



Study
abroad
in
**Costa
Rica**

Winter Intercession

January 14-February 10, 2018

Videos and links

- **A Day in the Life of Costa Rica video**

<https://www.youtube.com/watch?v=InTaOBTgEOs>

- **Student videos about study abroad and how to pay for it:**

Pell Grant eligible students:

https://www.youtube.com/watch?v=Zdoc_E4wwnM

Non-eligible students:

<https://www.youtube.com/watch?v=kWwIwML79Nc>

- **Study abroad statistics:** <http://studyabroad.ucmerced.edu/study-abroad-statistics/statistics-study-abroad>



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- Founded in 1964, AIFS is a leader in providing study abroad programs for US college students
 - Over 1.5 million students have studied abroad with AIFS
 - AIFS has partnered with the Citrus College since 1989
 - Local program coordinators trained in incident response and crises management procedures

Are you...



- ready for a **change**?
- ready for an **adventure**?
- ready for **challenges**?
- ready to **be open-minded and flexible**?

These are qualities of a successful study abroad student!

Why study abroad?

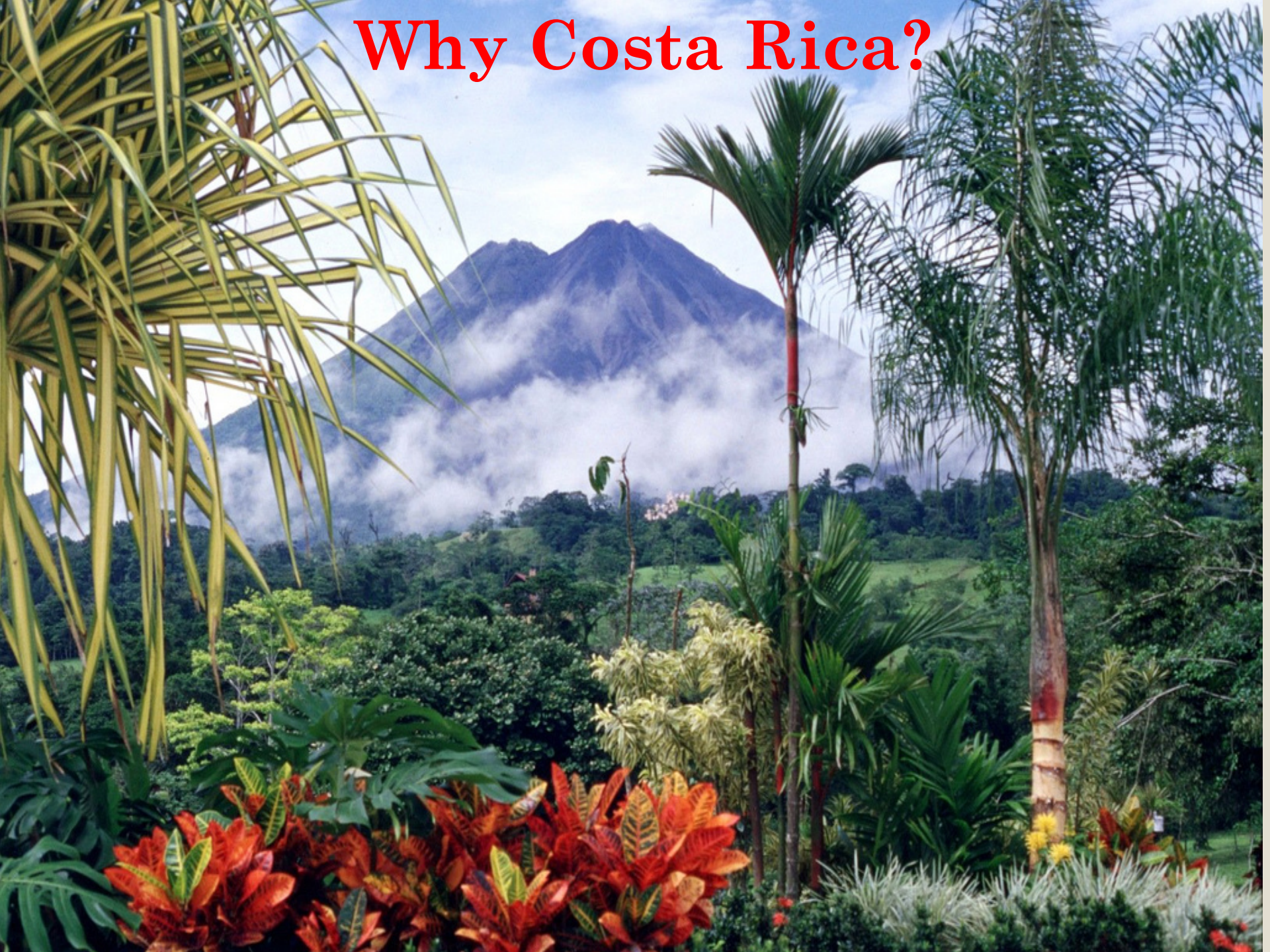
- Less than 10% of US college students study abroad
- Shows college admissions and employers skills such as **global awareness, cultural awareness, diversity, problem solving, “thinking out of the box”** ...
- Personal skills you gain: **independence, creativity, initiative, adaptability, a sense of humor, flexibility, values, patience**...
- 85% of students agree that studying abroad was **the most meaningful & transformative experience** of their undergraduate education.

Study abroad statistics

- Source: www.studyabroad.ucmerced.edu/study-abroad-statistics
- **100% greater improvement in GPA** post study abroad.
- **97% of study abroad students found a job within 12 months** of graduation vs. 47% of college graduates found employment in the same period.
- **25% higher salaries:** that's how much more study abroad students earn than those college graduates who did not study abroad. That averages around \$7000 per year.
- **90%** of study abroad alumni who applied got into their **1st or 2nd choice of grad schools.**



Why Costa Rica?



Itinerary

Sunday, January 14, 2018	Depart U.S.
Monday, January 15, 2018	Arrive in Costa Rica and Orientation
Monday, January 11, 2018	Tortuguero National Park
Thursday, January 14, 2018	La Selva Biological Station
Friday, January 19, 2018	Transfer to San José
Friday, January 26, 2018	Doka, Poás volcano & La Paz Waterfall
Friday, February 2, 2018	Arenal volcano & La Fortuna Village
Thursday, February 8, 2018	Punta Leona
Saturday, February 10, 2018	Depart Costa Rica

Course offered

COURSE TAUGHT BY Shauna Bigby

Psychology 205 (3 units-Grade Only)

Developmental Psychology (CSU/UC)

Developmental Psychology is the scientific study of progressive changes in behavior, cognition, and abilities. Attention is paid to issues related to the roles of nature and nurture in developmental processes.

Course Offered

COURSE TAUGHT BY ROBERT GOODMAN

Biology 145 (3-units Grade Only)

Environmental Science (CSU/UC)

A lecture course exploring contemporary global environmental concerns. Basic concepts covered will include the Earth's life support systems, population dynamics, environmental pollution, food production, and natural resource utilization. Emphasis will be placed on recognizing global environmental problems and exploring various solutions for them.

Tortuguero National Park

- Transfer by private bus and boat to Tortuguero National Park
- 2 days/2 nights accommodation in tourist class hotel with twin or triple rooms including meals
- Activities such as a jungle walk, jungle cruise to National Park, Tortuguero Village and the Turtle Conservation Museum with a professional English-speaking guide.





La Selva Biological Station

- 2 days, 2 nights accommodation in twin, triple or multi-bedded rooms
- Including meals, WIFI internet, access to a computer lab, paths through the forests, observatory platforms, and libraries
- Activities include a forest hike, night hike, white water rafting along the Sarapiquí river

San José



- Homestays
- AIFS Student Services
- Classes held at the Costa Rica Language Academy
- Weekly activities such a visit to the Jade Museum, Costa Rican cooking class, Latin dance class, tropical fruit class, visit to the local parks and museums, community service activities

Homestay



Accommodation in shared rooms in homestays in the

Include:

- Daily breakfast
- Daily dinner
- Once weekly laundry service

The homestays are a short bus ride from the CRLA language school



Arenal volcano and La Fortuna waterfall

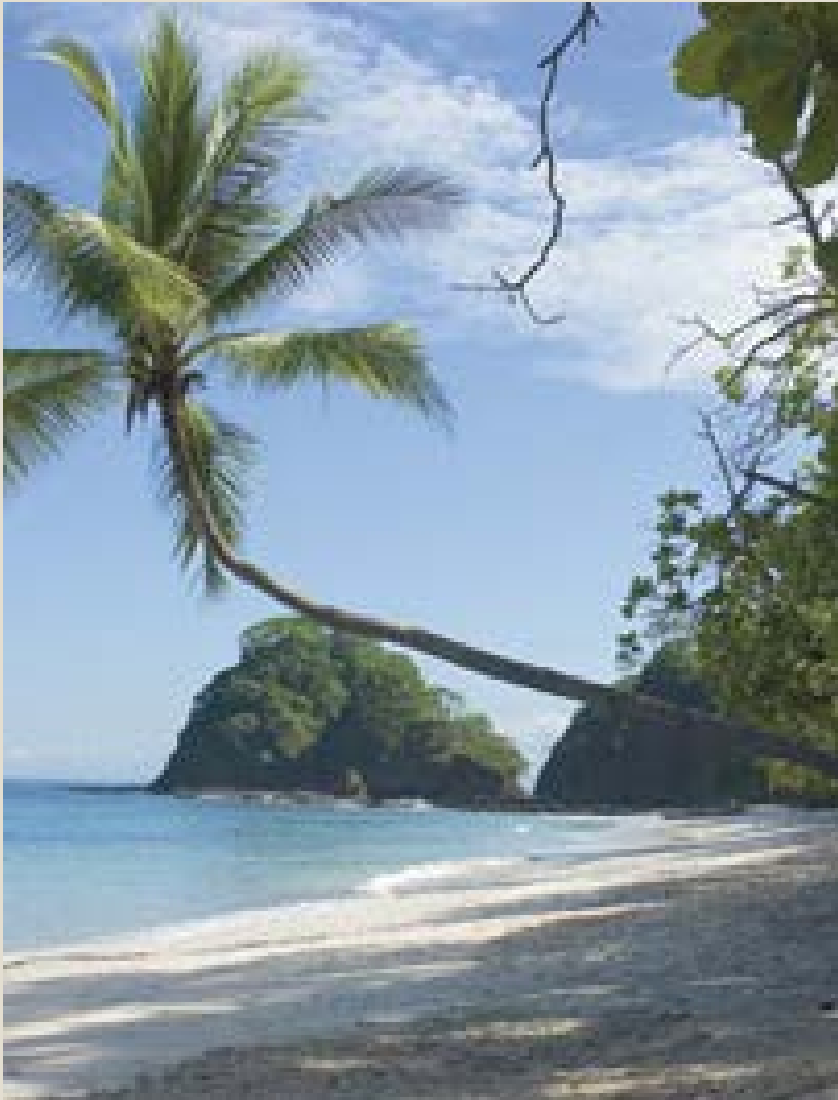
- 2 day/1night stay in La Fortuna village including accommodation in a tourist class hotel in twin or triple rooms on a bed and breakfast basis
- Activities include visits to the Baldi Hot Springs. Hike to the Arenal volcano and La Fortuna waterfall and ziplining



Doka, Poás and La Paz Waterfall gardens

A full day excursion to the **Doka coffee plantation** to learn about one of Costa Rica's leading industries then on to the **Poás volcano** crater and then to see stunning tropical butterflies and flora at the **La Paz Waterfall gardens**

Punta Leona



- 2 day/1 night excursion to Playa Leona
- Accommodation in a 3* tourist class hotel including breakfast
- Free time to enjoy beach activities such as sunning, snorkel or padel boarding

Program fee includes...

– **\$3125 (15-19 students)**

\$2945 (20 or more students)

- Housing in 3* tourist class hotels or a local homestay including some meals
- Excursions to Tortuguero, La Selva, Arenal & La Fortuna, Punta Leona, Doka, Poás & La Paz waterfall gardens including transportation, entrances and/or activities, accommodations and English-speaking guides

- AIFS Student Center & Staff services including 24/7 emergency contact
- Orientation program & activities, Guided tour of San José
- Activities in San José including visits to museums, monuments, walking tours, dance class, tropical fruit class
- Medical and Fee refund insurance
- Application fee
- Pre departure services and orientation

Expenses not included

- **Airfare:** Optional flight available or students may purchase their own flights
- Community College **tuition** fees (BOG Fee Waiver applicable)
- **Textbooks**
- **Personal expenses including passport fees and personal travel**
- **\$125 refundable damage deposit**
- **Some meals**



Optional round trip flights



**Round trip airfare from
LAX to San José including
airport pick-up and
return**

- \$575 plus \$116 airline imposed taxes, fees and fuel surcharges (Total \$691)

Eligibility requirements

- Students must be 18 years old or older at the start of the program
- Completion of at least **12 units** of degree applicable college credit
- **GPA of 2.5** or higher
- **First semester?** A work in process may be accepted. See your Study Abroad adviser



How to apply

1. Fill out the program **application** www.citruscollege.edu/studyabroad
(If you are not already a student, **apply to Citrus College**)
2. **Once your application is approved**, you will be sent a link to the **AIFS online enrollment form**.
3. **Once your enrollment is approved**, you will be sent a **login and password to an AIFS Student account**. Log in and begin to complete your **“TO DO LIST”**.

Financial Aid



- Students can apply for financial aid to pay for the Winter Intercession program fees
- Fill out a FAFSA and make sure that Citrus college is listed
- The BOG Fee Waiver is applied to the Citrus College tuition fees, for students who qualify.

Scholarships

- www.gilmanscholarship.org *For Pell Grant eligible students
- www.studyabroad.com/study-abroad-scholarships
- California Community Colleges for International Education www.ccieworld.org
- www.scholarshipowl.com
- [http://www.nafsa.org/About Us/About International Education/For Students/
U S Study Abroad Scholarships and Grants List/](http://www.nafsa.org/About_Us/About_International_Education/For_Students/U_S_Study_Abroad_Scholarships_and_Grants_List/)
- [https://www.careeronestop.org/toolkit/training/find-
scholarships.aspx?sf53479980=1](https://www.careeronestop.org/toolkit/training/find-scholarships.aspx?sf53479980=1)

Creative Funding Ideas



- Back to basics ideas- side jobs, sales, garage sales, etc.
- Lifestyle changes- cut down on expenses, gifts of money
- Crowd funding- www.gofundme.com, etc.
- Letter writing campaigns- Elks Club, Lions Club, Company matching, etc.

For more information

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