvement	Oct 2007	Spring '11	Spring '10	"
PE 148	Adapted Aquatic Exercises	April 2008	Spring '11	Fall '10	"
PE 150	Adapted Physical Education	March 2008	Spring '11	Spring '11	"
PE 151	Body Conditioning	Oct 2007	Spring '11	Spring '11	"
PE 152	Weight Training	June 08	Spring '11	Spring '11	"
PE 153	Walking/Jogging	March 09	Spring '11	Spring '11	"
PE 154	Advance Weight Training	March 2008	Spring '11	Spring '11	"
PE 159	Cardiovascular Training	March 08	Spring '11	Spring '11	"
PE 169	Introduction to Coaching	Feb 2007	Spring '11	Spring '11	"
PE 170	Fitness for Life	May 2007	Spring '11	Spring '11	"
PE 171	Health Science	May 2007	Spring '11	Spring '11	"
PE 171H	Health Science- Honors	May 2007	Spring '11	Spring '11	"
PE 172	Introduction to Physical Education	May 2007	Spring '11	Spring '11	"
PE 173	Nutrition for Fitness	May 2007	Spring '11	Spring '11	"
PE 174	Introduction to Team Sports	May 2007	Spring '11	Fall '10	"
PE 175	Introduction to Individual and Dual Sports	April 2008	Spring '11	Spring '11	"
PE 176	Elementary School Physical education	March 2008	Spring '11	Spring '11	"
PE 177	First Aid-Responding to Emergencies	June 2008	Spring '11	Spring '11	"
PE 182	Care and Prevention of Athletic Injuries	April 2008	Spring '11	Winter '11	"
PE 184	Volleyball Theory	March 2008	Spring '11	Fall '08	"
PE 185	Softball Theory	June 2008	Spring '11	Fall '09	"
PE 186	Baseball Theory	June 2008	Spring '11	Fall ' 09	"

PE 187	Tech and Strategy of Intercollegiate Football	June 2008	Spring '11	Fall '09	"
PE 188	Basketball Theory	June 2008	Spring '11	Fall '09	"
PE 191	Theory of Intercollegiate Golf	Feb 2009	Spring '11	Fall '09	"
PE 192	Aquatic Theory and Techniques	June 2008	Spring '11	Fall '09	"
PE 193	Track and Field Theory and Techniques	June 2008	Spring '11	Fall '09	"
PE 194	Soccer Theory	June 2009	Spring '11	Fall '09	"
	-				

## 11. Evaluation Criteria – Need

#### Commendations:

Kinesiology is one of the fastest growing majors according to the August, 2010 issue of Inside Higher Education. It ranks as the seventh largest major at the California State Universities. Citrus College has seen an increase from 50 majors in 2008-09 to 231 majors in 2009-10. The number of majors has increased dramatically to enable these students to find careers in physical therapy, allied health or medical professions like athletic trainer, occupational therapist or physician assistant. A new need for elementary- and middle-school physical education instructors is also on the horizon, as the movement to improve children's health continues. This increase in jobs will provide wages and revenues to the local economy and municipalities.

The Physical Education program currently meets the needs of the students attempting to transfer or obtain a degree as stated in the college mission statement.

The courses of the physical education program generate a large portion of the FTE's for the college.

#### Recommendations:

In the next three years, the physical education program should develop career technical certificates in high demand areas, such as fitness specialist, coaching, and aquatics specialist. A Personal Fitness Training certificate, developed in conjunction with the National Council on Strength and Fitness (NCSF) would certify students to be personal trainers and enter the workforce.

The physical education aquatics program needs an aquatics coordinator/faculty position to supervise the aquatics center, certify lifeguards, coordinate with community education, community programs, rentals and facility scheduling.

# 12. Evaluation Criteria – Quality

#### Commendations:

Student learning outcomes for all physical education courses were developed and implementation and assessment of these outcomes have been ongoing.

An Associate of Science Degree in Physical Education has been approved.

The Physical Education faculty provides for the academic and practical needs of the Physical Education student in preparation for transfer. Data provided by the Office of Institutional Research shows extremely high success and retention rates.

Full-time instructors are regularly evaluated through the tenure and post-tenure review process during which time students also have the opportunity to express written observations and concerns about faculty performance and course content.

Courses reflect the distribution of age, gender and ethnicity of the student population of the college.

The physical education instructors are current in their field of educational discipline, dedicated, and set high standards for their students and themselves.

The adaptive physical fitness center serves a diverse population with a range of disabilities. Students receive instruction in the theory and practice of improving fitness components to enhance the overall quality of life. The center has been designated a regional center by the Community College Chancellor's Office.

#### Recommendations:

Change program name to Kinesiology (Summer 2011).

Change discipline name to Kinesiolgy, Health and Athletics. (Summer 2011)

Establish a CSU transfer degree in Kinesiology (Summer 2011).

Develop a certificate program related to Kinesiology in the next three years.

Review curriculum course outlines of record to reflect updated SLO's and course objectives Spring of each year.

Update course syllabi to include clear grading policy, attendance and make-up policy, office location, office hours, drop date policy and other pertinent information as advised by best practices guidelines supported by the academic senate each semester.

Review class scheduling to maintain flexibility to ensure availability of physical education courses to meet student's academic needs each semester. Pilot test an evening schedule of fitness related courses to increase student access.

# 13. Evaluation Criteria – Feasibility

#### Commendations:

The facilities utilized by the courses in the physical education program are state of the art. These facilities provide students access to one of the regions finest fitness and aquatics centers which helps promote lifelong fitness.

The physical education program continues to benefit from improvements in the Library and Learning Resource Center and from a dedicated library staff that works in conjunction with the Physical Education Department to provide course-specific texts, materials, and technologies.

Fitness testing technology is available for instructors to assess each student's current level of fitness and to recommend fitness programs to attain individual fitness goals (i.e. blood pressure, muscular strength and endurance, cardiovascular endurance, flexibility and body composition) as mentioned in the program SLO's.

#### Recommendations:

The Physical Education Individual and Team program should continue the library's commitment to purchasing new books and videotapes that support old and new courses to increase breadth and scope of coverage.

The Facilities Master Plan should be coordinated to accommodate growth in the physical education and athletics program, especially in terms of the need for an additional weight room.

# 14. Evaluation Criteria – Compliance

#### Commendations:

Fitness Center and Pool programs meet Americans with Disabilities Act & Title V regulations.

Specific instructional efforts have been made to accommodate students with disabilities through the physical education department's fitness related course offerings as well as compliance with all approved adaptive request for lecture-based courses.

#### Recommendations:

## 15. Evaluation Criteria – Other

#### Mission

## Commendations:

The physical education program through its course offerings fulfills the objectives of and generates outcomes in line with the mission of the college to prepare students to transfer to a four year institution and offers lower division course work leading to an associates degree.

The students in physical education program courses are from culturally diverse groups. The department is sensitive to the various needs of the diverse student population, offers distance education and night classes, scheduled as traditional semester or accelerated, arranged or Friday classes.

The physical education's average success rate per semester over the past few years has been averaging 76% percent, which is above the succes rates of other departments on campus at 70.8%. The average retention rate is 96% percent, which is consistent with the retention rates of other departments on campus of 94.2%.

The current demographic profile of the physical education program students is 47.2% male and 49.6% female with 2% not reporting. The physical education program also has a diverse student population with various ethnic backgrounds. Eighty-three percent of the student population is between the ages of 19 - 24. This is slightly higher than the campus wide average of 80.6% (See attached Key Performance Indicators for age and ethnic demographics.)

# 16. Recommendations

Rank	Description of Recommendation Or Behavior to be Completed	Responsible Person(s)	Target Date	Personnel	Facilities	Equipment/ Software	Supplies
#1	Change program name to Kinesiology.	PE Faculty	Summer '11				
#2	Maintain flexibility within the scheduling of classes	PE Faculty	Summer '11				
#3	Review and update curriculum course outlines of record to reflect updated SLO's and course objectives	PE Faculty	Summer '11				
#4	Establish a CSU transfer degree in Kinesiology.	PE Faculty	Spring				
# 5	The physical education program should develop Certificate Programs, for example Personal Fitness Training	PE Faculty	Spring '12				
#6	Review and update course syllabi annually.	PE Faculty	Spring '12				
#7	The Facilities Master Plan should be coordinated to accommodate growth in the physical education and athletics program especially in terms of the need for an additional weight room.	PE Faculty/ Dean/ Coaches	Fall '12				
#8	The physical education aquatics program needs an aquatics coordinator/faculty position to supervise the aquatics center, certify lifeguards, coordinate with community education, community programs, rentals and schedule facility.	PE Faculty/ Dean/	Fall '12				
#9	Re-plaster pool	PE Dean	Fall '13		$\boxtimes$		
#10	Replace pool pump	PE Dean	Fall '13		$\boxtimes$		

# 17. Budget Recommendations

# Physical Education (Theory/Aquatics/Fitness/Individual & Team Activities) Budgeting

Resources are needed in the following areas:

# **Certificated Personnel (FNIC)**

Position	Discuss impact on goals / SLOs	Impact	Priority ‡
		$\Diamond$	
Aquatics Coordinator/ Faculty Position	Supervise Aquatics Center/ Certify Lifeguards/ Coordinate with community education/ community programs / rentals / schedule facility	Q	В
Faculty/ Coaching Positions	, , , , , , , , , , , , , , , , , , , ,	Q	В

# Classified Personnel

Position	Discuss impact on goals / SLOs	<b>Impact</b> ◊	Priority ‡

# Facilities (Facilities)

Tachieles (Tachieles)	1			
Facilities / repairs or	Discuss impact on goals / SLOs	Bldg /	<b>Impact</b> ◊	Priority ‡
modifications needed		Room		
Expanded Weight Room	Enhance lab for Fitness Training of		F	C
	PE students			
Repair Window	NO	AQ 100	F	C
Coverings in AQ 100				
Repair floor	NO	AP 110	F	С
Repair Fans in Weight	NO	PE 101	F	С
Rm				
New Carpet for fitness	NO	AP109	F	С
Center				
Re-plaster Pool			F	
Replace pool pump			F	

# Computers / Software (Tecs)

Item	Discuss impact on goals / SLOs	Cost	Impact ◊	Priority ‡
Smart Boards PE138, PE140 and/or FH 224	Facilitate Student Learning	\$12,000	F	С

## **Equipment**

Item	Discuss impact on goals / SLOs	Cost	Impact	Priority ‡
Blood Pressure Monitors		\$900 (10)	F	С

Infant Annies		\$800 (8)	F	C
Self-Defense		\$1000 (3)	F	С
Mannequins				
Hand Dynamometer		\$900 (9)	F	C
Kettle Balls		\$2000 (20)	F	C
Kettle Ball Racks		\$800 (2)	F	C
Metronome		\$100(1)	F	C
Workout Mats		\$880 (20)	F	C
Badminton Rackets		\$250 (20)	F	C
Small Dumbells		\$300	F	C
Pulse Monitors		\$1000 (3)	F	C
Lane Lines (2)		\$3000	F	C
AED Machine		\$3000	F	C
Medicine Ball w Racks		\$1000	F	C
Misc. Wt Rm	Update to meet modern fitness	\$15,000	F	C/B
Equipment	requirements			

**Supplies** (Division)

Item	Discuss impact on goals / SLOs	Cost	Impact ◊	Priority ‡
Charts	Training Room/Weight Room	\$400 (10)	F	C

#### Additional information:

#### **♦ Impact:**

**M** = **Mission:** Does program meet the District's mission and established core competencies? Does program reflect the District's diversity?

N = Need: How is program addressing needs based on labor market data, enrollment, articulation, advisory committee, regional agreements, etc.?

**Q** = **Quality:** Are lecture/lab unit values appropriate? Have the course outlines been reviewed / updated regularly? Are disciplines appropriate? Is faculty development adequate? Does program support State and District emphasis on critical thinking, problem solving and written expression? Does program meet stated objectives in the form of SLOs? Are course pre-requisites and co-requisites validated?

**F = Feasibility:** Are facilities, equipment, and library resources adequate? Are evening programs and services adequate? Are course offerings frequent enough for students to make adequate progress in both day and evening programs? Does the program have adequate communication with & support from Counseling?

**C** = **Compliance:** Do course requisites meet Federal, State & District requirements? Do the course outlines meet state, district & federal regulations for content? Do vocational programs have regular advisory meetings?

# Attachment A: Library Resources Report

LIBRARY ACTIVITY:

Library Orientations -0-

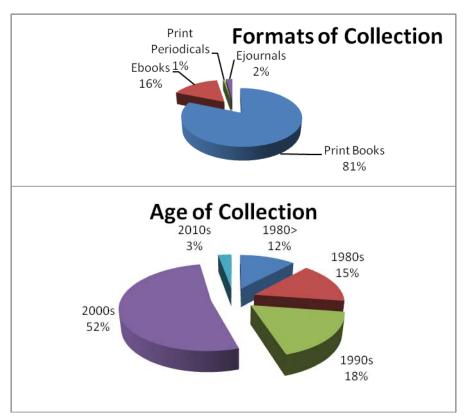
Circulation of materials in subject area:

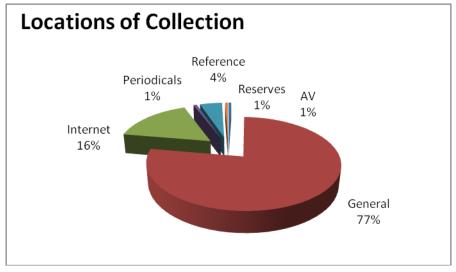
2% of total circulation

LIBRARY RESOURCES:

Dewey 796 - 799.99 653 53

613.7 - 613.794





#### Databases:

EBSCO's	Other:
Academic Search Premier * (1975-)  Multi-displinary database for academic publications including peer-reviewed journals, & images.	Gale Virtual Reference Library* reference books & specialized reference sources for multidisciplinary research.
MasterFILE Premier *(1975-) Magazines, reference books, biographies, primary documents, & images. Updated daily.	<b>Salem Health</b> (2011) <i>Magill's Medical Guide</i> , 6 <sup>th</sup> ed. Medical encyclopedia
Alt HealthWatch* (1990-) Complementary, holistic & integrated approaches to health care & wellness journals.	
Health Source: Consumer ed. behaviorial health, childcare, food sciences & nutrition, medical sciences, sports medicine & general health. Includes <i>Merriam-Webster's Medical Desk Dictionary</i> .	
Newspaper Source Plus* (1997- ) Includes San Gabriel Valley Tribune, Inland Valley Daily Bulletin, & radio & TV news transcripts.	
Vocational & Career *(1985-) Trade and industry-related journals.	

## E-journals titles in: Sports Medicine or Fitness

**AMAA journal** Title details from ulrichsweb.com<sup>™</sup>

from 02/01/2003 to present in Academic Search Premier

British journal of sports medicine (0306-3674) Title details from ulrichsweb.com™

from 01/01/1964 to 12/31/2005 in HighWire Press (Free Journals)

International sportmed journal for FIMS (1528-3356) Title details from ulrichsweb.com™

from 01/01/2000 to 2009 in Academic Search Premier

Journal of athletic training (1062-6050) Title details from ulrichsweb.com™

from 04/01/2004 to 6 months ago in Academic Search Premier

**Journal of back and musculoskeletal rehabilitation (1053-8127)** Title details from ulrichsweb.com™

from 01/01/1999 to 1 year ago in Academic Search Premier and Health Source: Nursing/Academic Edition

Journal of musculoskeletal research (0218-9577) Title details from ulrichsweb.com™

from 03/01/1999 to 1 year ago in Academic Search Premier

Journal of sports science & medicine (1303-2968) Title details from ulrichsweb.com™

from 06/01/2008 to present in Academic Search Premier

Sports medicine (Auckland) (0112-1642) Title details from ulrichsweb.com™

from 01/01/1998 to 6 months ago in Academic Search Premier

American fitness (0893-5238) Title details from ulrichsweb.com™

from 07/01/1993 to present in Academic Search Premier, Health Source: Consumer Edition, MAS Ultra - School Edition and MasterFILE Premier

Club industry's fitness business pro (1552-5503) Title details from ulrichsweb.com™

from 10/01/2004 to 09/30/2009 in Business Source Premier

Joe Weider's men's fitness (0893-4460) Title details from ulrichsweb.com™

from 01/01/2002 to present in Health Source: Consumer Edition, MAS Ultra - School Edition and MasterFILE Premier

Joe Weider's muscle & fitness (0744-5105) Title details from ulrichsweb.com™

from 01/01/2002 to present in Health Source: Consumer Edition, MAS Ultra - School Edition and MasterFILE Premier

Muscle & fitness hers (1526-9140) Title details from ulrichsweb.com™

from 02/01/2002 to 05/31/2004 in MAS Ultra - School Edition and MasterFILE Premier

Women's sports and fitness (1984) (8750-653X) Title details from ulrichsweb.com™

 $from \ 08/01/1993 \ to \ 04/30/1998 \ in \ Academic \ Search \ Premier, \ MAS \ Ultra - School \ Edition \ and \ Master FILE \ Premier$ 

## Women's sports & fitness (1998) (1099-6079) Title details from ulrichsweb.com™

 $from \ 06/01/1998 \ to \ 09/30/2000 \ in \ Academic \ Search \ Premier, \ MAS \ Ultra - School \ Edition \ and \ Master FILE \ Premier$ 

## Subject Headings:

Baseball players – United States – Biography.

College athletes – Recruiting.

Exercise – Handbooks, manuals, etc.

Football – United States – History.

Physical education and training — Vocational guidance.

Physical fitness – Physiological aspects.

Sports – Psychological aspects.

Sports - Rules.

Sports – Vocational guidance.

Sports for women.

Sports physical therapy.

Sex discrimination in sports.