

CITRUS COLLEGE

# COSTA WINTER RICA 2020





ARRIVE SAN JOSÉ: SUNDAY, JANUARY 12  
DEPART SAN JOSÉ: FRIDAY, FEBRUARY 7

**C**osta Rica is one of the most unique destinations in Central America. This majestic country extends from the Pacific Ocean to the Caribbean Sea where visitors can experience overwhelming diversity. Ecological communities and geological features - such as rainforests, cloud forests, tropical dry forests, volcanoes, hot springs, incredible rivers and waterfalls, and beautiful beaches and islands - all provide habitat for 5% of the world's flora and fauna species. Students must enroll in a minimum of 3 units. Online courses are not recommended while studying in Costa Rica.

## INCLUDED IN THE PROGRAM:

### TORTUGUERO NATIONAL PARK AND LA SELVA BIOLOGICAL STATION:

- Round-trip transportation by private bus.
- Four-day, three-night excursion to Tortuguero National Park and La Selva Biological Station with accommodation in twin- or triple- bedded hotel rooms in Tortuguero and one night in multibedded rooms at La Selva including all meals, activities such as a jungle walk, jungle cruise and entrances to the National Park, a workshop, a night hike and the services of a professional, English-speaking guide.

### SAN JOSÉ:

- Hotel accommodation in twin- or triple- bedded rooms in San José on the first and last night of the program, and single or twin rooms in a homestay for 19 nights of the program.
- Orientation program in San José consisting of an orientation meeting with AIFS staff covering topics such as safety/security, workshops on cultural differences, and a welcome reception.
- City sightseeing tour, led by a professional guide.
- Visit to the Museum of Popular Culture including round-trip transportation by private bus.
- Entrance to the National History Museum.
- Tropical fruit tasting class.
- Guest lecture on healthcare in Costa Rica.
- Volunteering at the Costa Rican Humanitarian Foundation including round-trip transportation by private bus.

### ARENAL:

- Round-trip transportation by private bus.
- Two-day, one-night excursion to Arenal with hotel accommodation in twin- or triple- bedded rooms, breakfast and dinner, entrance to the hot springs, a hike to the waterfall, ziplining, a stop in Sarchi, and the services of a professional, English-speaking guide.

### PUNTA LEONA:

- Round-trip transportation by private bus.
- Three-day, two-night excursion to Punta Leona with hotel accommodation in twin- or triple- bedded rooms, breakfast, a visit to the Quitirrisi Indigenous community, a crocodile tour, and the services of a professional, English-speaking guide.

### ALSO:

- Access to the AIFS Study Center in San José with free Wi-Fi and printing, and a team of dedicated AIFS Student Services staff for information, personal advising/counseling and 24-hour emergency contact service.
- Medical and program fee refund insurance policies.

## FEES

Based on an enrollment of 20-24 participants, the fee per person is \$3,195.\* This fee excludes airfare, passport or visa fees, optional medical insurance upgrade (\$65) and optional personal effect coverage (\$90), meals and other than those listed, personal expenses, any Citrus College tuition or administrative fees, textbooks, additional field trips or excursions required by the Citrus College faculty and anything not specified. The fees are guaranteed not to change as a result of fluctuations in the \$ exchange rate.

\*The program fee is based on an enrollment of 20-24. If 25 or more students enroll, the program fee will decrease to \$3,075.

## OPTIONAL AIRFARE PACKAGE

An optional airfare package is available, consisting of round-trip flights between Los Angeles and San José, for an additional \$TBC. This fare excludes mandatory U.S. government and airline-imposed departure taxes, fees and fuel surcharges of \$TBC (subject to change) for which students will be billed separately. *A minimum of 10 students must purchase the flight for it to be offered.*



## FACULTY:



### DR. JENNIFER MILLER-THAYER

Dr. Jennifer Miller-Thayer is a tenured full-time anthropology professor at Citrus College. She earned her Ph.D. from UC Riverside as a four-field trained anthropologist, focusing on cultural and medical subfields, with training and experience in applied anthropology. She teaches anthropology courses that help students learn about other cultures, as well as, their own culture. As an anthropologist she has valuable travel experience and perspectives that can help students adjust to a new cultural environment. She has traveled through several European countries, Singapore and Thailand, lived in Ensenada, Mexico for 5 weeks for language school and conducted fieldwork at the US-Mexican Border for over a year. This will be her first trip to Costa Rica. She will develop her Study Abroad class to incorporate Costa Rican culture to provide students with a firsthand experience of anthropology while living there. She is excited to learn about their cultural practices and beliefs alongside the students.



### STEVE HARTMAN

Steve Hartman is the Fitness Center Coordinator and teaches Kinesiology at Citrus College. He graduated Valedictorian from BYU and prior to coming to Citrus College, he taught/coached at the College of Ganado (Navajo Reservations in Arizona) and Porterville College. He received a Fulbright Scholarship to coach the Scottish Junior National Basketball team in 1982-1983. Mr. Hartman served a two-year Mission in Peru and was the lead instructor in Guadalajara, Mexico and Salamanca, Spain with the Citrus College study abroad program.

## COURSES:

*Students must enroll in a minimum of 3 units. Online courses are not recommended while studying in Costa Rica.*

### ANTH 210 INTRODUCTION TO CULTURAL ANTHROPOLOGY

*(3 Units—Grade Only) Strongly Recommended: ENGL 101.* Students will critically examine various societies around the world using basic cultural concepts such as language, food production, economics, kinship, art, religion, and magic. The class is designed to foster a pluralistic view of the world, teach introductory anthropological concepts, and strengthen critical thinking skills. College level reading is strongly advised for success in the course. CSU; UC.

### ANTH 210H INTRODUCTION TO CULTURAL ANTHROPOLOGY - HONORS

*(3 Units—Grade Only) Strongly Recommended: ENGL 101. Prerequisite(s): Student must be eligible for the Citrus College Honors Program or obtain a recommendation from an Honors instructor. Limited enrollment.* Students will critically examine various societies around the world using basic cultural concepts such as marriage, family, art, food production, political organization, and religion. The class is designed to foster a pluralistic view of the world, teach introductory anthropological concepts, and strengthen critical thinking. College level reading is strongly advised for success in the course. Students are expected to work and participate at an honors level which includes strong critical thinking skills, thorough analysis of anthropological readings, presentation and leadership skills demonstrated through class participation/presentation, and service learning in the community. CSU; UC. Equivalent to: ANTH 210.

### KIN 171 HEALTH AND WELLNESS

*(3 Units—Grade Only) Strongly Recommended: ENGL 101.* This course is designed to explore the major areas of health that will have an effect on the well-being of the individual now and in the future. CSU; UC. Equivalent to: KIN 171H, PE 171, PE 171H.

### KIN 153 WALKING/JOGGING

*(1 Unit—Grade Only) Strongly Recommended: ENGL 101. Enrollment limited to 15 students.* A walking/jogging program that consists of activity alternately at a slow to moderate pace. This program is designed to build cardio-respiratory stamina and endurance, attack excessive weight, relieve psychological tension, and enhance one's sense of well-being. 18 lecture hours. CSU; UC. Equivalent to: PE 153.

## MEDICAL INSURANCE

AIFS provides each student with a group insurance policy issued by Ace American Insurance Co. The policy provides two distinct types of coverage:

1. Before the program begins, AIFS will refund fees paid by students unable to participate on the program because of covered injury or illness or quarantine in a travel area. However, a fee is retained from the amount paid which includes a \$150 non-refundable processing fee and a \$125 insurance premium.

2. Once the program has begun, the plan covers the cost of medical treatment abroad, up to a maximum of \$100,000 per sickness or accident and with a daily hospital charge limit of \$300. There is a \$50 deductible per incident for medical claims against this policy.

These two categories of insurance are mutually exclusive. That is, the policy does not cover medical expenses before the program begins, nor does it refund any portion of the AIFS program fees once the program has begun.

The insurance also covers costs associated with changing the return flight if a student is unable to complete the program due to accident, illness or quarantine in a travel area. It offers 24-hour travel assistance in case of an emergency, legal assistance, medical transportation and emergency cash transfer in case of theft or loss. Full details of the coverage are available at [www.aifscustomized.com/pdf/insurance\\_summer.pdf](http://www.aifscustomized.com/pdf/insurance_summer.pdf).

### Optional medical insurance upgrade and personal effects insurance

A medical insurance upgrade provides a maximum \$250,000 per sickness or accident with a daily hospital charge of \$300 (\$50 deductible for each accident or illness). Optional personal effects insurance covers loss or theft up to \$1,000, subject to a maximum \$100 per item (\$500 for electronic devices) and a deductible of \$100 per incident. Students are advised to arrange additional insurance for special items. Expensive or irreplaceable items should be left at home.



## AIFS REFUND POLICY

All notification of withdrawal must be made in writing via fax or certified mail to: Registrar, Customized, Faculty-Led Programs, AIFS Study Abroad, 1 High Ridge Park, Stamford, CT 06905. The fax number is 203.399.5597. Postmark date or date of fax transmission is considered date of withdrawal. All withdrawal statements must be signed by the applicant, or they will not be processed.

If a student's application is not accepted by AIFS, a refund of all payments is made, less the \$150 processing fee and any non-refundable deposits paid by the student or by AIFS on the student's behalf. If a student withdraws on or before Friday, October 18, 2019, a full refund will be made less \$150, plus any non-refundable deposits paid either by the student or by AIFS on the student's behalf.

If a student withdraws after Friday, October 18, 2019, but on or before Friday, November 15, 2019, for any reason except medical covered by the AIFS Fees Refund and Medical Insurance Policy, the \$450 deposit fee is forfeited, along with any non-refundable deposits paid either by the student or by AIFS on the student's behalf.

If a student is forced to withdraw from the program because of covered medical reasons after final fees have been paid but before departure, a refund will be made through the Fees Refund and Medical Insurance Policy, less a \$150 processing fee and the \$125 insurance premium. The policy requires written proof of medical reasons provided by your physician.

Students withdrawing voluntarily for any reason after Friday, November 15, 2019, including withdrawals because of medical reasons not covered under the medical refund policy, receive no refund of fees paid unless they are able to provide a qualified replacement. In this case, they receive a full refund of all payments made less the \$150 processing and cancellation fee and any non-refundable deposits. Replacement students must pay in full at the time of application. Flights cannot be arranged for replacement students applying after Friday, October 18, 2019. Once the program has started, students withdrawing receive no refund under any circumstances. This refund policy is necessary because the booking of facilities in Costa Rica requires substantial non-refundable payments and commitments by AIFS in advance.

**Deadline to apply** is Friday, October 4, 2019.

Students applying after the application deadline date of Friday, October 4, 2019 can only be accepted on a space-available basis.

**For more information, contact:**

**John Morris**  
Study Abroad Specialist  
626-914-8560  
[studyabroad@citruscollege.edu](mailto:studyabroad@citruscollege.edu)



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