COS 141: INTRODUCTION TO COSMETOLOGY

Discipline
COS - Cosmetology

Course Number
141

Course Title
Introduction to Cosmetology

Catalog Course Description
This is the introductory course for students majoring in cosmetology. The course includes the exploration of a variety of subjects including haircutting, hairstyling, skin care, nail care, hair coloring, chemical texturizing and practical experience in cosmetology. Material fee. 144 lecture hours, 144 lab hours.

Course Purpose
Degree Applicable

Instruction Type(s)
Lecture
Lab

Minimum Qualifications
Cosmetology

General Education/Degree/Transfer Course
Transferable to UC
No

CSU GE Areas
CSU GE Areas
No

IGETC Areas
IGETC Areas
No

Course Units/Hours
Credits
11

Lecture Hours
144

For every hour of lecture, student is expected to spend two hours of study outside of class.

Lab Hours
144

Hours Arranged
0

Is this course repeatable?
No
Maximum Enrollment (Lecture):
35

Grading Method
Standard Letter

Fee Information

Materials Fee
Yes

Fee Amount
2000

Student Learning Outcomes

Upon satisfactory completion of the course, students will be able to:

Competencies
Discipline/Subject Area Specific Content Material

Outcome
Demonstrate a variety of cosmetology skills in a professional method.

Assessment
Through classroom discussions, presentation, demonstration, practical and written examinations

Competencies
Discipline/Subject Area Specific Content Material

Outcome
Practice, interpret and apply industry standards in a safe and professional manner.

Assessment
Through observation, practical and written exams, demonstrations and classroom presentations

Competencies
Communication

Outcome
Develop interpersonal skills needed for a professional environment and workplace.

Assessment
Through observation, role play and demonstrations

Course Objectives

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Follow California’s Board of Barbering and Cosmetology laws governing the practice of cosmetology and all practical applications.

Comprehend the importance of communication and interpersonal skills for a service driven industry.

Course Content

Major Course Content
I. California State Board of Barbering and Cosmetology
   A. Rules and regulations
   B. Health and safety codes
   C. State board applications
II. Salon Ecology
   A. First-aid and safety
   B. Microbiology
   C. Infection control
III. Treatments
   A. Scalp
   B. Hair
   C. Shampoo
   D. Conditioners
   E. Scientific brushing
IV. Histology/Trichology
   A. Skin
   B. Hair
   C. Nails
V. Diseases/Disorders
   A. Nails
   B. Hair
   C. Scalp
VI. Anatomy
   A. Building blocks of human body
   B. Skin
   C. Nails
VII. Electricity
   A. Principles of electricity
   B. Salon usage
   C. Safety
VIII. Skin Care
   A. State board facial/Basic facial
   B. Massage/Manipulations
   C. Draping
   D. Infection Control/Safety
IX. Nail Care
   A. State board manicure
   B. State board pedicure
   C. Infection control/Safety
   D. Organization
X. Styling
   A. Roller placement
   B. Bases
   C. Wet styles
   D. Thermal styling with hot tools
E. Blow drying

XI. Chemical Texturizing
A. Curl reformation
B. Chemical relaxer/straightener
C. State board chemical relaxer
D. Basic Chemistry/pH scale

XII. Color/De-colorizing
A. State board color application
B. State board de-colorizing
C. Law of Color

XIII. Haircutting
A. State board application
B. Palming
C. Sectioning
D. Parting
E. Forms

XIV. Communication
A. Client consultation
B. Telephone skills
C. Record keeping
D. Interpersonal skills

Lab Content
I. State Board of Barbering and Cosmetology Procedures
A. Rules and regulations
B. Step-by-step applications
C. Sanitation and disinfection

II. Hair Treatments
A. Draping
B. Scientific brushing
C. Scalp and hair products

III. Facials
A. Massage and manipulations
B. Products
C. State board application
D. Safety and sanitation

IV. Nails
A. Manicure/Pedicure
B. Tools
C. State board application
D. Safety and sanitation

V. Hair Styling
A. State board application
B. Wet hair design
C. Thermal styling
D. Blow drying

VI. Chemical Texturizing
A. State board application
B. Chemicals
C. Chemical relaxer/straightener
D. Permanent waving
E. Draping
F. Safety and sanitation
VII. Color/De-colorizing
A. State board color application
B. State board bleach application
C. Draping
D. Safety and sanitation
VIII. Haircutting
A. State board application
B. Palming
C. Sectioning
D. Parting
E. Forms
IX. Communication
A. Client consultation
B. Telephone skills
C. Record keeping
D. Interpersonal skills

Requisites & Entrance Skills

Strongly Recommended
ENGL 101.

Methods of Assessment

Multiple measures may include, but are not limited to, the following typical classroom assessment techniques/required assignments:
Class Participation
Class Work
Competency based written and practical tests which demonstrate the students’ ability to apply skills and concepts learned to minimum standards established by the instructor
Exams/Tests
Group Projects
Home Work
Lab Activities
Oral Presentation
Portfolios
Projects
Quizzes
Research Projects
Simulation

Additional assessment information
Skill Demonstration
Milady Web-site testing

Methods of Instruction

Methods of Instruction
Audio Visual Presentations
Class Activities
Class Discussions
Collaborative Group Work
Computer-aided Presentation
Demonstrations
Group Discussions
Guest Speakers
Guided Instruction
Internet Research
Laboratory
Lecture
### Observation
Other (Specify)
Reading Assignments

### Other Methods
Work on group projects for specific subjects.

### Course Textbooks/Resources

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| Required or Supplemental | Required |

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| Required or Supplemental | Required |

| Resource Type | Manual |
| Formatting Style | MLA |

| Required or Supplemental | Required |
| Description | Board of Barbering and Cosmetology. *Barber Cosmetology Act and Rules and Regulations*, Department of Consumer Affairs, 01 Feb, 2013 Print. |

| Resource Type | Manual |
| Formatting Style | MLA |

| Required or Supplemental | Required |
Resource Type
Other

Formatting Style
MLA

Required or Supplemental
Required

Description
Complete Kit, Complete Cosmetology Textbook with Cosmetology Workbook, Uniform, Name tag.

Course Assignments

Suggested reading other than required textbook:
Modern Salon Magazine
California State Board of Barbering and Cosmetology Rules and Regulations

Examples of Outside Assignments:
Design and create a color wheel
Design and create a notebook of hair designs/cuts

Examples of Required Writing Assignments:
Compare and contrast an increase layer form and a graduated form.
Explain the ten stages of the lightening process.

Classification & Codes