

NOVEL CORONAVIRUS INFORMATION

Email to students, faculty, and staff - January 29, 2020

Dear Students and Colleagues,

Individuals in Orange County and Los Angeles County, California have been confirmed as testing positive with the Novel coronavirus. The following information is also confirmed:

- There is no known connection between these individuals and Citrus College.
- <u>Citrus College is in regular contact with local public health officials and will update the community with</u> any new developments.

Individuals who have recently traveled from Wuhan City or other affected areas in the past 14 days, or have had close contact with someone suspected or known to have the virus should watch for flu-like symptoms. If students are experiencing symptoms, they should use a face mask and seek immediate medical evaluation. Please call your health care provider or the Student Health Center (626-914-8671) in advance so that they can minimize your exposure to other people. If you are not experiencing symptoms, you do not have to be seen by a provider.

What are the symptoms I should be looking for? Who is most at risk?

Patients with a confirmed Novel coronavirus infection have reportedly had mild to severe respiratory illness with symptoms of:

- Fever (>100.4 °F or 38°C)
- Cough
- Shortness of breath
- Sore throat

Many cases appear to be mild. Individuals who are elderly, have weakened immune systems, or have other underlying health conditions appear to be at risk for more severe disease.

The best way to prevent infection is to avoid being exposed to the virus. However, as a reminder, preventative actions to help prevent the spread of respiratory viruses include:

- Washing your hands often with soap
- Avoid touching your eyes, nose and mouth with unwashed hands
- Stay home when you are sick
- Cover your cough or sneeze
- Clean and disinfect frequently touched surfaces

Additional information is available at:

https://www.cdc.gov/handwashing/videos.html https://www.cdc.gov/coronavirus/2019-ncov/index.html