

**MISSION:** Does program meet the District’s mission and established core competencies? Does program reflect the District’s diversity?

a) Review course outlines for consistency and continuity consistent with requirements of all four-year college or university systems so that full-time and adjunct instructors understand the objectives and requirements for all fitness related courses				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other
Course outlines were reviewed and updated to include SLO’s			C						
b) Revise course outlines to measure student learning outcomes within three years				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other
Begin assessment in the following courses: PE 145, PE 146, PE 147, PE 151, PE 152, PE 153, PE 154, PE 156, PE 159, PE 160 course outlines to measure SLO’s	2011 Spring	Steve Gomez	I					Faculty/Dean	

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**MISSION:** Does program meet the District’s mission and established core competencies? Does program reflect the District’s diversity?

c) The physical education fitness program should continue to explore course scheduling options to ensure flexibility and access for all students				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other
Friday and Evening Classes have been scheduled			C						

  

d) The physical education fitness program should continue to facilitate a positive working relationship between degree/credit based curriculum and non-degree/community based curriculum courses as it relates to scheduling, assessment, orientation, pedagogy, and evaluation				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other
Continue to facilitate the working relationship with Community Educ/Non-credit			C					X	

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**MISSION:** Does program meet the District's mission and established core competencies? Does program reflect the District's diversity?

e) Explore new course offerings that will meet the needs of students' changing fitness interests				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Software	Equipment	Other Personnel	Other
Survey PE theory class students regarding their favorite fitness activity interests currently not offered at Citrus College.	Fall 2013	Mike Merandi	I			X		Isabel to deliver survey questions to all relevant instructors	Develop Survey
f) Increase community and student awareness of fitness related course offerings and encourage multidimensional approaches to participation				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Software	Equipment	Other Personnel	Other
			C						


**MISSION:** Does program meet the District’s mission and established core competencies? Does program reflect the District’s diversity?

g) The physical education fitness program should continue to be sensitive to serving a culturally diverse student population	<b>Impact</b>								
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Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other
Continue to be sensitive to diverse population			C						

h) Incorporate cross discipline approaches to instruction of fitness instruction directed at meeting expectations and requirements of other disciplines (individuals Fire and Police Academy fitness requirements and disabled individual’s physical needs).	<b>Impact</b>								
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Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other
Meet with other disciplines (such as Dance, Nursing, Cosmetology) to help them meet the fitness needs of their students.	Spring 2013	Steve Hartman	I						


**NEED:** How is program addressing needs based on labor market data, enrollment, articulation, advisory committee, regional agreements, etc.?

a) The physical education faculty should explore the implementation of the current fitness assessment lab into all fitness related curriculum				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Software	Equipment	Other Personnel	Other
Explore facility, software, and equipment technology appropriate for expanding the current assessment lab.	Fall 2012	Steve Hartman	I		x	x	x	Dean	
Survey faculty to see who utilizes the current lab	Fall 10	Hartman	I					Isabel	

  

b) The physical education program should provide instructional workshops facilitating the use of fitness testing technology available in the assessment lab to promote consistency throughout the fitness curriculum				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Software	Equipment	Other Personnel	Other

Schedule workshop to demonstrate for all appropriate P.E. instructors consistent fitness testing methods.	Spring 2011	Steve Gomez	P		x	x	x		

**NEED:** How is program addressing needs based on labor market data, enrollment, articulation, advisory committee, regional agreements, etc.?

c) Faculty should research current fitness assessment technology and testing protocols for use in the assessment lab				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Software	Equipment	Other Personnel	Other
Visit institutions, commercial fitness centers, and/or workshops to see current technology and testing methods.	Fall 2012	Steve Hartman	P						
d) The physical education fitness program should explore the feasibility of expanding the current fitness related curriculum to meet students' needs in a non-traditional fitness setting				Impact					

Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other
		PE Faculty	P						

**NEED:** How is program addressing needs based on labor market data, enrollment, articulation, advisory committee, regional agreements, etc.?

e) The Long Range Facilities plan should be coordinated to accommodate growth in the physical education and athletics program	Impact								
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Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other
New Field House/practice field/softball field/upgrade equipment weight room & fitness center			C						

f) ... new recommendation ...	Impact								
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Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other

**QUALITY:** Are lec/lab unit values appropriate? Have the course outlines been reviewed/updated regularly? Are disciplines appropriate? Is faculty development adequate? Does program support State and District emphasis on critical thinking, problem solving and written expression? Does program meet stated objectives in the form of SLOs? Are course pre-requisites and co-requisites validated?

a) All syllabi include clear grading policy, attendance and make-up policy, office locations, office hours, drop date policies and other information pertinent to district policies				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other
Review course syllabi to insure compliance with pertinent district policies.	Fall 2011	Steve Gomez	I						

b) Part-time faculty should be evaluated on a yearly basis by full-time faculty and the Department Dean to ensure quality and uniformity within the program				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other
Evaluate at least 3 per year		PE Faculty	C					Dean	

**QUALITY:** Are lec/lab unit values appropriate? Have the course outlines been reviewed/updated regularly? Are disciplines appropriate? Is faculty development adequate? Does program support State and District emphasis on critical thinking, problem solving and written expression? Does program meet stated objectives in the form of SLOs? Are course pre-requisites and co-requisites validated?

c) Students enrolled in fitness related courses should be given voluntary health history forms prior to participation in physical activity required by course curriculum				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other
Develop an Informed Consent and Health History form.	Fall 2011	Steve Hartman	I					Ysabel Bellman/ Jody Wise	

d) Maintain flexibility within the scheduling of classes to ensure availability of fitness related classes to meet students' needs				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other
Friday and evening class offerings			C						

**QUALITY:** Are lec/lab unit values appropriate? Have the course outlines been reviewed/updated regularly? Are disciplines appropriate? Is faculty development adequate? Does program support State and District emphasis on critical thinking, problem solving and written expression? Does program meet stated objectives in the form of SLOs? Are course pre-requisites and co-requisites validated?

e) Maintenance of instructional and assessment equipment to meet professional standards, ensure proper function and safety				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other
Evaluate and update equipment – repair equipment if possible			C						

f) Offer an annual retreat for the purpose of discussing and improving pedagogy and methodology of fitness related courses				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other
Meet at off campus location to discuss improvements in teaching methodology with possible external consultation.	Spring 2013	Steve Gomez	P					Jody Wise	

**QUALITY:** Are lec/lab unit values appropriate? Have the course outlines been reviewed/updated regularly? Are disciplines appropriate? Is faculty development adequate? Does program support State and District emphasis on critical thinking, problem solving and written expression? Does program meet stated objectives in the form of SLOs? Are course pre-requisites and co-requisites validated?

g) Implementation of student learning outcomes with appropriate standards of assessment in all fitness related courses over a three year period				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other
Begin to implement assessment of SLO's	Sp12	Faculty	I						

h) Establish a liaison between credit class offerings and continuing education class offerings for purposes of academic integrity, scheduling of classes, feasibility, continuity and overall efficiency of both programs				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Software	Equipment	Other Personnel	Other
		Hartman	P					Dean/Continuing Educ	

**QUALITY:** Are lec/lab unit values appropriate? Have the course outlines been reviewed/updated regularly? Are disciplines appropriate? Is faculty development adequate? Does program support State and District emphasis on critical thinking, problem solving and written expression? Does program meet stated objectives in the form of SLOs? Are course pre-requisites and co-requisites validated?

i) Update college catalog course descriptions in course outlines of record and consider the deletion of “recommended for men/women” statements				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Software	Equipment	Other Personnel	Other
Reviewed and submitted coursework through curriculum to remove this statement			C						

j) ... new recommendation ...				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other

**FEASIBILITY:** Are facilities, equipment, and library resources adequate? Are evening programs and services adequate? Are course offerings frequent enough for students to make adequate progress in both day and evening programs? Does the program have adequate communication with & support from Counseling?

a) Physical education faculty should explore the feasibility of adding a Personal Fitness Trainer Certification course in conjunction with the National Council on Strength and Fitness (NCFES) that would certify students to be personal trainers to enter the workforce				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other
Recognize the need for this certification program and will continue to pursue the addition of this certification	Spring 2013	Faculty	P	X			X	Dean	

b) Courses should be evaluated as to their suitability for either distant education or other alternative modalities				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other
			NA						

**FEASIBILITY:** Are facilities, equipment, and library resources adequate? Are evening programs and services adequate? Are course offerings frequent enough for students to make adequate progress in both day and evening programs? Does the program have adequate communication with & support from Counseling?

c) Continue to seek outside funding to update equipment/facilities.				Impact					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other
Explore new fundraising opportunities for PE	Fall 2011	Mike Merandi	I					Jody Wise	

d) ... new recommendation ...				Impact						
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other	
The carpeting in the Fitness Center needs to be replaced as well as the flooring in the aerobics area.	Fall 2010	Steve Hartman	I					Jody Wise/Mike Harrington		

**COMPLIANCE:** Do course requisites meet Federal, State & District requirements? Do the course outlines meet state, district & federal regulations for content? Do vocational programs have regular advisory meetings?

Faculty should develop departmental course sample syllabi to comply with district course outlines to be used by all physical education faculty				Impact						
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other	

Continue to work to develop an acceptable sample syllabi for fitness courses – for consistency	Spring 2011	Steve Hartman	I						Jody Wise

Faculty should review course syllabi to ensure the implementation of student learning outcomes	Impact
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Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Software	Equipment	Other Personnel	Other
			C						

**COMPLIANCE:** Do course requisites meet Federal, State & District requirements? Do the course outlines meet state, district & federal regulations for content? Do vocational programs have regular advisory meetings?

c) ... new recommendation ...	Impact
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Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other
d) ... new recommendation ...				<b>Impact</b>					
Action/Activities	Target Date	Person Responsible	Status	FNIC	Facilities	Soft-ware	Equip-ment	Other Personnel	Other