

## PROGRAM DESCRIPTION:

The Associate in Science in Nutrition and Dietetics for Transfer (AS-T) involves the understanding of nutrient metabolism and the relationship to optimal health including prevention of degenerative diseases. The course of study provides an integrated curriculum of nutrition coursework along with a solid background in the human body, chemical function and metabolism of nutrients, and the sociological implications of food and behavior. Throughout the degree students will acquire and develop knowledge and skills that will provide a solid background in nutrition so that students can make informed decisions on their personal health and that of their families and communities. For more information regarding program requirements please visit: [bit.ly/2P521OI](http://bit.ly/2P521OI)

### HOW DO I KNOW IF THIS MAJOR IS FOR ME?

- I enjoy learning about nutrition and food services
- I like to study about physiological and biochemical principles underlying human nutrition
- I am motivated to teach and inform others about nutrition
- I am satisfied in helping others to learn how to better take care of their nutritional and physical health

### WHERE CAN I WORK?

Access [Focus2Career](#) on our website for information about majors/careers

- Nursing Care Facilities
- Hospitals
- School Districts
- Public Health Centers
- Government



### WHAT CAN I DO WITH THIS ASSOCIATE DEGREE?

Position Title	CA Median Salary (Pay Varies)
<a href="#">Caterer/Cook</a>	\$32,360
<a href="#">Dietetic Technician</a>	\$30,250
<a href="#">Food Service Manager</a>	\$47,140
<a href="#">Food Preparation Worker</a>	\$24,810

### WHAT CAN I DO WITH HIGHER EDUCATION AND TRAINING?

Position Title	CA Median Salary (Pay Varies)
<a href="#">Nutritionist</a>	\$73,870
<a href="#">Naturopathic Physician</a>	\$69,350
<a href="#">Medical/ Health Service Manager</a>	\$113,790
<a href="#">Food Scientist</a>	\$63,650

\*Disclosure: Salary may vary based on industry, location, education and experience, for more information please meet with a career counselor.

## HOW DO I GET STARTED?

- Gain related experience and explore through summer/part time jobs and internships
- Conduct informational interviews in person or virtually using CandidCareer: [www.citruscollege.edu/courseofstudy/Pages/default.aspx](http://www.citruscollege.edu/courseofstudy/Pages/default.aspx)
- Job shadow and network with professionals in a position you wish to obtain: [www.linkedin.com](http://www.linkedin.com)
- Get involved in student organizations and pursue leadership roles: [www.citruscollege.edu/stdntsrv/studentaffairs/ascc/clubs](http://www.citruscollege.edu/stdntsrv/studentaffairs/ascc/clubs)
- Connect with professionals through associations: [www.occareercafe.com/associations](http://www.occareercafe.com/associations)

For more information about careers, education and training requirements, salary data, and job outlook visit [www.onetonline.org](http://www.onetonline.org) and [www.bls.gov/oo](http://www.bls.gov/oo)

For more information visit the Career/Transfer Center at Citrus College | Call (626) 914-8639 | [www.citruscollege.edu/stdntsrv/careersvcs](http://www.citruscollege.edu/stdntsrv/careersvcs)